



## **HSE Hockey Club Rules and Player Code of Conduct**

The following team rules and code of conduct are adopted by the HSE Hockey Club and the coaching staffs of the Varsity A, Varsity B, and JV teams for the 2025-26 hockey season. We strive to develop and maintain a first-class organization, one of which all players, parents, coaches, and alumni can always be proud of. Participation in the HSE Hockey program is considered a privilege, and we expect players to present themselves as ambassadors to not only the sport of hockey but to the HSE Hockey Club and the Hamilton Southeastern school system. All players in the HSE Hockey program are expected to follow all team rules and adhere to the player code of conduct without question. All coaches are expected to enforce all rules and guidelines and must report all violations to the HSE Director of Player and Coaching Development.

### **ATTENDANCE:**

Attendance at all mandatory team functions is required.

(The coaching staff will specify all mandatory events. Note: All games and practices are automatically considered mandatory events.)

Players are responsible for knowing the team schedule for games and practices.

Each player is responsible for organizing their specific schedule to ensure that they can attend all mandatory team functions. Exceptions will only be made in cases of illness, required school functions (academic only), or at the discretion of the coaching staff.

**\*\*\*THE HEAD COACH MUST BE NOTIFIED, IN WRITING, WITH A PARENT AND ASSISTANT COACH IN COPY, PRIOR TO ANY PLAYER MISSING A TEAM FUNCTION, PRACTICE, OR GAME. PUNISHMENT FOR FAILING TO MEET ATTENDANCE REQUIREMENTS:**

- MISS A GAME FOR EVERY UNEXCUSED ABSENCE WITH THE PLAYER IN ATTENDANCE. NO WARNINGS WILL BE GIVEN.

**PRACTICE ARRIVAL:**

Players will be asked to arrive at the rink for practices a minimum of 20 minutes before taking the ice. The individual team coaches may change this arrival expectation throughout the season, based on issues or needs that may arise. All players should be in full equipment, ready to take the ice at the scheduled start of practice. If a player needs an equipment repair or skates sharpened, these should be done in enough time to ensure they will make it to practice on time. If a player will be late for practice, they **MUST** text or email the Head Coach (with a parent and Assistant Coach in copy) prior to being late or missing practice with an explanation of why they will be late.

**PUNISHMENT FOR BEING LATE TO PRACTICE WITHOUT A VALID REASON:**

- 1st OFFENSE, SIT 1 PERIOD
- 2nd OFFENSE, SIT 2 PERIOD
- 3rd OFFENSE, SIT ONE GAME WITH PLAYER IN ATTENDANCE

**GAMES:**

All players must arrive at the rink a minimum of 1 hour before game time (or as specified and communicated by the coaching staff). Players must be in the locker room 45 minutes before the start of the game.

\*\*\*If, for any reason, a player cannot make it to a game on time, the Head Coach **MUST** be notified via text or email, with a parent and Assistant Coach in copy, together with a valid reason why they will be late. It is the players' responsibility to be well rested, well fed, and with all equipment in working order to allow the player to perform at the expected level.

**PUNISHMENT FOR BEING LATE TO A GAME WITHOUT A VALID REASON:**

- 1st OFFENSE SIT 1 PERIOD
- 2nd OFFENSE SIT 2 PERIODS
- 3rd OFFENSE SIT 1 GAME

**ADDITIONAL HOCKEY TEAMS- TEAM INDIANA, IHOOSIER ALL-STARS, ECT...**

Players **WILL NOT** be excused from any HSE Hockey game, practice, or function to attend an alternative hockey team game, practice, or function. Alternative hockey team games, practices, or functions must not interfere with HSE Hockey games, practices, or functions in any way. HSE Hockey will take precedence over all other clubs and teams. If a player is found to be missing HSE Hockey games, practices, and functions due to an alternative team hockey event, the punishments are as followed:

- 1<sup>st</sup> OFFENSE- SIT ONE GAME WITH PLAYER IN ATTENDANCE
- 2<sup>nd</sup> Offense- SIT 2 GAMES WITH PLAYER IN ATTENDANCE
- 3<sup>rd</sup> Offense- SIT 3 GAMES WITH PLAYER IN ATTENDANCE

#### **ICE TIME:**

Ice time is earned and not equal. Coaches will determine the amount of ice time for each player based on what the coaching staff feels is best for the team, ensuring that the team is developing and competitive. Ice time will never be discussed immediately after a game. If a player wants to talk to the coach regarding ice time, the player may do by scheduling a meeting with the coaching staff at the next practice. All inquiries by parents regarding ice time must be directed through their player and not directly to the coaching staff.

