

WAYZATA GIRLS



FLAG FOOTBALL

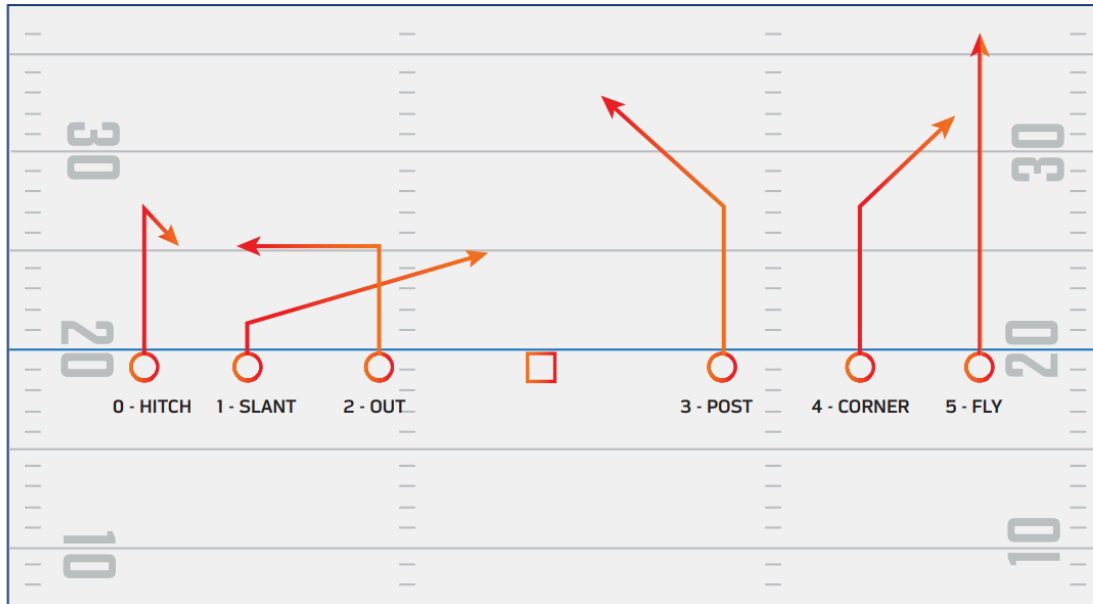
5v5 Flag FORMATIONS and PLAYS (as of 8/27/25)

0-9 “ROUTE TREE” for PASS PLAY assignment recognition FORMATION names

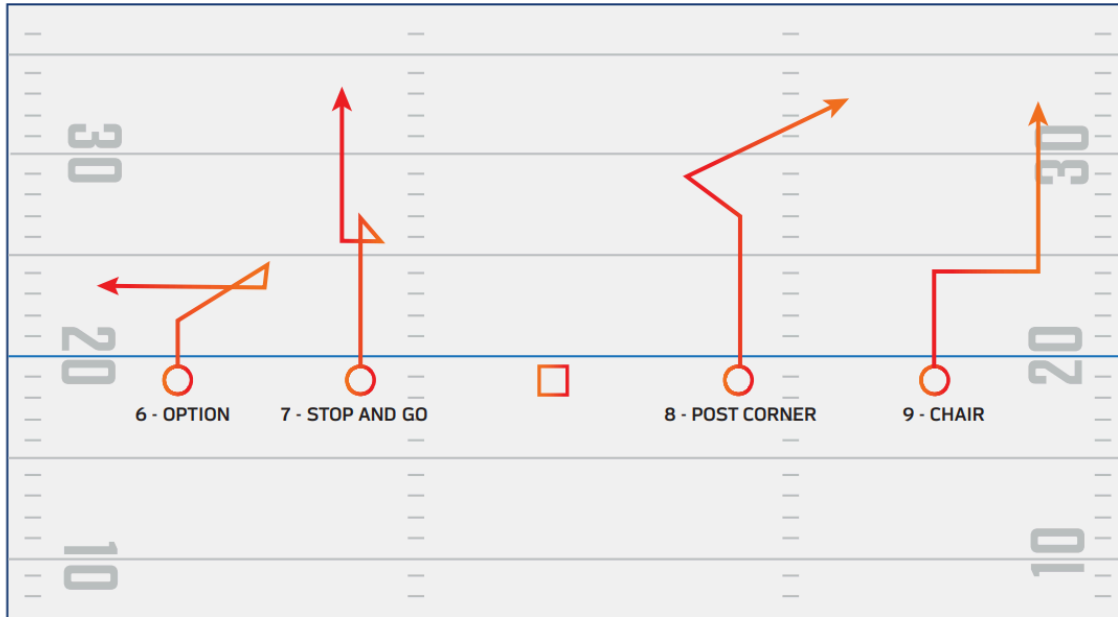
- 1. Single Back**
- 2. Spread**
- 3. Bunch**
- 4. Trips**
- 5. Double Back**

Name or number your “**PASSING Plays**” as you wish.

