

FARRAGUT LADIES LACROSSE CLUB PLAYER CODE OF CONDUCT

Our goal is to set and maintain high standards of sportsmanship, ethics, and integrity throughout the FLLC program. The value of these lessons, learned by exhibiting good sportsmanship, will last a lifetime. The positive actions of a coach, athlete, or parent/guardian play an important part in making lacrosse a positive experience for everyone. These can also influence how youth lacrosse is perceived in the community. We are asking for your support in this effort by reviewing the Code of Conduct set forth below and emphasizing to your daughter what is expected of her as a player. We also ask you, as parents/guardians and role models, to set a good example when at a game or practice. It is through these efforts that we can clearly communicate what is acceptable behavior. We hope that your positive example will help set the tone for those around you. All players and parents/guardians are required to review the Code of Conduct below before the player can participate any further in the program.

- I will be a positive role model and accept responsibility for my participation in Farragut Ladies Lacrosse by following this Players' Code of Conduct.
- I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.
- I will observe the rules set forth by US Lacrosse, the coaches, and the FLLC board.
- I will attend every practice that I can, I will be on-time for practices and games, and I will notify my coach if I cannot. A player who misses more than 3 unexcused practices will be released from the team. A player who misses the practice before a game, even with an excuse, will not start. If the player misses the practice before a game and it is unexcused then she will not play in the following game.
- I will come prepared with all my needed equipment for practice and games.
- I will do my very best to listen and learn from my coaches, parent volunteers, and referees.
- I will treat my coaches, other players, referees, and fans with respect and dignity.
- I am committed to giving my best effort every day.
- I am responsible and accountable for my actions.
- I deserve to play in an environment that is free of drugs, tobacco, vaping, and alcohol and expect adults to refrain from use at all youth sports events.
- I will do my very best in school. School work and good grades come first and are more important than sports. In order to play lacrosse, I will commit to having a C or better average in school. Any grade below a C will be reported to the coaches and may result in practice or game suspensions.
- I will abide by all school rules and report any discipline action at the school level to my coach. It may result in practice or game suspensions.
- I agree that if I fail to abide by the aforementioned rules and guidelines (Codes of Conduct), I will be subject to disciplinary action that could include, but is not limited to the following:
 - Verbal warning by official, head coach, and/or head of the organization
 - Written warning
 - Game and/or practice suspension with written documentation of incident kept on file
 - Parental/player season suspension