

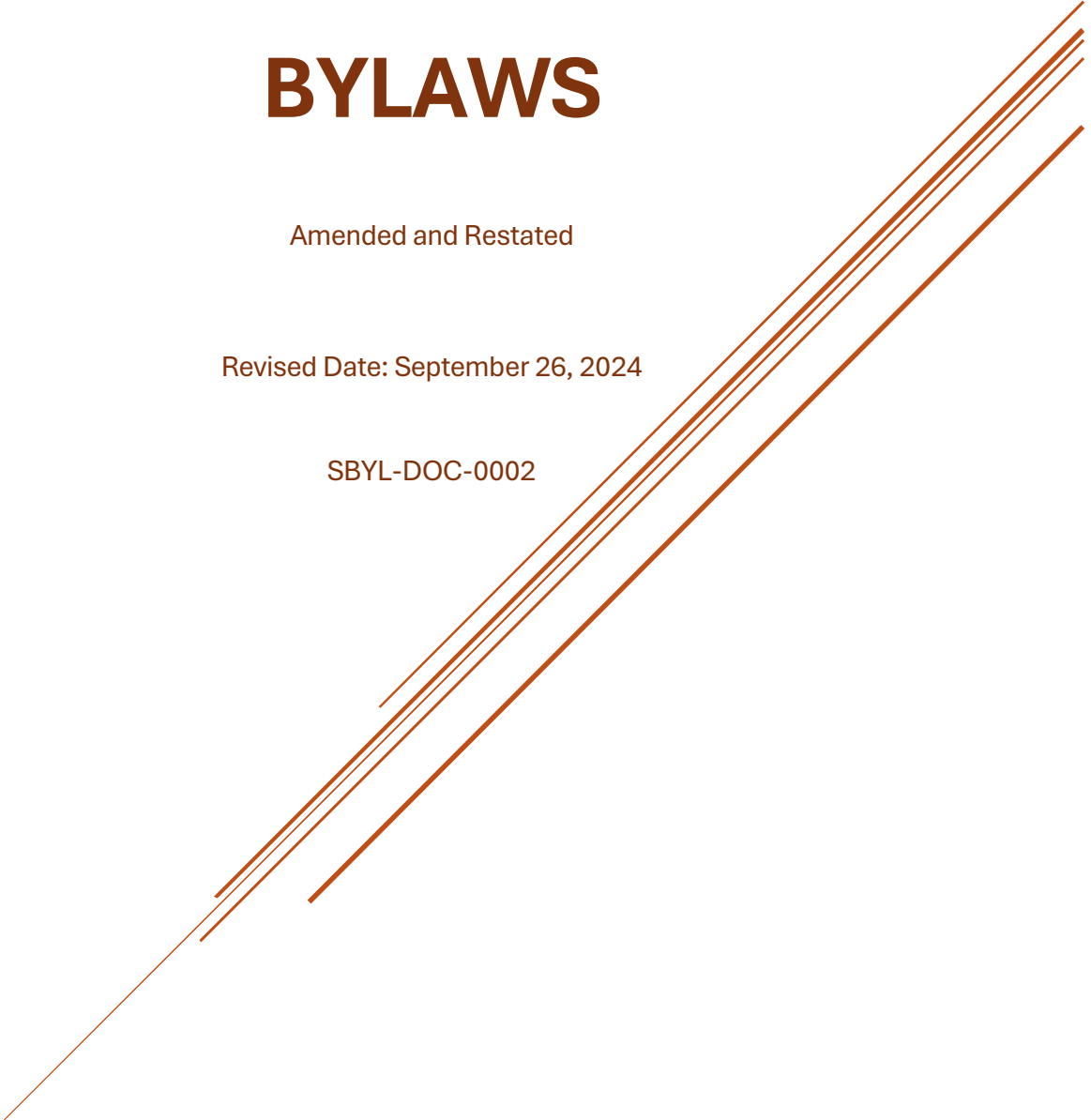
STONINGTON BEARS YOUTH LACROSSE

BYLAWS

Amended and Restated

Revised Date: September 26, 2024

SBYL-DOC-0002



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Article I. General

Section 1.01 Name

This organization shall be known as Southeastern Area Lacrosse (SEALs) dba. Stonington Bears Youth Lacrosse (hereinafter referred to as "SBYL").