#### **TRAVEL:**

All players MUST be accompanied by a parent or adult guardian for all away games. If this is not possible, the player may travel with another family on the team that agrees to take responsibility for that player while on the road.

UNDER NO CIRCUMSTANCES WILL ANY PLAYER BE ALLOWED TO DRIVE ALONE TO ANY AWAY GAMES OUTSIDE THE INDIANAPOLIS CITY LIMITS.

On overnight trips, players MUST stay in a hotel room with an adult family member, or a room that is adjoining to the responsible adult's room. Coaches will establish a team curfew that must be followed by all players. Any disruptive behavior that would reflect poorly on the hockey club will result in that player being sent home for the remainder of the trip, and the player will then need to appear before the HSE disciplinary committee. Any violations of this policy will be dealt with severely, up to and including dismissal from the HSE Hockey Program.

#### **GAME DAY DRESS CODE:**

The HSE Hockey Club intends to exhibit a professional and polished appearance in our community and when we travel to other communities in the region. The HSE game dress code for players is as follows:

- At minimum, a full button-up shirt, dress pants, and dress shoes are to be worn to and from all home games. Players may choose to wear a jacket, tie, and/or dress sweater at their discretion. Players should present themselves professionally in their appearance.
- HSE-branded tracksuits are to be worn to all away games, with HSE Hockey T-shirts underneath, with athletic sneakers.
- At both home and away games players are not permitted to wear: jeans of any kind, slippers or flip flops of any kind. Only permitted hats or stocking caps with the HSE logo.

**PUNISHMENT FOR FAILING TO ADHERE TO THE HSE GAME DAY DRESS CODE:**

- 1st OFFENSE: WARNING
- 2nd OFFENSE: SIT 1 PERIOD
- 3rd OFFENSE: SIT 1 GAME

**ACADEMIC REQUIREMENTS:**

Eligibility to participate in the HSE Hockey Program is contingent upon maintaining certain academic standards. In line with the Hoosier High School Hockey Association player regulations, each player must maintain passing grades in at least 5 full credit subjects or their equivalent. A passing grade is considered to be a "D". The coaching staff has the right to evaluate all grades and make decisions they feel are in the best interest of the player.

Report cards must be turned into the HSE Hockey Director in a timely manner after each interim grading period and each semester grading period. A player who does not meet the minimum academic requirements will be removed from the game roster until the grades are improved and may not be eligible to participate in league or state events. Academically ineligible players will be required to attend all practices and games. In the case of academic ineligibility, a player's financial obligation to the HSE Hockey program will still be in effect, and all monthly assessments must be submitted to remain eligible for return to play.

**HSE LOCKER ROOM USAGE:**

The HSE locker room is formally used as a permanent locker room by the Varsity A and Varsity B teams. The Prep team may also be invited to temporarily use the locker room based on scheduling opportunities, and at the discretion of the HSE Hockey Director. All players are expected to clean the dressing area and the shower area when it is their turn. All players are expected to keep their individual lockers clean and free of any junk or garbage. Players must take home all wet towels and underwear on a weekly basis to be washed. THERE WILL BE ABSOLUTELY NO PHONES OR RECORDING DEVICES ALLOWED IN THE LOCKER ROOM BEYOND THE FRONT ENTRY. A complete list of season locker room rules will be distributed at the first team practice. Any player or team that violates the rules of the locker room will be asked to dress in a generic locker room for a period the coaching staff deems appropriate.

**GAME DRESS CODE:**

All players are expected to wear the HSE-approved game uniform for all games. This includes HSE game shells, HSE socks, and HSE-approved jerseys. Jerseys are expected to be washed and presentable. Any loose numbers, crests or nameplates must be fixed in a timely manner. All socks must match the game jersey worn for that game. Any player who forgets their jersey may, at the coach's discretion, be asked not to dress for that game.

Each player is responsible for making sure their equipment is safe and in working order, and that they have a mouthguard for each game.

**PRACTICE DRESS CODE:**

All players are expected to wear an HSE-issued shell, practice jersey, and socks for each practice. If the player does not have these items, they may be asked to leave practice. Coaches will determine the color of the practice jersey an individual player wears on a practice-by-practice basis. All practice jerseys and socks are considered the property of the HSE Hockey Program and not of any particular player, and must be returned upon request by the program.

