

Dear Parent/Guardian

In recent years, there has been a significant amount of research performed concerning sports-related concussions in student-athletes. Schoolcraft Memorial Hospital is committed to the health and safety of the student-athletes and has partnered with St. Francis de Sales. This partnership will allow Schoolcraft Memorial Hospital to provide **optional** yearly ImPACT testing for our athletes *12 years and older*.

ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is a research-based software tool utilized to evaluate recovery after a concussion is suspected. ImPACT is currently being utilized by many professional, collegiate, and school sports programs throughout the country. The exam is used to properly diagnose and manage concussions.

The test is non-invasive computerized exam which is set up in a video game format. The test takes approximately 25 minutes to complete. It tracks information such as memory, reaction time, speed, and concentration. Essentially the ImPACT test is a preseason physical of the brain, it is not an IQ test.

**Did you know, there is not a 3 concussions and you are out of sports rule?** If an athlete experiences a head injury and a concussion is suspected, the student will then retake the test. Both the baseline test and the post injury test data will be evaluated by the student's Healthcare Provider of choice or our ImPACT team. Through this process these healthcare professionals will determine when return to play is safe for the injured athlete.

Schoolcraft Memorial Hospital and St. Francis de Sales are continually striving to keep your athlete's health and safety at the forefront of any athletic experience. We are excited to use the ImPACT program as it will provide us with the best available means of managing concussions and preventing potential brain damage that can occur with multiple concussions. Testing will be held at **St. Francis de Sales on September 21.** All athletes must have a completed permission slip and have appropriate signatures before any ImPACT testing can be performed.

Please contact Jessica Rochefort NP-c at 906-341-3200 ext 1877 for any questions

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#### PERMISSION SLIP

##### Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read and understood the above information and give permission for my son/daughter to participate in the Impact Concussion Management Program

Printed Name of Student \_\_\_\_\_ Age \_\_\_\_\_

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Gaurdian \_\_\_\_\_ Date \_\_\_\_\_