



ICE TIME POLICY

Adopted December 6th 2023

Amended July 2nd 2025

It is the policy of the Iron Range Hockey Association (IRHA) that all registered players are to practice and play games within their respective USA Hockey Level and with their respective teams. Goaltenders are allowed to skate up or down one level if the coach of the upper/lower level needs an extra goalie for his/her practices. If there is more than one goalie available at the level the coach must rotate between all goalies.

Specially sanctioned events are an exception only if written and applied for as such by the Board of Directors of the IRHA.

Non-USA Hockey Registered players and coaches are not permitted on IRHA scheduled ice.

Starting in December each year players will be directed to skate up or down, or stay at the same level, based on ability and determined by the head coach, during IRHA ADM practices. Higher skilled players shall skate up to increase skill development, middle players shall stay at the same level, and the lower skilled players shall skate down a level to further increase their development. The intent of this is to further increase the skills of the players within the IRHA. IRHA will sponsor all ADM ice starting in December. LTS participants are not able to participate in the IRHA ADM practices.

Any IRHA player who skates on non-approved ice time will be pulled from their next scheduled ice time practice for the 1st violation. The 2nd violation will result in the player losing at least one week of ice time until the IRHA Board reviews the incident.

Any violations can be reported to that level's board liaison or a board member.