

## **Illinois West**

### **2024-2025 Playing Rules & Regulations**

- All USA Hockey Rules Apply unless otherwise noted below.
- All AHAI rules apply unless otherwise noted below.

#### **Game Play Rules**

- All Varsity games shall consist of three (3) 17-minute periods. All Junior Varsity games shall consist of three (3) 15-minute periods.
- Standings points shall be determined based on Three (3) points for a win in regulation time. Games that end in a tie at the end of regulation will go to a 5 minute, 3 on 3 sudden death overtime. If still tied there will be a sudden death shootout. The winning team will receive two (2) points while the losing team in the overtime/shoot-out will receive one (1) point.
- All Varsity games shall have a 4-man referee system. All Junior Varsity shall be a 2-man system. A Varsity game maybe played with a 2-man or 3-man system as an exception when IOHA sets that specific game in that way.
- The home team supplies the pucks for both teams for warm-ups.
- There will be no ice cut at the JV level.
- (Varsity) If a game is started on a clean sheet of ice an ice cut shall take place between the 2<sup>nd</sup> and 3<sup>rd</sup> period. Games that start on a used sheet of ice the ice cut will take place between the 1<sup>st</sup> and 2<sup>nd</sup> periods.
- If there is a 5 goal or more differential beginning the 3<sup>rd</sup> period or anytime during the 3<sup>rd</sup> period, there will be a running clock. The clock will continue running time for the duration of that game regardless of any further goals scored by any team. Penalty times shall be the same as for stop time. There are NO EXCEPTIONS.

### **Additional Illinois West specific rules**

- All players, coaches and parents must sign a Zero tolerance policy agreement before the 1<sup>st</sup> season game is played.
- Any game misconduct penalty obtained in a WEST game must be served in a WEST game.  
If a team receives 12 penalties in a game, the Head Coach of that team shall be suspended for the next Illinois West game of that team. If the infraction occurs a second time during the same season (including playoffs) the Head Coach shall be suspended for the next two (2) Illinois West games of that team. If the same infraction occurs a third time during the same season, the Head Coach shall be suspended until a hearing before the Division's Board of Directors.

## **Additional Illinois West specific rules cont.**

- A player receiving 4 penalties of any duration during a game shall be automatically suspended for one game. A player who accumulates 4 penalties in a game a second time will be assessed an automatic 2 game suspension in addition to the balance of the game in which the penalties occur. A third 4 penalty game by the same player in the same season will cause automatic suspension from the Illinois West League for the balance of both the regular and playoff season. These suspensions are in addition to any suspensions accumulated under the regular USA Hockey/AHAI Playing Rules.
- If a coach receives a Zero Tolerance Penalty during a game and receives a game misconduct, Illinois West will issue a 3-game suspension. A second Zero Tolerance Penalty resulting in a game misconduct in a season will require the coach to meet with the Illinois West Board of Directors before the next league game.
- All suspensions given in Illinois West game must be served in the next Illinois West game(s). If there is another practice or tournament game before the suspension has been served in the number of Illinois West games required under the suspension, these additional games would require that the player/coach to serve the required USA Hockey/AHAI suspensions.
- Illinois West reserves the right to review the penalty to determine if any circumstances can be considered resulting in an increase or decrease in the suspension.
- Permanent suspension of a player from the Illinois West Division may be affected if it is determined that he/she has maliciously and/or intentionally damaged any property or parts thereof of any facility.
- The Board of Directors of Illinois West shall have the authority to discipline any member player, team, or coach at its discretion.
- Any fight during the handshake line may result in supplemental discipline by the Illinois West Board to the Head Coach(s) and or Player(s) involved. A minimum of one game for all players involved and their respective head coach shall be added to any USA Hockey and/or AHAI penalties arising from the incident.
- **All players must participate in 60% of their teams total league games to be eligible for the WEST playoffs. Any team wishing to question a player's eligibility must be done from head coach to head coach. If and only if the head coaches are unable to resolve shall the Illinois West Board get involved and decide on a player's eligibility.**
- Specific playoff rules shall be set prior to the end of season.

**Illinois West reserves the right to modify these rules at any time. No modifications shall take place without notice to all member clubs.**

## Double rostered players

For the 2024-25 season Illinois West will allow double rostered players from AA and house players, **no AAA players**. A complete list of all double rostered must be sent to Illinois West prior to your first game. We need what team they double roster with for tracking. **It's the head coach's responsibility to make sure all players are correctly marked on the scoresheet. Players not at the game need to be marked correctly as sitting out, injured, or suspended.** If you mark a double rostered player injured, we expect a follow up email explaining why. **Failure to mark a player correctly on the scoresheet could result in a forfeit and or suspension for the head coach.** Any discrepancies around an ineligible player should be delt with between the head coaches. **If there is still a question about eligibility, then the Illinois West Board should be contacted by the head coach or hockey director only.**

Illinois West rules and ethics will monitor DR player attendance during the season. The data will help us in determining the future percentage for playoff eligibility.

## Dual Rostered players

- High School players may be dual rostered meaning they appear on more than one roster within the same High School Affiliate Organization.
- Dual rostered players must be on the team's official roster to participate with the team.
- A player may only dual roster up to a team one level higher. (Example - They may allow a player to be dual rostered between two teams by rostering a player from a team 1 (one) level below such as JV2 to JV1, or Varsity 2 to Varsity 1, or JV to Varsity.)
- The player must carry the designation of their primary team on both Official USAH Rosters. When placed on a second roster, they must carry the same primary team designation on the team to which they are dual rostered.
- The dual rostered players may play up in 9 league games on the non-primary team. Once they play in a tenth league game, it will lock that player to the non-primary roster for all games for the remainder of the season. They may not return to the lower- level team for ANY games, including all league and non-league, practice, scrimmage, or tournament/showcase games including the State Tournament.
- Any team playing and/or dressing an ineligible player will forfeit each game in which the ineligible player played or dressed. The game will be recorded in the Illinois West's standing as a

loss and the offending team's goals and assists will be deleted from the standings.