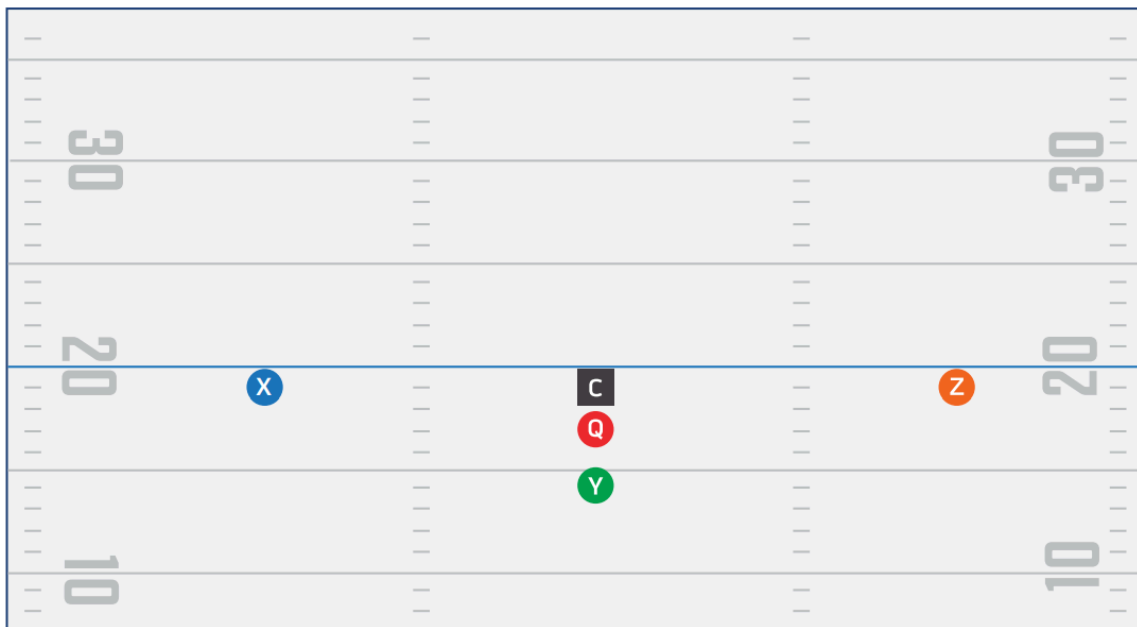
NFL FLAG ROUTE TREE 0 - 5