Section 1.02 Objective

The object of SBYL shall be to operate as a nonpartisan, nonsectarian, non-political, and nonprofit organization; dedicated to promoting academic and athletic excellence and instill, in the participating youth, the principles of good citizenship and good sportsmanship while promoting the sport of lacrosse in our local communities.

To achieve this objective SBYL will provide a structured program of spirited competition in accordance with the rules and policies established by the Board of Directors. All members of SBYL shall bear in mind that the attainment of athletic excellence or success is secondary to the development of responsible, healthy, and happier individuals. Our ultimate goal is to help youth grow into responsible, respectful, and trustworthy adults.

Article II. Members

Section 2.01 Definition

Members are defined as either Board of Directors or Members-at-Large. Members-at-Large may serve on committees as committee chairperson. A Member-at-Large shall not have a vote on SBYL business but may only cast a vote in the October elections (see voting requirements in Section 2.02.e below). Any person who desires to help facilitate the purposes of this organization is eligible for membership but must fulfill the requirements before being accepted.

Section 2.02 Requirements

- a) Must be above the age of 18
- b) Must either:
 - I. Have a child enrolled in the SBYL program currently (i.e. a parent, step-parent, grandparent, or legal guardian); or
 - II. Be a coach; or
 - III. Participate in one or more Fundraising activities during the year.
- c) All actions and decisions must be in the best interest of the youth participants, with specific emphasis on safety, and consistent with SBYL rules, regulations, and policies.

- d) Must be willing to abide by the by-laws and the playing rules of SBYL and USA LAX.
- e) Must either attend more than 50% of the general board meetings called monthly by the Board of Directors over the prior twelve months, be a coach, or participate in one fundraising event in the prior 12 months in order to vote in the October Elections of Board of Directors.

Article III. Board of Directors

Section 3.01 General Powers

The property, affairs, and business of the SBYL shall be managed and controlled and shall be exercised by or under the authority of its duly elected Board of Directors. All SBYL policies and business shall be considered, formed and voted on by the Board of Directors. There must be a majority of eligible voters present to cast a vote. Such service shall be on a volunteer and non-compensated basis.

Section 3.02 Composition

The Board of Directors shall consist of 9 members:

- 1) President
- 2) Vice President
- 3) Secretary
- 4) Treasurer
- 5) Uniform Coordinator
- 6) Registrar
- 7) Boys/Girls Scheduler/Ref Coordinator
- 8) Equipment Coordinator
- 9) Marketing/Fundraising Coordinator.

Section 3.03 Elections

All SBYL officers will be elected annually at the October meeting. The election procedures are as follows:

- a) Any person running for a position on the Board of Directors must submit a letter to the President by the October Meeting.
- b) The election will be held one office at a time in the following order: President, Vice President, Secretary, Treasurer, Registrar, Boys/Girls Scheduler/Ref Coordinator, Uniform Coordinator, Equipment Coordinator, Marketing/Fundraising Coordinator.

- c) Only eligible Members-at-Large (as defined in 2.02.e) and Board Members may vote and must be present to vote.
- d) The nominee who received the majority of the votes wins the election. If there is an even number of voting members present, the President will vote only upon tallying the votes to determine if there is a tie. If a tie occurs, the President's vote breaks the tie.
- e) Those nominees who are elected will take office at the October meeting.
- f) Election will be by secret ballot if more than one person seeks the office.
- g) No one on the Board of Directors may hold more than one board position at any time unless lack of involvement deems necessary.

Section 3.04 Terms

All Terms of office for members of the Board of Directors shall be one (1) year from the adjournment of the October meeting up to the adjournment of the following October meeting at which time their successors will take over. If a Director wishes they may run for another term.

