



The Austin Royals Christian Athletics (ARCA) Coaching & Volunteer Responsibilities Participation Requirements

BACKGROUND CHECK

Coaches must complete and have an approved background check completed before their first practice.

COACHING CODE OF CONDUCT

Coaches shall send an email to all families on their team at least two weeks before the first practice introducing themselves, their connection to the Royals, a bit about their spiritual life, their motivation for coaching during the present season, and their coaching philosophy.

Coaches shall include a parents and players meeting date (about one week prior) before their first practice to introduce themselves in person, give an overview of the season, and share their expectations and goals for the season.

Unless already provided via web, text, or other forms of communication, Coaches shall email parents and players a weekly overview with game times, arrival times, locations, practices and any other updates by Saturday evening. Try to limit it to one email with all weekly updates.

Coaches shall set specific expectations and consequences with their teams in advance and in writing keeping in mind the need to be consistent throughout the season.

Coaches shall remember that we are a competitive sports organization who values every member of our team. The Royals not only focus on striving for excellence in our skills, but we are also mentors to encourage Christ-like character development.

Coaches shall plan their practices before arrival. If leading several coaches in practice please share an outline of your plan with assistants. If you plan to have other coaches lead an area of practice please let them know in advance.

Coaches shall lead or guide teams in an opening and closing prayer time each practice and game. Coaches shall lead or guide teams in a 10-minute devotional/Bible study for each practice reflecting our core values. Please major on the majors of our faith to maintain unity.

Also, keep in mind that our time is limited so hold up the name of Christ, but keep it short and sweet so our athletes hear the point of our message. As an alternative, coaches, if certified, may lead or have a student lead Team Huddle devotional's once per week as outlined by the Fellowship of Christian Athletes (FCA).

Coaches shall make certain each player knows our Royals verse, 1 Peter 2:9. It is suggested the team should recite it together at the end of each practice to remember who we are and what we stand for.

Coaches shall work hard to start and end practices on time, but work together to extend grace when another coach needs your help. Please communicate when you need another coach's support.

Coaches shall lead or guide teams in at least one team devotion during tournaments. Limit meeting to not more than one hour. Make certain players have at least 9 hours for sleep.

Coaches shall follow concussion protocol and require a doctor release with concussions. Send a snapshot of the release to your PD and the board chairman.

Coaches shall reply to any emails, phone calls or texts from parents, players or other coaches within 48 hours. If you are busy just state when you will contact them. If there is a heated issue please honor a 24-hour cooling off period before responding with a meeting time with another coach or PD present. Always let your PD know of any concerns and how you will follow up. Let your PD know the outcome.

Coaches shall look out for their fellow coaches and be willing to help when able. If you detect another coach is struggling go to them directly to gently voice your concerns and tell your PD. Use our Matthew 18 model to approach with brotherly/sisterly love with the hope of restoration. Don't ignore concerns.

Coaches shall not meet alone in a room with a parent or player. Always remain in open spaces or ask another coach to sit in so that we might be above reproach in appearance.

Coaches shall not receive payments so they can focus on their coaching role. If any money needs to be collected for any reason appoint a responsible adult (like a team parent.) Tuition and other fees shall be given to the registrar or mailed. Coaches shall make sure to have parents keep scorebooks and scoreboards during games. A responsible parent should be appointed to help.

Coaches shall always have an assistant on the bench to help with players.

Coaches shall ensure all jerseys and equipment are assigned and accounted for each season.

A responsible parent should be appointed to help. Coaches shall organize or appoint a parent to plan a team gathering within two weeks of the last game of the season.

Coaches shall edify and honor each player during the final meeting. Awards may be given on merit and/or character. Always include one player with "The Most Christlike" Award. This is your chance to recap the season.

Coaches shall prepare and limit their presentation to 3 minutes at the annual Royals Celebration Night. A prepared video overview of the season, highlighting each player is highly recommended.