



**LITTLETON HOCKEY ASSOCIATION**  
**Littleton Hawks and Colorado 14ers**

**Substance Abuse Policy**  
**2023-2024 Season**

The following provisions apply to participation in hockey programming with Littleton Hockey Association (“LHA”), which includes both the Littleton Hawks and the Colorado 14ers.

**Zero Tolerance**

LHA has adopted a “Zero Tolerance” policy with respect to substance abuse.

Players shall be prohibited from engaging in the unauthorized or unlawful use, possession, manufacture, distribution, dispensation and/or possession of alcohol, marijuana, tobacco, nicotine, vaping and/or illicit drugs of any type during any LHA sanctioned or sponsored event, or on any property being used for any LHA sanctioned or sponsored event.

Such prohibition shall apply to (i) LHA sanctioned or sponsored events occurring at or around hockey rinks and arenas, including but not limited to ice surfaces, parking lots, lobbies, locker rooms, restrooms, and other rink facilities, as well as (ii) LHA sanctioned or sponsored events occurring outside or away from hockey rinks or arenas, including but not limited to team trips, team meals, team hotels, team flights, team parties, dryland and other off-ice workout facilities, and all other off-ice team activities of any kind.

**Discipline Progression**

In the event a player is determined to be in violation of such prohibition, the player’s parent or legal guardian will immediately be contacted by the LHA Executive Director, and the player shall be subject to the following progression of discipline:

- **First Offense:** Suspension from all LHA events and activities for a period of one (1) week (the “Week of Suspension”), with no limitation on the number of practices otherwise missed during the Week of Suspension. In addition, the player will be Suspended from the next two (2) LHA games, regardless of whether either or both such games are played during the Week of Suspension.

- **Second Offense:** Suspension from all LHA events and activities for a period of one (1) month (the “Month of Suspension”), with no limitation on the number of practices, games, or other team functions otherwise missed during the Month of Suspension. In addition, the player will be Suspended from the next eight (8) LHA games, regardless of whether such games are played during the Month of Suspension.
- **Third Offense:** Indefinite Suspension from all future LHA events and activities, and expulsion from the LHA with no refund.

For all violations, the matter shall be immediately reported to the LHA Executive Director. Disciplinary procedures will be conducted in accordance with the applicable provisions of the LHA Member Handbook.

### **Acknowledgment**

By registering online, I certify that I have read and understand this Substance Abuse Policy, and that I agree to abide by all procedures and policies set forth by LHA.