Section 3.05 Powers

The SBYL Board of Directors Shall:

1. Be responsible for execution of SBYL policies
2. Be responsible for following the playing rules as outlined in the USA LAX rule book.
3. Authorize all expenditures and not cause any indebtedness beyond the SBYL ability to pay.
4. Not authorize any disbursement inconsistent with SBYL policies.
5. Have the power to modify, rescind, or override any action by any Board Member or member of the league.
6. Have books, and accounts of the league audited annually or more frequently if deemed necessary.
7. Agree to and clear background checks that meet USA LAX expectations.

Section 3.06 Duties of Board of Directors

a. President

The President shall be the Chief Executive Officer of the SBYL and shall:

1. Preside at all regular and special meetings.
2. Represent SBYL with USA LAX, Stonington Recreations & North Stonington Recreation.
3. Be responsible for the overall orderly operation of the league.

4. Call a meeting of the Board of Directors at his/her direction.
5. Be Responsible to see that a proper turnover of all records, processes, procedures and anything else that needs to be transferred to the incoming officer before the end of October.
6. Ensure that all Board Members and coaches are aware of USA LAX rules, regulations and policy changes.
7. Ensure that all Board Members are aware of any issues that arise during the season and/or off-season.
8. Assume the duties of chairman of the by-laws committee.
9. Responsible for making sure Registration is open and functioning on time.
10. Responsible for assisting the Registrar in movement of players
11. Responsible for all payment of orders (equipment, uniforms, indoor contracts, late uniform orders).
12. Responsible for all communication at mass to the league through Crossbar.

In the event of his/her capacity or inability to fulfill the office, and upon certification of this event by two-thirds of the remaining Board of Directors, the remainder of his/her term shall be filled by the Vice President(s) as determined by a vote of the remaining Board of Directors.

b. Vice President

The Vice President presides in the absence of the President and shall:

1. Attend monthly League meetings (Board/Coaches).
2. Be responsible for coordination the Head Coaches of the teams, organizing the SBYL liaison between the coaches and Board.
3. Be responsible for recruitment of new cheer participation in board meetings and league functions.
4. Be responsible for ensuring coaches are current on coaching requirements (i.e. USA Lax member ship, certification level, 1 CPR certified coach per team)
5. Responsible for planning and overseeing off season clinics (Summer, Fall and Winter).
6. Responsible for assisting the Scheduler/Ref Coordinator with making sure we are in budget for the year and all games are covered.

7. Responsible for outreach to all youth refs (Boys & Girls) to notify of recertification classes.

c. Secretary

The Secretary shall record the minutes of all regular and/or special meetings and shall:

1. Include all appointments, elections, and attendance by name
2. Maintain at all times a current membership.
3. Have custody of and maintain all SBYL records. All coaches' records (USA LAX memberships, background checks and abuse prevention) shall be given to the Secretary at the beginning of the season.
4. Be responsible for distribution of minutes and reminder of points of action to the persons assigned/responsible for said duty.
5. Be responsible for all preseason distribution of pre-season flyers as well as Registrar and Boys/Girls Scheduler/Ref Coordinator.

d. Treasurer

The Treasurer shall keep records of SBYL financials and

1. Prepare and submit a written quarterly financial report, including concession stand expenses and revenues.
2. Make minor expenditures of no more than \$100 without the approval of the President.
3. Be responsible for the overall fiscal maintenance and reporting for the league.
4. Oversee all fundraising activities and fundraising committees.
5. Ensure taxes are properly reported to the IRS.
6. Ensure yearly CT report and fee are submitted.

e. Registrar

The Registrar is responsible for

1. Set up and opening of all registrations (Spring registration, Clinics, Galas, etc.)
2. Responsible for team limits to not exceed 20.