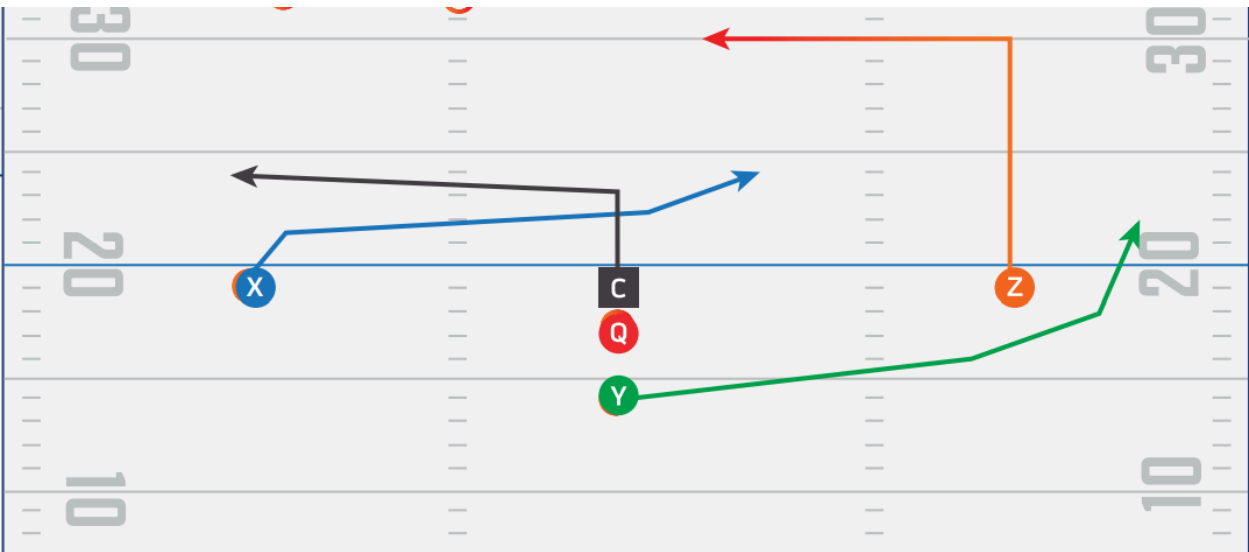
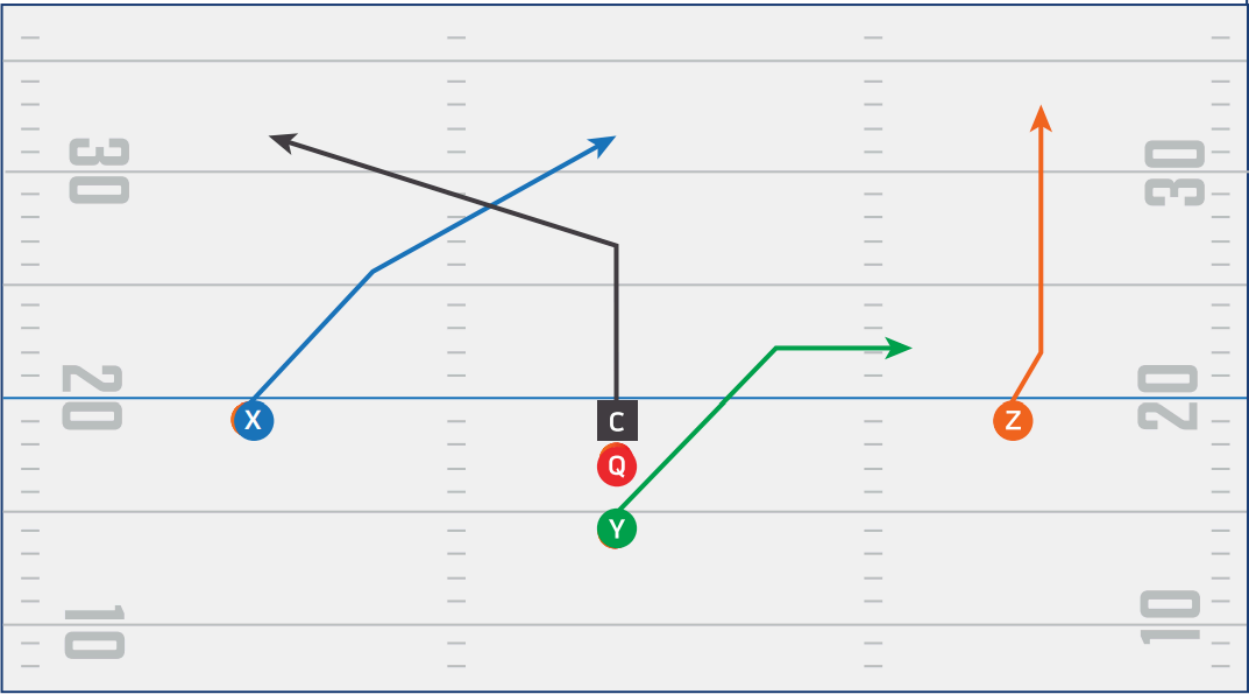


