

**Champlin Park Youth Hockey Association** 

## **Introduction to Traveling Hockey Meeting**

September 17, 2025

### **Squirt Coordinators**

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### **Cost Breakdown**

Same for all Squirt teams, covers: all practice ice, district games and playoffs, 3 tournament entry fees, team jerseys, outside coaching resources, team equipment, etc.

Registration	Ice Fees	Volunteer Check
\$320	\$950	\$500(only cashed if hours/fees not met)

Team fund: each team will have a fund used for various costs(scrimmage refs, gear, player gifts, parties, etc.) - \$100-\$200 for the season



### **Traveling Tryouts - Overview**

#### **Overview**

- Try to put kids together with like abilities so they can succeed
- A Pool & General pool formed after Sunday skills sessions
- Conducted by paid outside evaluators Travel committee facilitates
- Levels this year: Squirt A, B1, B2, & C
- No spectators in arena for tryouts (Exception A pool Outside Scrimmages)
- Tryout dress code
  - We will provide reversible tryout jerseys
  - No colorful skate laces, no non-CPYHA helmet decals, CPYHA colored matching socks
- Players may move down from A to general pool
- Remember Players Jersey #
- Remember to bring volunteer checks on first day
- Check website daily



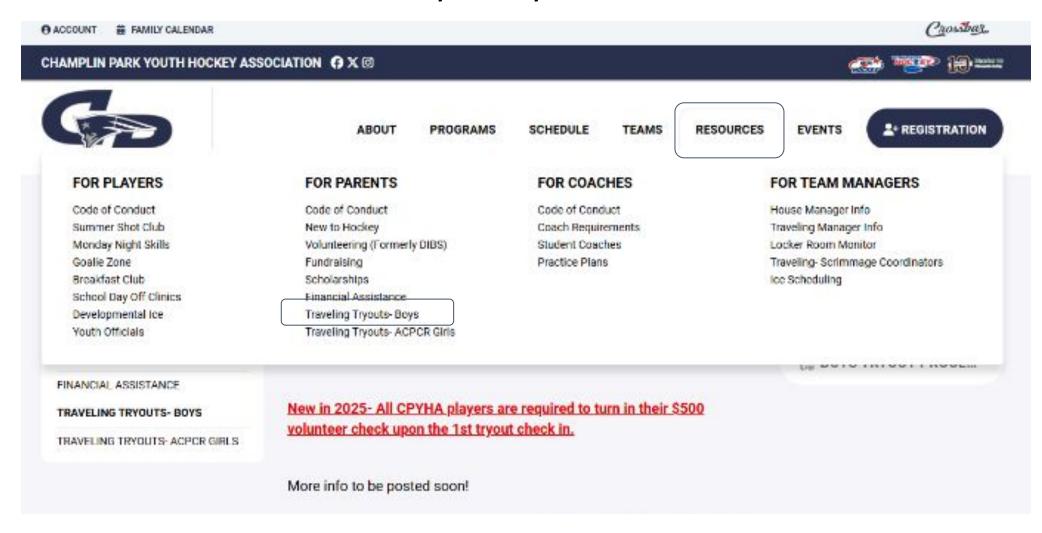
# **Traveling Tryouts – Squirt Schedule**

Day	Group/Skaters	Time/Location(CIF unless listed)
Saturday(9/27)	Goalies Only (Skills)	5:45-6:45 PM
Sunday(9/28)	Skaters Only(Skills) – 2 Groups	8-9 AM 9:15-10:15 AM
Monday(9/29)	Squirt A Pool(internal scrimmage) GENERAL POOL OFF	6:30 – 7:45 PM
Tuesday(9/30)	OFF DAY	
Wednesday(10/1)	Squirt A Pool(Internal scrimmage) GENERAL POOL OFF	6:30 – 7:45 PM
Thursday(10/2)	Squirt General Pool(Internal scrimmage) Squirt A Pool(External Scrimmage)- open to parents	8:45 – 9:30 PM 5:30 -6:30 @Forest Lake
Friday(10/3)	Squirt A Pool(external scrimmage) - open to parents GENERAL POOL OFF	7:15 - 8:15 vs. Forest Lake
Saturday(10/4)	Squirt General Pool(internal scrimmage) A POOL OFF	3:45 - 4:45 PM
Sunday(10/5)	Teams Formed, coaches meeting @Sundance	Practices?