3. Responsible for movement of players to correct teams (President is also assisting with movement of players and confirming

f. Uniform Coordinator

The Uniform Coordinator shall be responsible for

1. Identifying apparel suppliers.
2. Provide suggestions for logos to be placed on apparel.
3. Provide suggestions of inventory to be purchased.
4. Order inventory as needed (approved by the President).
5. Keep and update inventory of all apparel for sale and sold.
6. Responsible for team numbers - extra attention to confirming jersey numbers are not duplicated on the same teams.

g. Scheduler/Ref Coordinator

The Scheduler/Ref Coordinator is responsible for

1. Responsible for setting up all practices for each team in Crossbar.
2. Responsible for outreach to teams for all home games and entering them into the Crossbar system.
3. Responsible for acquiring all refs for home games and confirming that they have showed so the treasurer has been notified for payments.
4. Responsible for entering all away games that coaches set into Crossbar.
5. Responsible for making any scheduling adjustments

h. Equipment Coordinator

The Equipment Coordinator is responsible for

1. Keep a summary list of SBYL provided equipment (and equipment that is the responsibility of individual participants to provide).
2. Ensure the pre-season stocking of all teams' medical boxes.
3. Be responsible for maintaining and cleaning of equipment including but not limited to the recondition schedule.
4. Submit suggestions of needed equipment to the president for the following year's order.

5. Responsible for handing out all equipment to new players and collecting a deposit from them at this time (deposit TBD based on equipment they will be borrowing), Includes but not limited to - sticks, chest protectors, helmets, gloves, arm pads, goggles and any other items borrowed.
6. Responsible for all nets and restringing of nets throughout the league's fields. This includes putting it away at the end of the season.
7. Responsible for handing out and gathering all goalie equipment given to coaches at the beginning of the season and collection at the end of the season.
8. Responsible for handing out and gathering all medical bags given to coaches at the beginning of the season and collection at the end of the season.
9. Responsible for handing out and gathering all balls and ball bags given to coaches at the beginning of the season and collection at the end of the season.

i. Marketing/Fundraising Coordinator

The Marketing/Fundraising Coordinator is responsible for

1. Identify fundraising opportunities
2. Organize fundraising events
3. Solicit Sponsors
4. Distribute, track and collect fundraising proceeds in coordination with individual teams.
5. Need to work with the President and Treasurer on all endeavors to make sure they financially make sense.

Section 3.07 Vacancies of a Board Member

Vacancies in any elective office shall be filled for the remainder of the year as follows:

- a. The offices of the President shall be filled by the Vice President(s), in accordance with Article 3.6.1.
- b. All other Board of Director vacancies shall be filled as soon as practicable by a vote of the majority of the attending voting members at a Board of Directors meeting. Those elected shall remain in office until the next annual meeting, at which time office elections are to be conducted.

Section 3.08 Resignation or Removal of Board Member

All Directors shall be responsible for fulfilling the duties of their position. Failure to do so may be subject to review and replacement of the Director. All vacancies created due to the removal or resignation of a Director, shall be backfilled as prescribed in Article 3.7, above. All Directors must abide by the code of conduct. Conduct by a Director in violation of the code of conduct may result in removal from their position by special vote of the remaining Board of Directors. A unanimous vote of the remaining Board of Directors is required for removal. Once removed from their position, that Director or Officer may not serve as a Director of SBYL again.

Article IV. Meetings

Section 4.01 Annual October Meeting

There shall be at least one Annual Meeting of the SBYL to be held in October at a time and place fixed by the Board of Directors, at which office elections shall be conducted to elect a Board of Directors to preside over the SBYL affairs for that fiscal year.

A regular monthly meeting shall be held during the month of September to solicit and accept nominations for the Board of Director positions (see Article III, Section 3.03).

Section 4.02 Regular/Monthly Meetings

There shall be such meetings of the Board of Directors as are called by the President, open to all members and will generally be conducted monthly. Other meetings may be scheduled and called by the President for the Board and committees as required to effectuate the business of the SBYL. The location and time will be communicated in advance. In general, SBYL meetings will occur on the third Wednesday/Thursday of each month either in person or Conference call (i.e. Zoom, Google Meet, etc.). All monthly meetings are open to all SBYL Members. Only eligible board members may vote on SBYL business.

