



| Division                                   | Diggin' Daisies → Girls<br>Dirt Diggers → Boys                      | Local → Girls   | Premier → Girls  | National → Girls  |
|--|---|---|--|---|
| Ages                                       | 9-12  | 12-18   | 12-18  | 12-18   |
| Location                                   | 1 → Knoxville<br>2 → Lakeway Area                                   | 1 → Knoxville<br>2 → Lakeway Area   | 1 → Knoxville<br>2 → Lakeway Area  | 1 → Knoxville<br>2 → Lakeway Area   |
| Tryout Window                              | No Tryouts Required → Open<br>to all                                | 12u-14u → September<br>15u-18u → October  | 12u-14u → September<br>15u-18u → October   | 12u-14u → September<br>15u-18u → October  |
| Tryout Criteria                            | No Tryouts Required → Open to all                                   | Every Player Placed from<br>Tryouts → Everyone who tries<br>out will be placed on a team. | Must Evaluate for Placement → Athletes must attend tryouts to be evaluated and placed on the appropriate team. | Must Meet National Skill<br>Standards → Only players who<br>meet specific skill<br>requirements are selected. |
| Season<br>Length                           | 12 total sessions<br>Lakeway start → 11/6<br>Knoxville start → 11/8 | Nov – Early April   | Nov – Mid April  | Nov – May (with post season play)   |
| Payment Plans                              | Two Options:<br>→Pay in full<br>→Installment options                | Two Options:<br>→Pay in full<br>→Installment options                                      | Two Options:<br>→Pay in full<br>→Installment options   | Two Options:<br>→Pay in full<br>→Installment options  |
| Athlete Gear                               | Practice T-Shirt Provided<br>(option to purchase other)             | First Year Package<br>Returner Package<br>Optional Spirit Wear                            | First Year Package<br>Returner Package<br>Optional Spirit Wear   | First Year Package<br>Returner Package<br>Optional Spirit Wear  |
| Hotel / Travel                             | No travel (may cross play<br>Knoxville and Morristown)              | Stay close to home; no hotel  | Combination of local and travel (hotels required)  | Mostly travel; hotel stays<br>required. * Stay to Play<br>Events included                                     |
| Cost                                       | \$Low   | \$ Most affordable  | \$\$ Moderate  | \$ \$ \$ Highest<br>(premium investment)  |
| # of<br>Tournaments                        | ✓ 1–2 play days   | ✓ 7 tournaments (13-18)<br>✓ 1 Play Day<br>✓ *12s - 6 tournaments                         | ■ 8 tournaments: 3-day events may be included in the schedule ■ 1 Play Day                                     | 1   |
| Practices                                  | ✓ Players train once a week.  | ✓ Teams practice twice a week.  | ✓ Teams practice twice a week.   | ✓ Teams practice twice a<br>week, with occasional weeks<br>including a third practice.                        |
| Practice Days                              | Knoxville → Saturday<br>Lakeway → Thursday                          | Knoxville → TBD   | Knoxville → TBD  | Knoxville → TBD   |
|  | Lakeway   | Lakeway→ Tues/Thurs   | Lakeway→ Tues/Thurs  | Lakeway→ Tues/Thurs   |
| U.N.I.T.E. Sessions<br>"Bond, Grow, Unite" | N/A   | Monthly team session (1 hr)   | ✓ Monthly team session<br>(1 hr)   | ✓ Monthly team session<br>(1 hr)  |
| Positional Training                        | ✓ Incorporated into weekly sessions                                 | ✓ Skill-specific positional training throughout the season.                               | Skill-specific positional training throughout the season.  | Skill-specific positional training throughout the season.   |
| Hudl Video Access                          | N/A   | optional  | ✓->yes in Knoxville<br>optional in Lakeway   | <b>√</b> -yes   |
| Strength Training                          | N/A   | Options will be provided to add-on  | ✓ Strength training will be offered at both Knoxville and Lakeway; details will follow roster release.         | ✓ Strength training will be offered at both Knoxville and Lakeway; details will follow roster release.        |
| Athlete Gear                               | Practice T-Shirt Provided option to purchase other items            | →First Year Package<br>→Returner Package<br><i>Link provided by CU</i>                    | →First Year Package<br>→Returner Package<br>Link provided by CU  | →First Year Package<br>→Returner Package<br><i>Link provided by CU</i>  |

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Club Unite Volleyball EST. 2016

questions?



