

# COLORADO 14ERS NEWSLETTER

AFFILIATED WITH THE LITTLETON HOCKEY ASSOCIATION (LHA)



## The season has begun! Some highlights from the month.....

**16UAA** went to Connecticut for their first out of state trip. Congratulations to **Lily Small** for receiving a honorable mention by the NGHL!

**Lily Small #2, Colorado 14ers** - Lily set the tone for our team this weekend with her relentless effort and commitment in all three zones. One of our team's values is "Resilience," and Lily displayed remarkable resilience whether she was forechecking or battling in the D Zone. She played with grit and consistency and was a difference maker for the team throughout the tournament.



**12UA, 14UAA, 16UAA, 19UAA** went to Breckenridge for a kickoff weekend playing **Mountain Select**.

The teams had good showings and spent some time getting to know each other over the course of the weekend.



**Team Wyoming** came down for a weekend of games and the **14ers** enjoyed the annual season kickoff picnic with a "clean out the closet gear giveaway", a pizza truck and Kona Ice!

That same weekend **16UAA** played both **Castle View HS** and **Hyland Hills**, earning a W for both games.





**15UB** helped coach **Mile High Mites** and both the 15U and the mites had a great time!

We love to see teams helping out at the mite level to help grow the game.



**10UA** has been busy working on fundamentals and getting ready for their first games at the end of the month!



**12UA, 14UAA, 15UA, 16UAA, and 19UAA** went to Anaheim for **WGHL** league games.

Combined, all teams had a great weekend, going 19-4 overall!



**IT'S A GREAT DAY FOR HOCKEY.  
-“BADGER” BOB JOHNSON**

## **Meet the Official Photographer of the Colorado 14ers!**

### **Paul Guebara**

Paul has been hooked on photographing Girl's Hockey since the first time he watched a game back in the Spring of 2021. He is a staunch supporter of youth sports and looks for every opportunity to promote them.

He has been photographing the 14ers teams for the past three seasons and is looking forward to getting to know the girls and provide more content for the program. Paul believes in showing the fun, as well as the hard work the athletes put into their game.

His daughter Grace is playing her first season on the 10u team.

He is the owner of Be Feral Media, providing sports photography mainly for hockey, football, and softball. Be Feral Media also offers family as well as senior photos and business branding content.

Paul works in the outdoor industry as a partner in Valor Offroad – a manufacturer of offroad wheels and tires.



# Big Sister/Little Sister Program

This season is the kickoff of the inaugural Colorado 14ers Big Sister/Little Sister program. The objective of the program is to:

- Build camaraderie and give players exposure to girls other than their own age group
- Allow older players to mentor younger players and develop/enhance leadership, interpersonal, and training skills

*\*This is a mandatory activity for all 14ers players.\**

Activities as part of the program include:

*Big sis/little sis intro session:*

- Get the players together to meet their sisters (their big/little sister will be announced then) and do an ice breaker activity.

*Game attendance:*

- Designate games for the sisters to go and support each other.
- Players can make signs, etc., for the game

*Practice:*

- Designate specific practices where sisters can attend each other's practice.

*End of the season get together:*

- The sisters will write a letter to each other about what they liked about the program, what they learned, wishing their sister good luck in their next season, etc.

We are excited to see the interactions between the teams!



# Spotlight on...10U Coaches



Each month, we are going to put a spotlight on different members of the 14ers community. This month, we learn a little more about our 10U coaches!



**Head Coach Reece Diener**



- **How long have you played hockey and where?**

- 19 years
- I grew up playing in Dallas, TX and played AAA T1 for the Dallas Stars Elite before leaving home at 15 to play hockey at Kent School in Kent, CT (Division 1 New England Boarding School). After a year at Kent, I spent two years billeting in Milwaukee playing for the AAA T1 Milwaukee Jr. Admirals. Then I played four years of NCAA D1 hockey at Franklin Pierce University. Following my college career, I signed to play professional hockey in the top women's league in Switzerland (PostFinance Women's League) – I played for Hockey Club Davos in Davos, Switzerland & Hockey Club Fribourg-Gottéron in Fribourg, Switzerland.

- **How long have you coached hockey and where?**

- I've coached skills and power skating since I was 15. I've been a professional power skating coach since 2021 and I've gotten to coach clinics and private lessons all over the USA and Switzerland.
- This is my first-year coaching a hockey team!

- **What do you like best about coaching 10U?**

- I absolutely love the energy of the girls and how much they enjoy hockey and being around each other.

- **If you could have a superpower what would you choose?**

- Teleportation would be pretty cool!

- **My favorite meal is:**

- Chicken & Pesto Pasta



## Assistant Coach Lindsey Solberg

- **How long have you played hockey and where?**
  - Began playing hockey at age 9 in Madison area, Wisconsin. Played for the Southwest Eagles organization until switching over full time to girls AAA with the Madison Captiols U15 team.
- **How long have you coached hockey and where?**
  - This is my first year coaching hockey and I'm so excited to be a part of the 14ers organization.
- **What do you like best about coaching 10U?**
  - The ability to focus on development and learning the game of hockey.
- **If you could have a superpower what would you choose?**
  - Teleportation
- **My favorite meal is:**
  - Pizza or sushi



## Looking Ahead...

### Western Girls Regional Tournament



Catch 7 of our 8 14ers team competing in the **International Silver Stick** Western Girls Regional Tournament October 16-19, 2025.

### Colorado Avalanche Girls Hockey Night

Join us as we celebrate Girls Hockey throughout the state of Colorado on October 18th when the Colorado Avalanche take on the Boston Bruins!

### Team Photos

Keep an eye on your crossbar calendar. Photos will be scheduled soon!

### 14ers Annual Holiday Skate

Join us for our annual Holiday Skate. Date will be announced in next month's newsletter!

### 14ers FIRST tournament!

We are happy to announce that we will be hosting a 15U Division during the annual LHA President's Day Slap Shot Tournament!



# Resources

We want to ensure that you are able to get answers to all your questions throughout the season. These are your point people and their areas of responsibility:

**Coaches:** Coaching, competition, and player development

**Team Manager:** Communication, fundraising, social events, team travel arrangements, minor official staffing (scoreboard/scoresheet/penalty box), Tier II team paperwork gathering/compilation (if applicable)

**Team Treasurer:** Bookkeeping (calculation/collection/management/tracking of team fees)

**Level Representatives:** Conduit between the team managers/coaches and the Colorado 14ers director, responsible for planning and execution of 14ers all club activities, coordination of manager and treasurer activities to share best practices and ensure all required activities are completed (SafeSport training, monthly accounting submission, etc.)

**Colorado 14ers Director:** Overall 14ers program responsibility

As a reminder, the 24 hour rule applies for any complaints:

*Parents may not approach or contact a coach, team manager, level representative, segment leader, or other LHA staff member to voice complaints or displeasure with coaching decisions during or immediately following a game or practice. Parents must wait a minimum of twenty-four (24) hours before initiating contact or communication with such individuals.*

*Coaches, team managers, level representatives, segment leaders, or LHA staff members may not approach or contact a parent to voice complaints or displeasure during or immediately following a game or practice. Such individuals must also wait a minimum of twenty-four (24) hours before initiating contact or communication with a parent; provided, however, that such 24-hour period does not apply to electronic communications in which a parent is copied pursuant to the Social Media and Electronic Communication Policy.*

We are looking forward to a terrific season and have plans for activities to continue to further strengthen the 14ers as an organization, along with developing players at all levels.