NFL FLAG ROUTE TREE 6 - 9

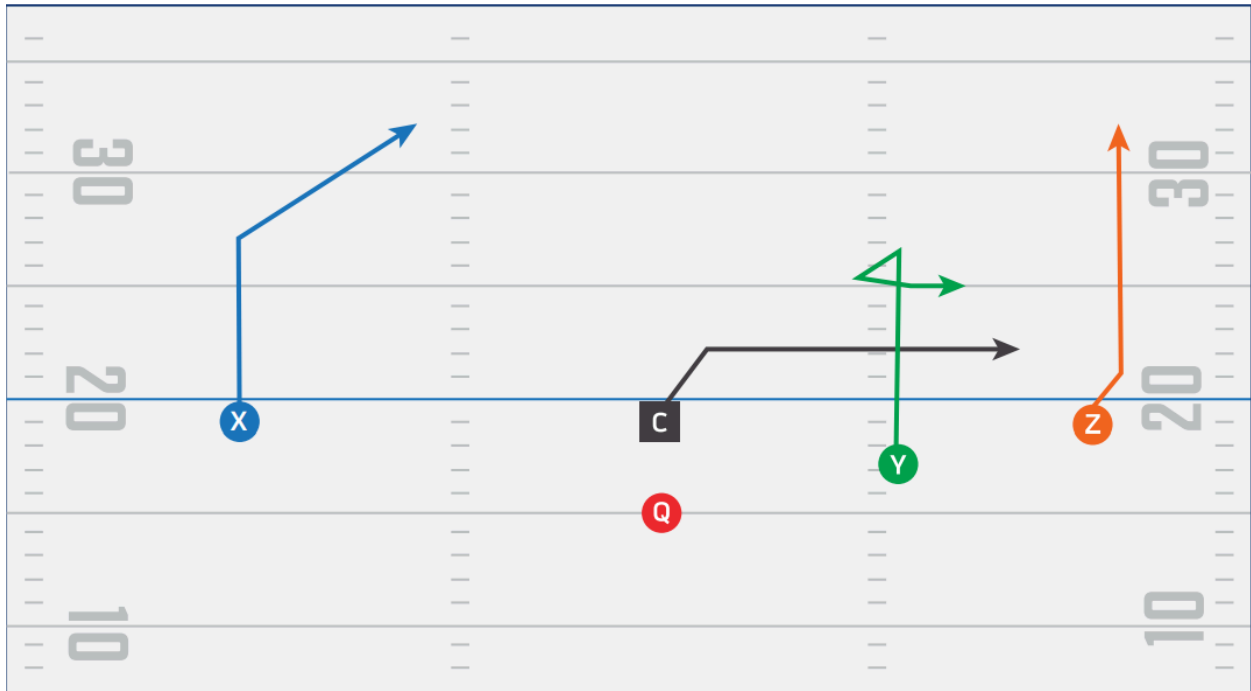