Section 4.03 Quorum

For the transaction of any business or exercise of any power of the SBYL, except as otherwise expressly provided for herein, a quorum is required. A minimum of three (3) Board of Director members present shall constitute a quorum for the transaction of business at any meeting.

Section 4.04 Voting & Voting Rights

The following procedure will be used when voting on SBYL business:

- (a) Only eligible Board of Directors may vote on SBYL business, unless at the discretion of the Board special votes are held and open to Members-at-Large, Committee Members, Committee Chairperson, etc.
- (b) Board Members must attend more than 50% of the general board meetings called monthly by the Board of Directors over the prior twelve months.
- (c) In order for Board Members to receive voting rights, their attendance must have been recorded and maintained by the Secretary.
- (d) In special circumstances, the 50% requirement may be waived for an individual by the Board of Directors by unanimous vote.
- (e) All qualifying Board of Directors in attendance shall have one vote and no votes by proxy shall be allowed.
- (f) Voting shall be by voice vote or roll call at the discretion of the President by simple majority in attendance.
- (g) More than 50% of eligible voting members must be present to vote on an issue.
- (h) Motions will pass by majority vote.
- (i) The President will vote only in the event of a tie.
- (j) A tally of the votes shall be taken and recorded in the minutes of the meeting.

Section 4.05 Order of Business

Business shall be conducted in the following order:

1. Roll Call/Attendance (Sign-in form may be utilized)
2. Reading of the Minutes of proceeding meeting (may be waived by motion)
3. Treasurer's Report
4. Reports of the Directors and Officers
5. Reports of the Committees
6. Old and Outstanding Business
7. New Business
8. Miscellaneous Issues
9. Adjournment

Article V. Organization

Section 5.01 Teams and Divisions

SBYL will consist of each boys and girls programs and correspondingly be divided into the following divisions which correspond to US Lacrosse age groups by birth date; U7 Instructional, U8, U10, U12, and U14 or as otherwise practicable based upon player registrations.

If the annual Registration for any Division exceeds what the Board determines to be practical for one team to provide a positive playing experience, the players may be further divided. The appropriate playing level for each of the resulting teams shall be determined after considering the aggregate player experience and skill level, and the competitive level of play in the particular league in which they are to participate. The method of team assignment and level of play shall be at the sole discretion of the Board of Directors in order to ensure a positive, safe and sound learning experience.

Each team will be assigned one head coach and up to 2 assistant coaches. A minimum of one coach on the team needs to be CPR and First Aid Certified. Additional parent helpers may assist during practice but a maximum of 3 coaches will be allowed on the sidelines during games.

Section 5.02 Players

To be eligible to play or practice in the league a player must meet the following general requirements:

- (a) Is a resident of Stonington, North Stonington, Ledyard, or other surrounding communities which does not have a youth lacrosse program; or has been waived this rule by the Board of Directors.
- (b) Has written permission from a parent or legal guardian.
- (c) Meets the age requirements as stated under this Article IV of these bylaws.
- (d) Conforms to any other rules that the Board of Directors may see fit to uniformly establish regarding eligibility.
- (e) Must have all forms deemed necessary by the Board of Directors completely filled out and signed.
- (f) Both the player and his/her parents (or guardian) must sign the SBYL Code(s)-of-Conduct.
- (g) Must have all Registration fees paid by the terms agreed upon by the Board of Directors. (Registration fees are non-refundable unless voted on by and passed by the Board of Directors.)
- (h) Violations of the code of conduct or other rules in these by laws by a player will result in either suspension for as many games as deemed necessary by the

board and the coach, and or removal from the program depending on the seriousness of the situation.