**SOCIAL MEDIA AND PUBLIC STATEMENTS:**

Players at HSE Hockey are always representing the program through their words and actions, both in person and in social media and other electronic platforms. It is expected that players maintain a professional and respectful public and social media presence and do not engage in any activities or debates on social media that would harm the reputation of HSE Hockey. Although phones or other recording devices are not allowed in the locker room, to protect the privacy of our players, there is an explicit expectation that no image or video taken inside our locker room should ever be posted on social media or other public platforms without the express written permission of the HSE Board and HSE Hockey Director. Players must not post any inappropriate or offensive comments about HSE Hockey, other players, opponents, officials, parents, or staff on their electronic platforms.

Any player who does not adhere to these policies will be asked to remove the content in question from their social media or other electronic platforms immediately. Failure to do so will result in further disciplinary action, including appearance before an HSE Hockey Disciplinary Committee and consequences deemed appropriate by the committee, such as suspensions from participating in team activities.

**PLAYER GEOGRAPHIC ELIGIBILITY:**

Only players living in the HSE Hockey territory, as set forth by the Hoosier High School Hockey Association Board of Directors, are eligible to play hockey for the HSE Hockey Club. The following are additional player eligibility stipulations as set forth by the HSE Hockey Program:

- 1)** If a player is a member of the HSE Hockey program and chooses to leave and join another high school hockey program, without the consent of the HSE Hockey Director, the player will be ineligible for any future participation on an HSE hockey team.
- 2)** If a player chooses to try out for another club or high school hockey team outside HSE, and makes that team, the player will not be eligible for participation with the HSE Hockey Club for 1 full season.

This means that if a player is cut or released during the season or becomes unhappy with their situation, they will not be allowed to play for HSE for that season. In short, HSE Hockey is not to be considered a second choice for any player.

#### **CAPTAINS AND ASSISTANT CAPTAINS:**

The coaching staff will appoint captains when they deem appropriate. Coaches may choose to change designated captains throughout the season. Coaches will notify the team of the captain appointments.

#### **OFF-ICE PLAYER CODE OF CONDUCT:**

Players are expected to always act like mature young adults and in a manner that brings respect to themselves, coaches, parents, and their high schools. Players are expected to treat everyone associated with the game of hockey with the utmost respect, including teammates, coaches, opposing players and coaches, referees, parents, and arena staff. The following is a list of actions that are a breach of the Code of Conduct, with their corresponding consequences, whether they occur in conjunction with a HSE program function or not:

#### **ANY FELONY OR MISDEMEANOR CHARGES BROUGHT AGAINST A PLAYER**

Any player facing a felony or misdemeanor charge will be immediately suspended from the program, pending the outcome of due process. Upon a verdict other than innocent, the player will appear before an HSE Disciplinary Committee, as appointed by the HSE Hockey Director, to review the facts associated with the judgment and to determine any appropriate program-specific disciplinary actions. In the case of an innocent verdict, the player will be reinstated immediately to the program.

#### **ANY PLAYER POSSESSING OR BEING FOUND UNDER THE INFLUENCE OF ALCOHOL, DRUGS (including drug paraphernalia), TOBACCO, VAPING, AND/OR ELECTRONIC CIGARETTES AT AN HSE HOCKEY CLUB EVENT.**

Through the enforcement of this policy, it is the desire of HSE Hockey to assist in training all players to become strong members and leaders in the community. The intent is not to isolate or banish a player from the organization or the sport. If multiple offenses are incurred for a player, it may become necessary to remove the player from the team to allow the player to seek the help they need and also to protect the rest of the team.

**1st OFFENSE-** Appearance before an HSE Hockey Disciplinary Committee as appointed by the HSE Hockey Director to review the offense.

- Up to a 5 Game suspension at the discretion of the HSE Hockey Disciplinary Committee.
- Up to 5 Hours of community service as defined by the Hockey Director and Parent/Guardian
- For drug-related offenses, the player will be required to provide a negative

test result from a third-party laboratory before returning to the team for any practices or games. This testing will be at the family's expense.

**2nd OFFENSE-** Appearance before an HSE Hockey Disciplinary Committee as appointed by the HSE Hockey Director to review the offense.

- Suspension of up to 50% of the games for the remainder of the season up to 20 hours of community service as defined by the Hockey Director and Parent/Guardian
- For drug-related offenses, the player will be required to provide a negative test result from a third-party laboratory before returning to the team for any practices or games. This testing will be at the family's expense.
- Satisfactory completion of a drug education class. This class will be at the family's expense.
- The player is to write a letter to the HSE Disciplinary Committee, the HSE Hockey Director, and the HSE Hockey Board of Directors, stating the justification for remaining on the team for the remainder of the season.

