



Jr. Falcons Hockey Club Player Contract

Player Promises / Code of Conduct / Locker Room Policy

The Jr. Falcons Hockey Club wants each hockey player and parents or guardians-to know what is expected of them through the hockey season. Everyone should endeavor to have a fun learning experience with minimal distractions. It is our hope that with mutual consent from players, parents, and coaches, that this will be accomplished. Cooperation and teamwork are vital to team success. The purpose of the Player Contract (Player Promises / Code of Conduct) is to promote strong values, good character, sportsmanship, and a team first attitude.

Player Promises

Arriving to Practice and Games

I promise to be on the ice at the time for which the practice or game is scheduled. I understand that if I am late for a game or practice it makes it hard for my coaches and teammates. If I contact my coach before the practice starts, and am late to or miss practice because of illness, religion, school related activities, or special family activities, my lateness or absence will be excused. If I miss a practice or game without being excused, I understand the coach may enforce a penalty such as reduced play-time. I will communicate with my coaches and/or team managers so that there is no confusion about my availability.

Be Prepared To Play

I promise to come to every practice, game and scrimmage prepared to play hard and to do my best. I will take care of my equipment, my uniform and my body by eating right and getting enough sleep before games. I will be responsible for making sure I am ready to play hockey both mentally and physically.

Be Ready to Learn

I will come to every practice and game ready to learn more about hockey and how to play the game. I will accept and forgive my mistakes and the mistakes of my teammates, coaches, referees and officials because I understand that we can all learn from our mistakes.

Winning Attitude

I like to win and my team likes to win. I know that a big part of a winning season is a winning attitude. That means that I will try hard, never give up and always encourage my teammates to do the same. I understand that even if we do not win, we can be proud of ourselves for having done our best. I know that I can control my attitude and effort but not the outcome of the game:

Respect for My Teammates

I will treat my teammates respectfully and will encourage them so they can do their best. I will help my teammates by exercising self-control both on and off the ice. I will have fun without making it hard for anyone else to have fun. I will never "make fun of" or "put-down" a teammate because those remarks reflect poorly upon me, my family, and my team. I will not use offensive language and swearing around my teammates. Bullying in any way will not be tolerated.

Respect for Jr. Falcons Youth Hockey Club Philosophy of Inclusion.

I understand that the Jr. Falcons Youth Hockey Club has an inclusive philosophy and that all players on a team will share playing time during games throughout the regular season. I know that regardless of a player's skill or ability at a particular point in time that it is important for him or her to gain game experience. That is how I improve, and that is how they will improve. I understand that those who may not be as skilled at one point in time have the potential and opportunity to grow as players. I will not complain about a lack of playing time because I know that the goal is to make all players better. I will encourage and root for the success of all players on my team, and I will never put blame on an individual or a line that is doing their best to help the team succeed.

Respect for My Coaches

I will listen to my coaches and try to understand what they are trying to teach me. I will ask questions if I do not understand. I will not swear, use foul language or talk back to my coaches. I understand that my coaches are adults and deserve my respect. The coach is responsible to make final decisions for the team and I will respect those decisions.

Respect for Referees

Even though I may disagree with the officials or referees, I will exercise self-control and direct my energy to play harder so that I will earn the respect of my teammates, coaches and the other team. I will not swear to or talk back to the referees. If I receive a penalty, I will skate directly to the penalty box and will not complain while serving my time in the penalty box. I will not intentionally slam my stick or the penalty box door in anger. Should I disagree with a call I should discuss it with my Coach after the game.

Zero Tolerance

The Jr. Falcons Hockey Club expects all players to demonstrate good sportsmanship. Any player who uses language that is offensive, discriminatory in nature or hateful anywhere in the rink before, during or following the completion of a game or at any Jr. Falcons Hockey Club activity shall face disciplinary action. Such behavior has no place in our organization.

Respect for Jr. Falcons Hockey Club

I will demonstrate pride in Jr. Falcons Youth Hockey Club by respecting the rules posted at our hockey rink regarding spectator behavior, and also abiding by the rules of any other hockey rink the team may be visiting. I understand that the organization has been built on the hard work of the players and coaches that were here before me and that the organization will be here after I have finished playing. I will not put myself above my team or the organization.