Section 5.03 Coaches

Each team will be supervised by a head coach to be appointed by the Board of Directors. Each head coach shall select assistants subject to the approval of the Board of Directors. We do not limit the number of assistant coaches at practices but a maximum of 3 coaches will be allowed on the sidelines during games. All coaches and assistants shall be on a volunteer non-compensated basis.

(a) Requirements:

1. Age:
 - a) Head coaches must be 21 years or older.
 - b) Assistant coaches must be 18 years or older.
2. Must have a valid USA Lacrosse Membership.
3. Must Complete the USA Lacrosse background check.
4. Must Complete the USA Lacrosse Abuse Prevention Training
5. USA Lacrosse Coaching Certifications:
 - a) U8 and U10 require Bronze certification
 - b) U12 and U14 require Silver certification
6. Head coaches must assist in off season fundraising (sponsorships acquisitions, offseason clinics, etc.

(b) Selection of Head Coaches:

Any person who meets the requirements for the position of head coach must apply and/or register on or before January's Monthly meeting. All applicants must be considered. Head coaches will be selected by majority vote of eligible Board of Directors present at the February Monthly meeting. Board Members also applying to coach are not eligible to vote.

Such coaching personnel shall be selected on the basis of the following qualities:

1. Their own good character.
2. Their ability to work with young athletes.
3. A reasonable knowledge of the game of lacrosse.
4. Must have all forms deemed necessary by the Board of Directors completely filled out and signed and have undergone a background check.
5. Conforms to any other rules which the Board may see fit to establish regarding eligibility.

(b) Coaches Responsibilities

1. Each head coach shall be responsible for the actions and safety of his assistants and players. The head coach has the option to release and/or suspend any assistant or player for behavior in violation of the Code of Conduct or otherwise deemed detrimental to the team or league. Upon invoking an assistant or player release/suspension, the Board of Directors shall be immediately notified and briefed on the circumstances. The Board of Directors shall have the discretion to uphold or revoke such release/suspension.
2. Will be responsible for all SBYL assigned equipment and its return at the end of the year, and the collection, maintenance and help in the inventorying and proper preparation of the equipment for seasonal storage and maintenance.
3. For regular season and playoff games (non-Jamboree), only Coaches and recognized assistants shall be allowed on the same side of the field as the team during any game play. It is the responsibility of the Coach to inform the parents and other guests of this rule and to, along with the game official(s), enforce this rule.
4. Always conduct themselves within the Code of Conduct and as true ambassadors of the sport of lacrosse, youth athletics and sportsmanship.
5. Familiarize yourself with, and abide by, the playing of any special local rules issued annually, as well as the NCAA rules. The Board of Directors in their discretion may for example, implement special rules unique to each Division specifically tailored for age group or skill level which are intended to promote the objectives of SBYL. Violation of these rules may result in your suspension from the program.
6. Following the Code of Conduct, coaches shall train and direct players not to question a game official's decisions by word or action. Teach them respect by your own actions. Preach and practice respect for the game of lacrosse, respect for fellow teammates, respect of opponent players and coaches, respect for officials and the importance of good sportsmanship at all times.

(c) Removal/Suspension of Coaches:

All Coaches must live up to the objectives, purposes and Code of Conduct of SBYL Association as spelled out in these bylaws. Any coach violating a recognized Code of Ethics or Conduct provision as adopted by the Board of Directors, may be suspended and/or dismissed. Said coach shall have the right to a closed hearing before the Board of Directors prior to a final and binding vote by the Board of Directors. Such suspension or dismissal must be passed by a majority of three (3) voting Directors.

(d) Coaching Vacancies:

Any Coaching vacancies after January coach selections, as a result of no applicants, removal, or resignation shall be appointed at the discretion of the President. Considerations shall be made first towards assistant coaches, other applicants, or sitting Board Members.

(e) Coach Reimbursements:

Coaches are eligible for reimbursement of USA Lacrosse memberships and CPR certifications expenses incurred on behalf of their coaching role with SBYL.

Article VI. Contracts, Checks, Deposits, and Funds

Section 6.01 Fiscal Year

The fiscal year of the Corporation shall begin on the first day of November and end on the last day of October in each year.