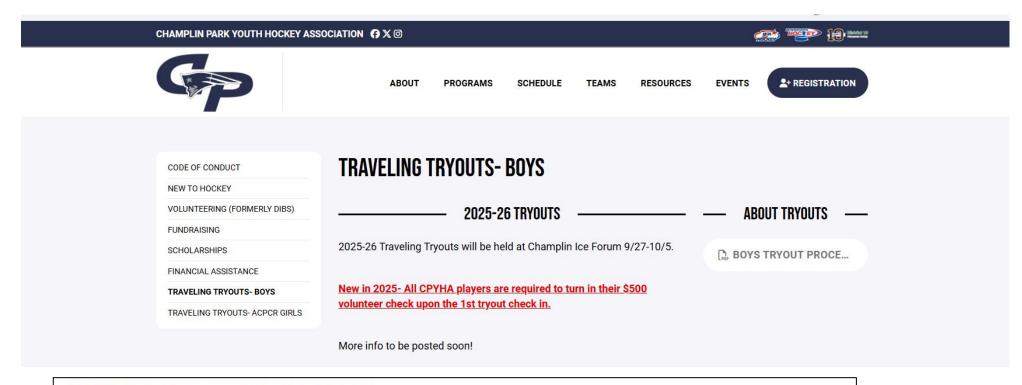
### **Traveling Tryouts**

#### Remember Players Jersey #





### **Check website daily**



#### **CPYHA Tryout Schedule**

Parents are STRONGLY encouraged to check the CPYHA website DAILY due to changes with groups, ice times and jersey colors. Player group assignments may be updated upon the conclusion of each day and posted to the tryout website no later than the start of school the next day (example: After Sunday night, any changes to Mondays groups will be posted by start of school on Monday)



## **Traveling Tryouts(& season) – Player Expectations**

- ✔ Players should carry own bags into and out of rink
- ✓ Players are expected to dress themselves, ideally tie their own skates(help provided if needed)
   -if this is new to your player, they could come dressed
- ✔ Parents are not allowed in locker room or rink to watch.

#### **Season expectations:**

- ✔ Players show up to all games/practices on time, ready to give their best
- ✔ Behave properly while at the rink, if you wouldn't do it at home/school, don't do it at hockey
- ✔ Phones: recommended leave them at home, but NO phones in the locker rooms at any time
- ✔ Be respectful: of coaches, refs, opponents, parents, facilities, teammates



### **Locker Room Monitoring**

#### Locker Room Policy

District 10 adheres to USA Hockey's SafeSport Program as a means to help protect its participants from physical abuse, sexual abuse and other types of misconduct, including emotional abuse, bullying, threats, harassment and hazing. To help prevent abuse or misconduct from occurring in our locker rooms, District 10 has adopted a locker room policy, designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms.

#### Locker Room Monitoring

Locker Room Monitors should conduct a sweep of the locker rooms and changing areas. If the coaches are not inside the locker rooms, then a coach or a volunteer locker room monitors (each of which has been screened) will be posted directly INSIDE of the locker rooms and changing areas during periods of use, and leave the doors open only when adequate privacy is still possible. Only participants (coaches and players), approved team personnel and family members are permitted in the locker room (when appropriate). Team personnel will also secure the locker room appropriately during times when the team is on the ice.

Adult supervisors for the locker room monitoring must follow the screening process in the MN Hockey Handbook, Sexual Abuse, Physical Abuse and Criminal Background Screening Policy. Volunteers MUST be registered as a volunteer with USA Hockey and complete SafeSport training.



#### **Locker Room Rules**

- ✔ Parents/Siblings are not allowed in the locker rooms(unless registration steps completed and coach approved)
- ✓ NO PHONES for anyone. This can lead to fines/suspensions. Zero tolerance policy.
- If you wouldn't do it at school/home, don't do it in the locker room
  - Swearing
  - -Wrestling
  - -Throwing things
  - -Picking on each other

