**Training/Practice Meet Schedule**

**Schedule:**

8:00 am

* Volunteer Tent – Session 1: Set up and orientation – Lisa
* Gate Crew Orientation – Fiona Sperry

8:15 am

* Gate monitors head to 3 gates – 2/gate and 1 on the infield at start line

8-8:45 am

* Set-Up & Teardown Crew – volunteer tables to be set up first thing

8-8:30 am

* Announcer Training – JP

8:20-8:40 am

* Volunteer Check in begins

8:30 am

* Athletes warm up with coaches

8:30-9:00 am

* Data Entry & Scanning training – Ron Clemens

8:40 am

* Volunteer meeting in bleachers

8:55-9:00 am

* Volunteers go to assigned events/stations

9:00 am

* Instruction on roles & responsibilities – Coordinators
* High Jump –Sean (New Co-Coordinators: Ken Haughawout & David Glaze)
* Shot Put – Coordinator: Eric Wilson
* Finish Line – Aaron Molinar (New Coordinator: Akilah Serna)
* Long Jump – Coordinator: Aaron Winston
* Staging – Rebecca Denninghoff (Covering for Coordinator: Dan Denninghoff)

9:15 am

* Begin races: 800m and 100m
* Long jump – Gremlins (Limit: 10 girls + 10 boys)
* High jump – Coaches will pick
* Shotput – Bantam 6-8 at a time, then 9:45 will be open pit

9:55-10:00 am

* Stop races for new orientation group & field events (if needed)
* Volunteers who have multiple training rotate to new assigned station/event

10:00 am

* Instruction on roles & responsibilities – See above

10:15 am

* Races: 400m and 200m
* Field events continue
* Long Jump: Bantams (Limit: 10 girls + 10 boys)

11:00 am

* Set Up & Teardown crew clean up

11:10 am

* Gate Crew meeting at finish line gate – Lisa

11:00-11:50 am

* Volunteer Check out

12:00 pm

* Everyone has exited the stadium