Section 6.02 Contracts

The Board may authorize any officer or officers, agent or agents of SBYL, to enter into any contract or execute and deliver any instrument in the name of and on behalf of the SBYL, and such authority may be general or confined to specific instances. Any expense over five hundred dollars (\$500.00) must be approved by the Board.

Section 6.03 Checks, Drafts, Etc.

- (a) All checks, drafts, or other orders for payment of money, notes or other evidences of indebtedness issued in the name of the SBYL shall be prior approved as defined in Section 6.02 (b) below, and signed by the Treasurer of the SBYL and in such manner as shall from time to time be determined by resolution of the Board of Directors. All checks above \$2,000 shall be countersigned by the Vice President.
- (b) The President may approve expenses up to five hundred dollars (\$500.00); a quorum of the Board of Directors shall approve all expenses up to five thousand dollars (\$5,000.00).
- (c) All proposals for major expenditures greater than five thousand dollars (\$5,000.00) must be discussed and debated by the Board of Directors. Potential options and needs must be considered.
- (d) To be reimbursed for any expenses of Members, receipts must be submitted within 60 days of purchase. The Board of Directors must agree to reimburse these expenses.

Section 6.04 Deposits

All funds of the Corporation shall be deposited from time to time to the credit of the Corporation in such banks, trust companies or other depositories as the Board may select.

Section 6.05 Gifts

The Board may accept on behalf of SBYL any contribution, gift, bequest or devise for the general purpose or for any special purpose of SBYL.

Article VII. Amendments to Bylaws

These bylaws may be altered, amended or repealed and new bylaws may be adopted by an affirmative vote of two-thirds (2/3) of all directors at a meeting at which a quorum is present, provided notice of said proposed action shall have been given to all directors at least seven (7) days before said meeting.

APPENDICES: Codes of Conduct

Coaches Code of Conduct

1. I will always emphasize that playing lacrosse is an opportunity to be part of a team, and that sportsmanship, camaraderie, and respect are valuable priorities of the SBYL lacrosse community. I will deemphasize playing only to win but rather promote the sport, healthy competition, and the desire to continually improve by developing one's own skills and working together as a team. By instilling these ideals, I will provide both players and parents with a better opportunity for success through their future participation in lacrosse and other sports.
2. I will keep in perspective that these young people have an interest in a great game. I will encourage and enhance that interest and not create an environment that promotes winning at all costs. I understand that coaching is a privilege, and that in my role as coach, I am an ambassador of the game and a role model for my team. I understand that my behavior and actions will have a great influence on the future participation of these young players and their enjoyment of the game.
3. I acknowledge that SBYL expects that all SBYL coaches will adhere to a high standard of personal conduct.
4. I will minimize individual accolades and promote the team concept of success. I will make decisions without favoritism or prejudice.
5. I will instill in my players the concepts of teamwork and sportsmanship that are consistent with the objectives of SBYL.
6. I will avoid both verbal and physical confrontations with parents, other coaches, and officials. I will never get into an argument with a parent in the presence of any player or others. If I have any criticism of an official's performance, I will do it through proper channels by reporting it to the SBYL Board and will never create a scene on the field during or after a game. I will communicate clearly to parents the expectations of SBYL for all players, parents, and coaches.
7. I will refrain from smoking and not tolerate the use or anyone under the influence of alcohol or any illegal or controlled substance around participants.
8. I will refrain from using any language which is racially or ethnically offensive or which is in any way discriminatory towards others. I will not use profane, obscene, or other off-color language.
9. I will not initiate physical contact with any player for disciplinary reasons.
10. I will attend any lacrosse clinics or coaches' meetings required by SBYL.
11. I will not use my authority as a coach to allow a participant to have special treatment, whether related to myself, other coaches, or personal friends.
12. I will not use in a practice or game a player who appears to need medical attention until such time as competent medical advice is available and that player is cleared by a doctor to play.
13. I will seek to control disruptive or excessively outspoken parents or fans.