**-3rd OFFENSE-** Appearance before an HSE Hockey Disciplinary Committee as appointed by the HSE Hockey Director to review the offense.

- Suspension from HSE Hockey for the remainder of the season.
- HSE Hockey Club will communicate and work with the parent/guardian/family in the best interest of the student athlete.
- The player is to write a letter to the HSE Disciplinary Committee, the HSE Hockey Director, and the HSE Hockey Board of Directors, stating the justification for reinstatement to the HSE Hockey program for the following season.

#### **ANY PLAYER INVOLVED IN THEFT INSIDE OR OUTSIDE THE HSE HOCKEY PROGRAM**

**-1st OFFENSE-** Appearance before an HSE Hockey Disciplinary Committee as appointed by the HSE Hockey Director to review the offense.

- Up to a 5 Game suspension at the discretion of the HSE Hockey Disciplinary Committee
- Up to 5 Hours of community service as defined by the Hockey Director and Parent/Guardian
- Up to 2 weeks of locker room cleaning duty

**-2nd OFFENSE-** Appearance before an HSE Hockey Disciplinary Committee as appointed by the HSE Hockey Director to review the offense.

- Suspension for up to the remainder of the season
- Up to 20 hours of community service as defined by the Hockey Director and Parent/Guardian

- The player is to write a letter to the HSE Disciplinary Committee, the HSE Hockey Director, and the HSE Hockey Board of Directors, stating the justification for remaining in the program.

For all violations of the Code of Conduct, the head coach of the player(s) involved will report the violation to the President of the HSE Hockey Board and the HSE Hockey Director within 24 hours. The President and Hockey Director will then form a Disciplinary Board Committee consisting of themselves, HSE Hockey Board members, and 2-3 non-board members. Within two weeks of the violation, the disciplinary board will meet and hear statements from the player, parents, and/or any witnesses. If the player accused of the violation refuses to take part in the hearing, the player will automatically be considered to have committed the offense in question. After the hearing, the committee will make a decision within 24 hours, and the HSE Hockey Board President will notify all parties involved of the decision. **ALL DECISIONS MADE BY A DISCIPLINARY BOARD COMMITTEE ARE FINAL AND THERE IS NO APPEALS PROCESS.**

All suspensions associated with a breach of the Code of Conduct still require the suspended player to attend practice at the discretion of the coaching staff. All suspended players must attend all local games and in city travel games. All suspensions must be served in full. If the season ends before the suspension is fully served, then the remaining suspended games will carry over into the next season.

**MATCH PENALTIES:** All rules of USA Hockey will apply. Coach/Player may appear before the HSE Hockey Disciplinary Committee to discuss the match penalty following an investigation by the Hockey Director.

**Other SUSPENSION:** Coaches may suspend player for other reasonable reasons that may not be listed here. The coach must notify the player, parents and HSE Hockey Director of any suspensions and the reason for these taking place.

**SCHOOL SUSPENSION:** Any player who is suspended from school for any school or community-related violation will be ineligible to participate in practice or games for the length of the school suspension. In addition to the school suspension, the coaching staff may levy additional disciplinary measures at their discretion.

**REPEATED OFFENSES:** Should any player fail to adhere to the policies outlined in this Code of Conduct on a repeated and ongoing basis, the HSE Hockey Club reserves the right to remove the player from further participation and membership in the program. Such removal shall only occur upon the unanimous agreement of an HSE Hockey Disciplinary Board Committee to revoke participation rights for an individual player.

HSE HOCKEY CLUB PLAYER CODE OF CONDUCT SIGNATURE PAGE BY SIGNING THIS PAGE, I AS A MEMBER OF THE HSE HOCKEY PROGRAM, ACKNOWLEDGE THAT I FULLY UNDERSTAND AND AGREE TO ABIDE BY ALL THE RULES AND GUIDELINES AS OUTLINED IN THE HSE HOCKEY CLUB RULES AND CODE OF CONDUCT AND WILL ALWAYS DO MY



BEST TO FOLLOW THEM WITHOUT QUESTION.

Player Signature \_\_\_\_\_ DATE \_\_\_\_\_ Parent/Guardian  
Signature \_\_\_\_\_ DATE \_\_\_\_\_ \* PLEASE RETURN THIS  
SIGNATURE PAGE TO HSE HOCKEY DIRECTOR \* PLEASE RETAIN A COPY OF THE CODE OF  
CONDUCT FOR YOUR RECORDS