- Any coach knowingly playing a suspended and/or ineligible player will receive an automatic expulsion from Illinois West games for the balance of the Regular and Playoff season.
- **For playoffs only**  
If you wish to play a dual rostered JV player in a Varsity playoff game, you will need permission from the Illinois West board prior to the game.

## **Illinois West overtime rules**

### **Regular season, Round Robin, and McKeague Semifinals, West Cup Quarterfinals and Semifinals games that end in a tie after regulation.**

1. Regular Season - 3 on 3, 5-minute running clock sudden death overtime period will be used to determine a winner. Overtime is running clock except for Injuries and penalties; clock will restart with puck drop and remain running.
2. Play-offs – 3 on 3, 10-minutes running clock sudden death overtime period will be used to determine a winner. Overtime is running clock except for Injuries and penalties; clock will restart with puck drop and remain running.
3. If after the sudden death overtime, the game is still tied, a sudden death shoot out will take place. The home team has the choice to shoot first or last.
4. Overtime/Shoot-out winner shall receive two (2) points for the overtime/shootout win. The team losing the overtime/shootout shall receive one (1) point.
5. No player in the penalty box at the end of regulation may play in overtime until the penalty is fully served. Any player in the penalty box at the end of the overtime may not participate in the shootout.
6. No player may shoot twice until all eligible players have shot.

### **All West Cup finals games and McKeague Cup Championship games that end in a tie after regulation.**

1. 5 on 5, 17-minute sudden death overtime period will be used to determine a winner. Overtime is running clock except for penalties and Injuries.
2. If after the first sudden death overtime, the game is still tied, sudden death 3 on 3 -17- minute periods will continue until there's a winner. Overtime is running clock except for Injuries and penalties; clock will restart with puck drop and remain running.

## **Tie breakers for all rounds!**

Standings points shall be determined based on Three (3) points for a win in regulation time. Games that end in a tie at the end of regulation will go to a 5 minute, 3 on 3 sudden death overtime. If still tied there will be a sudden death shootout. The winning team will receive two (2) points while the losing team in the overtime/shoot-out will receive one (1) point.

1. Points
2. Wins
3. Points in head-to-head games between tied teams.
4. Wins in head-to-head games between tied teams.
5. Goal differential in head-to-head games (max. of 5) between tied teams.
6. Least Goals allowed in all seeding games.
7. Least Penalty minutes in all seeding games.
8. Coin flip!
  - For tie breakers involving 3 or more teams once a tie is broken the process starts over to break the remaining tie or ties.

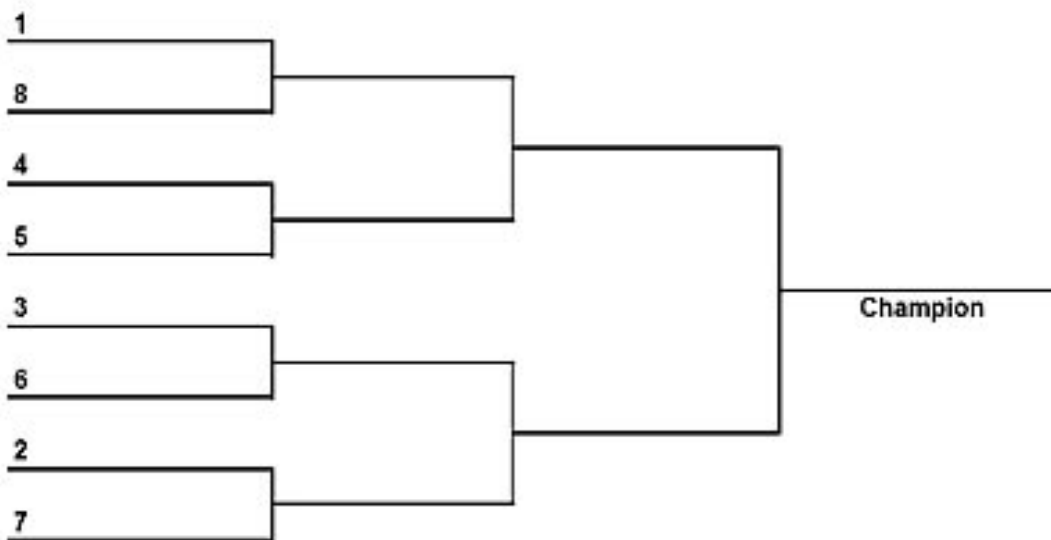
## **Regular Season Games**

The regular season will consist of 26 games depending on the number of teams in the league. A lottery system will be used to decide what teams will play each other during the regular season.

# Playoffs

Varsity and JV will be split based final standings 1-8 and 9-16

**Top 8 playoff (West Cup) Varsity and JV All Series will be best of 3**  
Higher seed has 2 home games, lower seed 1 home game in each series.



## Bottom 8 playoff (McKeague Cup) Varsity and JV

A	Game 1	+	Game 2	+	Game 3	Total
9		+		+		
12		+		+		
13		+		+		
16		+				

B	Game 1	+	Game 2	+	Game 3	Total
10		+		+		
11		+		+		
14		+		+		
15		+				

Teams in Pool A and B play a 3-game round robin.

The top 2 from each pool advance to McKeague Cup Semis (1 game).

A first place vs. B second place

B first place vs. A second place

Winners advance to McKeague Cup Championship (3 games)