14. I will accept the decisions of game officials.
15. I will never verbally abuse or criticize a player in front of spectators, but reserve constructive coaching/teaching for a later time in private or in the presence of other team members if others might benefit.
16. I will never criticize, belittle, antagonize, berate or otherwise incite an opposing team, its players, coaches, or fans with words or by gesture.
17. I will be ever conscious of not running up the score. If my team has a commanding lead, and the outcome of the game is not in doubt, every effort shall be made to not run up the score.
18. I will not permit an ineligible player, a player without proper equipment or the appropriate medical clearance to participate in practice, scrimmage, or games.
19. I am responsible for reading, understanding, and adhering to the following:
 - The SBYL Coaches Manual/Curriculum
 - US Lacrosse and League Rules for my team
 - The SBYL Coaches, Parents, and Players Code of Conduct
20. I will abide by the rules, regulations, policies and procedures outlined in the SBYL Manual and all referenced documentation herein at all times along with any and all decisions made by the SBYL Board of Directors.
21. I further acknowledge that if I violate any of the above guidelines, I may be subject to disciplinary action by the SBYL which may include an oral or written warning, suspension from or termination of my position as a coach.

Consequences of Behavior:

At any SBYL event, practice, or competition, any adult who verbally abuses, attempts to intimidate, is flagrantly rude to, or does not control their language or actions with a player, official, coach, spectator, or SBYL board member will be asked to leave the event. He or she will receive a written warning regarding their behavior. If the spectator fails to leave upon request, law enforcement authorities may be called to remove the spectator.

Any adult that commits a second similar offense will be banned from SBYL events for the remainder of the season.

Any adult who physically assaults an official, coach, or SBYL board member will be banned from SBYL for one year from the date of the offense. After one year, the parent may apply for reinstatement. If the adult commits a second offense, he or she will be permanently banned from SBYL. The term physical assault includes, but is not limited to hitting, slapping, pushing, spitting, kicking or striking in any way with any part of the body or any physical implement.

 Coach's Printed Name

 Signature

 Date

Parents Code of Conduct

1. Teach and practice good sportsmanship at all games and practices. You are role models!
2. Know the rules of the game of lacrosse.
3. Respect the game of lacrosse. Respect the officials. Respect the coaches, who are volunteers.
4. Do not coach your child. Let players play and coaches coach, and support both positively.
5. Do not EVER criticize other players regardless of the circumstance.
6. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice) situation, speak with the coach on the following day.
7. If there is a serious problem, please reach out to the SBYL President immediately.
8. Emphasize the FUN of the game and the team, putting forth effort at all times, not wins and losses.

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Parent's Printed Name

Signature

Date

Players Code of Conduct

1. I will respect my teammates, coaches, referees, and opponents at all times. This means:
 - a. I will not bully, taunt, or tease a teammate or opponent for any reason.
 - b. I will not dispute or argue the decision of a coach or official.
 - c. I will strive to learn from my coaches and pay attention during practices.
2. I will Support and encourage my teammates. I will strive to set a positive example.
3. I will display good sportsmanship at all times on and off the field. I will be modest in victory and gracious in defeat.
4. I agree to conduct myself with dignity as a participant of SBYL and as a citizen of the community.
5. I will arrive to practices/games on time, prepared and ready to go. I will give 100% effort at each practice and game.
6. I will strive to know the rules of the game of lacrosse and abide by them.
7. I will wear the required equipment at all games and practices.
8. I will agree to maintain my studies and respect my teachers and counselors.
9. I will not use profane language or gestures.
10. I will avoid use of drugs, alcohol and/or any other illegal substances, as they will impact my health and my performance on the field in a negative way.
11. I will be fully accountable for my behavior and its outcome. Individual discipline is the only way to maintain team safety. I understand that discipline problems will not be tolerated and could result in my being suspended or removed from the team.

Player's Printed Name

Signature

Date