### **Traveling Season**

#### Team Jobs

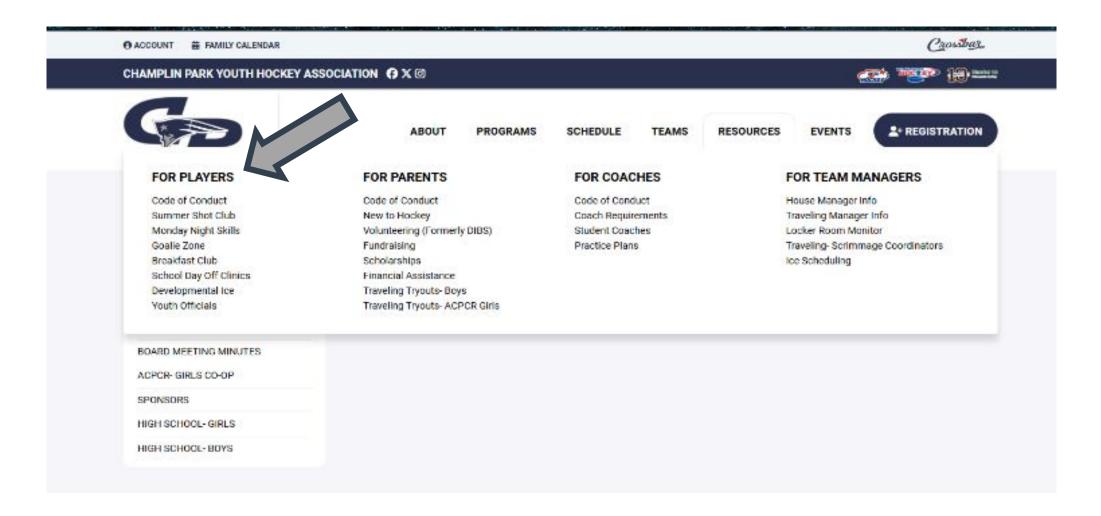
- Head Coach- Exempt
- Assistant Coaches(2-4) 6 volunteer hours
- Manager(1)(cannot be coach spouse) 6 hours
- Treasurer(1) 6 hours
- Scrimmage Coordinator 6 hours
- Locker Room Monitor(up to coach if needed)
- Many other tasks team parties, travel tournament planning, game day needs, practice jersey sponsor etc.

#### **Squirt Season**

- D10 season- 35 games max for squirts
- Games 3 periods, 60 min
- 3 tournaments (1 out of town), plus end of season district tournament
- Game Tasks Team participation (Does not count toward volunteer hours)
  - Home Games Clock, penalty box, Score sheet (IPad)
  - Away Games Penalty Box
  - Usually team manager will assign, unless someone volunteers to do tasks

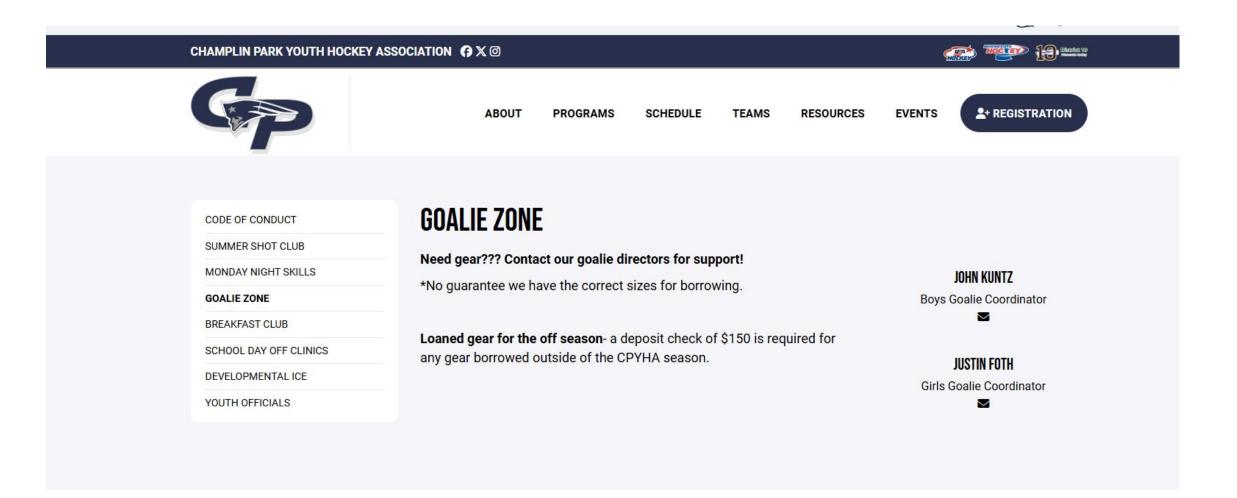


## **Skill Development - Skaters**





## **Goalie Information – Goalie Program**





### Other Information

- Travel Hockey Expectations
   On ice 3-5 times a week

  - -Increased commitment and costs
- -Increased effort level/kids will be pushed out of comfort zone
  -Travel for league games(Princeton, Pine City etc.)
  -Arrive early for ice times, gives coaches a chance to go over plans/game prep
  Evening Skills(through team) Monday Nights (FHIT Hockey/ MEGA Goaltending)
- Morning Skills(individual & optional) Breakfast Club (Kern Hockey) T/TH
- Dryland most teams should have these throughout the year. Includes workouts, positioning, stickhandling/shooting
- Team meetings(first couple weeks of season)
   Team rules & code of conduct

  - Team jobs and roles(if interested in helping work on requirements now)
- CPYHA Website- Bylaws, Handbook, etc. https://www.cpyha.com/about/by-laws-handbook/92289
- 10 Volunteer Hours (4 in concession) per player(max 20 hours per family)



# **Questions – Open Floor**

**GO REBELS!!** 

