

East Rink-Pro-Shop side



|                   |                           |           |           |
|-------------------|---------------------------|-----------|-----------|
|                   |                           |           |           |
| <b>SESSION B:</b> | 2, 3, 5, 7, 9, 10, 13, 14 |           |           |
| 12:19-12:22       | WARM UP                   |           |           |
| 12:22-12:42       | Zamboni Side              | 2         | 13        |
|                   | Middle                    | 5         | 14        |
|                   | Opposite Zam End          | 7         | 10        |
|                   | <b>BYE off ice</b>        | <b>3</b>  | <b>9</b>  |
| 2 minutes         |                           | SWITCH    | SIDES     |
| 12:44-1:04        | Zamboni Side              | 2         | 14        |
|                   | Middle                    | 3         | 10        |
|                   | Opposite Zam End          | 9         | 13        |
|                   | <b>BYE off ice</b>        | <b>5</b>  | <b>7</b>  |
| 2 minutes         |                           | SWITCH    | SIDES     |
| 1:06-1:26         | Zamboni Side              | 2         | 5         |
|                   | Middle                    | 3         | 9         |
|                   | Opposite Zam End          | 7         | 14        |
|                   | <b>BYE of ice</b>         | <b>10</b> | <b>13</b> |
| 2 minutes         |                           | SWITCH    | SIDES     |
| 1:28-1:48         | Zamboni Side              | 3         | 5         |
|                   | Middle                    | 7         | 9         |
|                   | Opposite Zam End          | 10        | 13        |
|                   | <b>BYE off ice</b>        | <b>2</b>  | <b>14</b> |
|                   |                           |           |           |
| 1:48-2:00         |                           |           | Ice cut   |