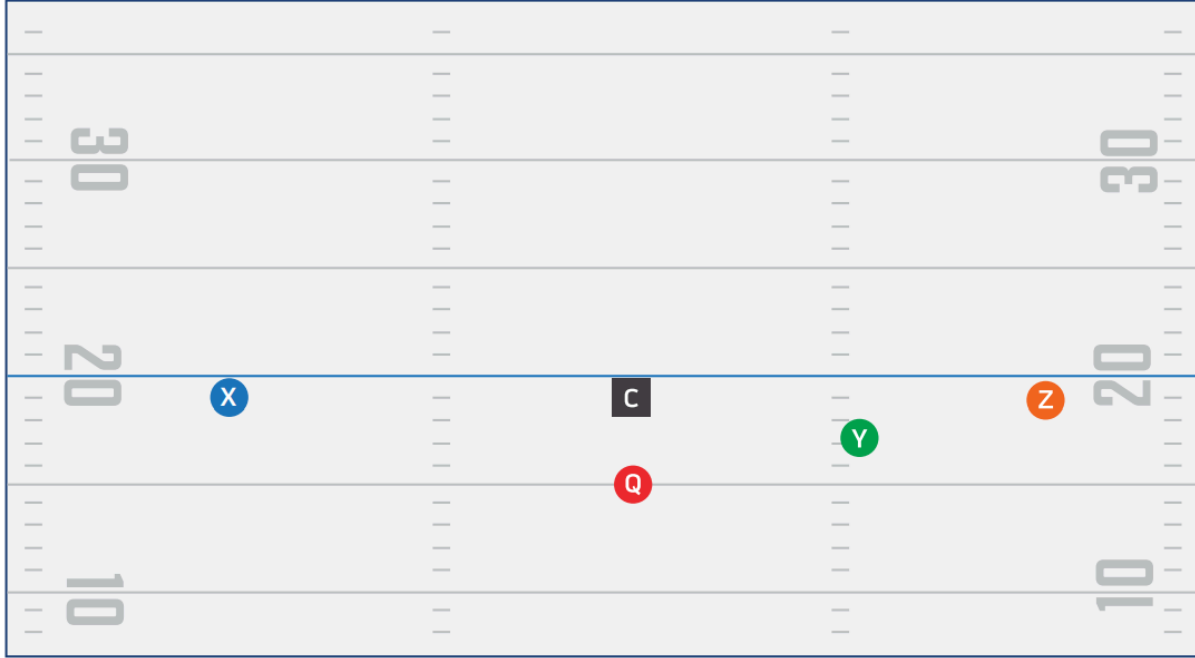


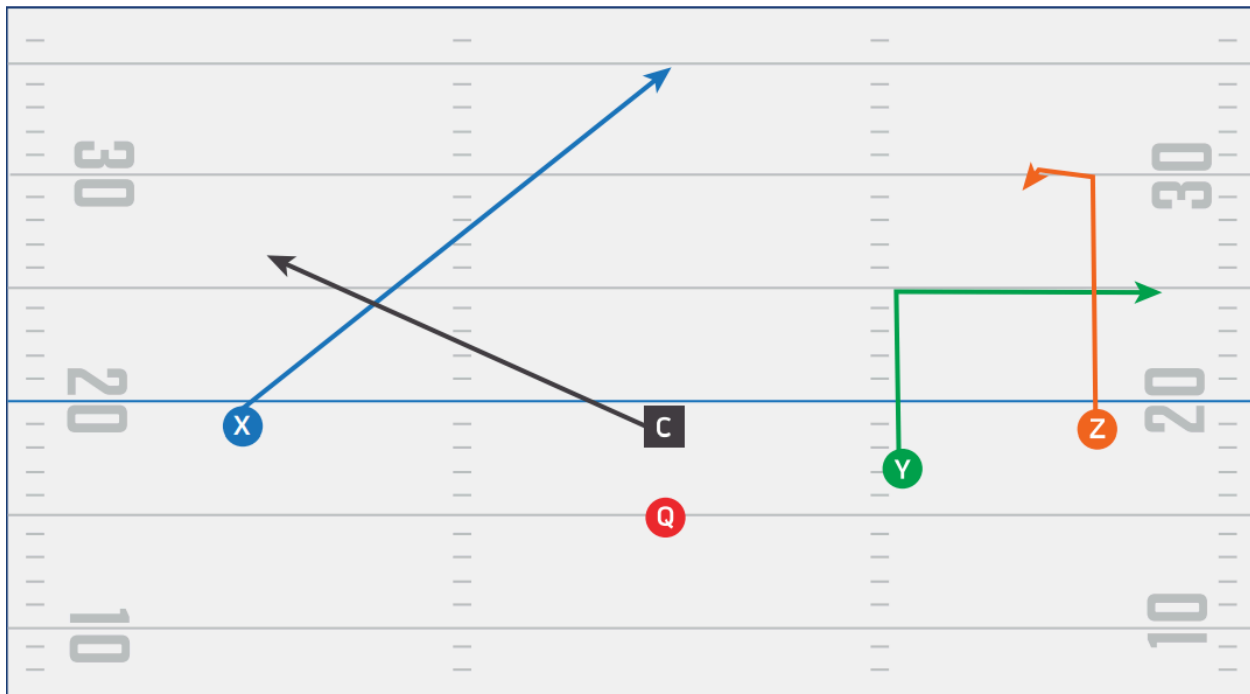
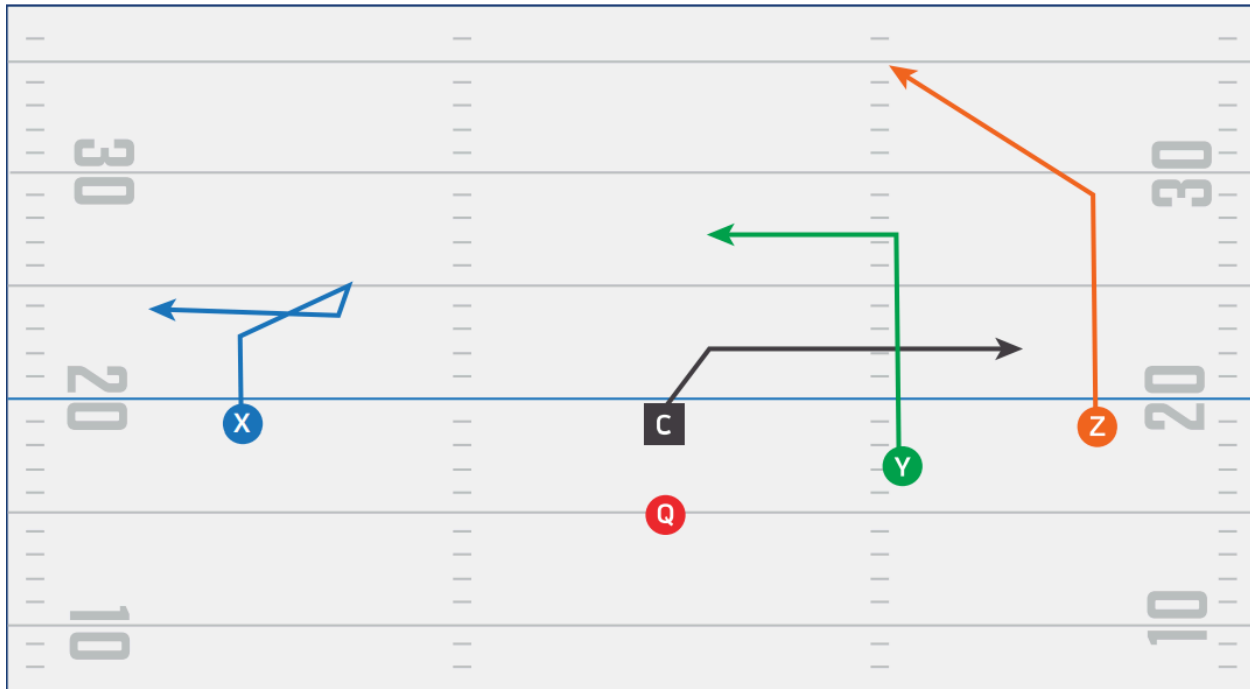
SINGLE BACK



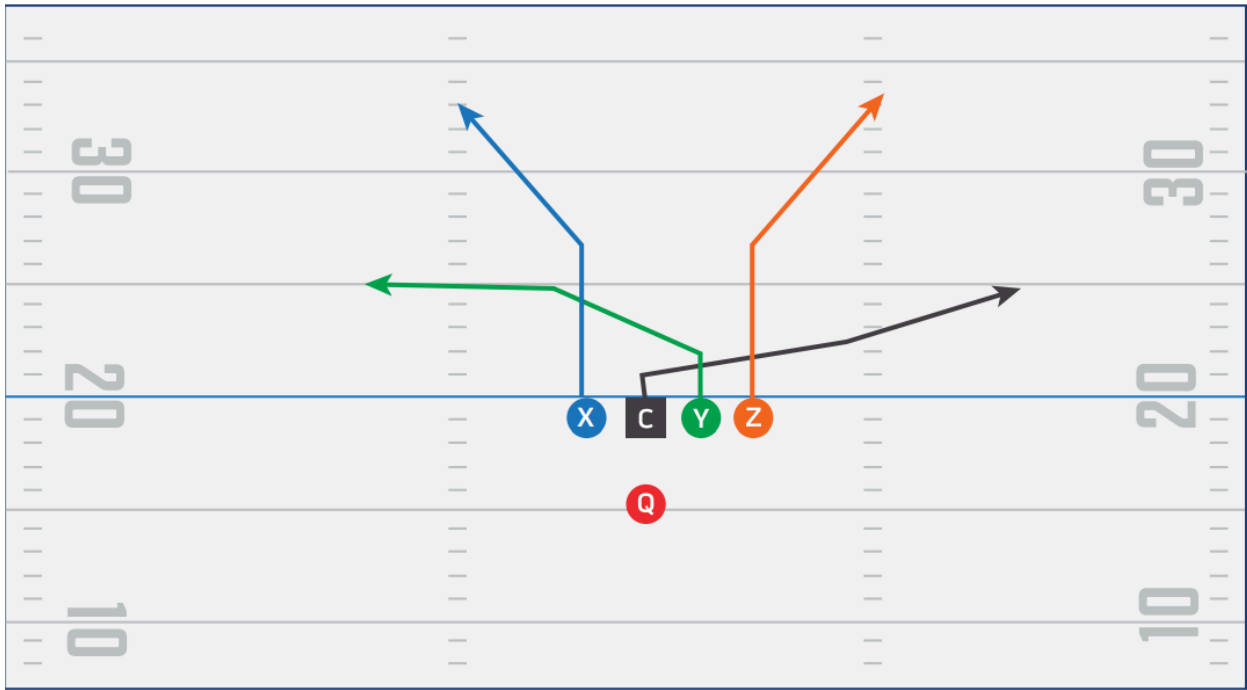
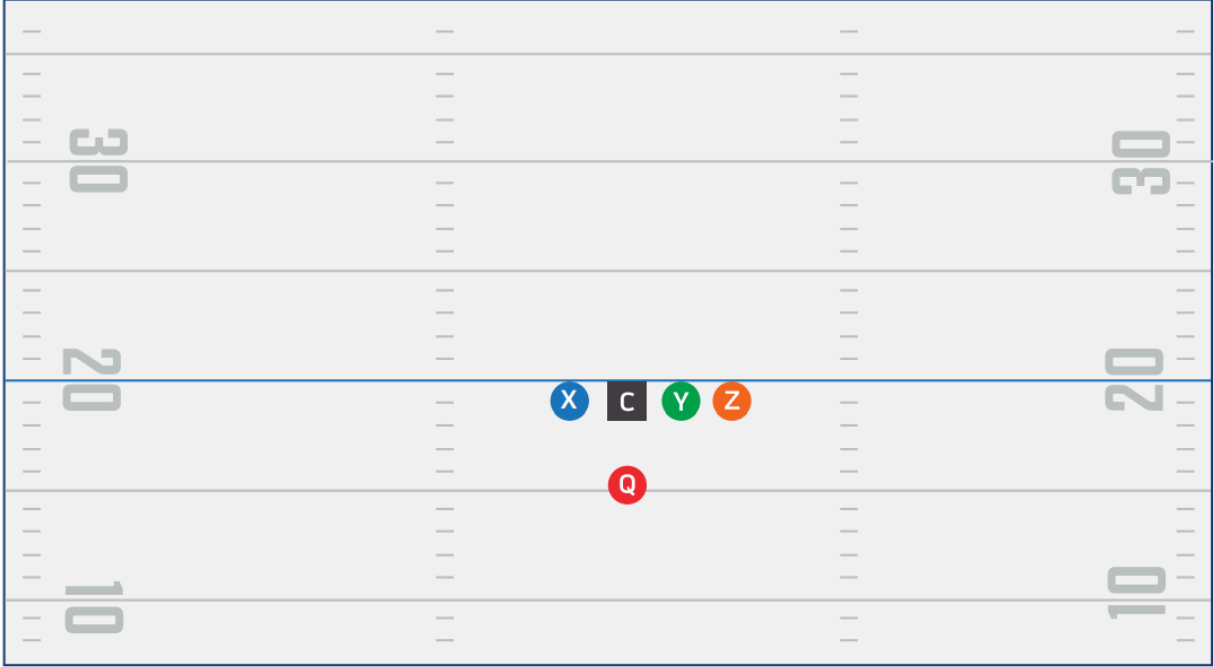


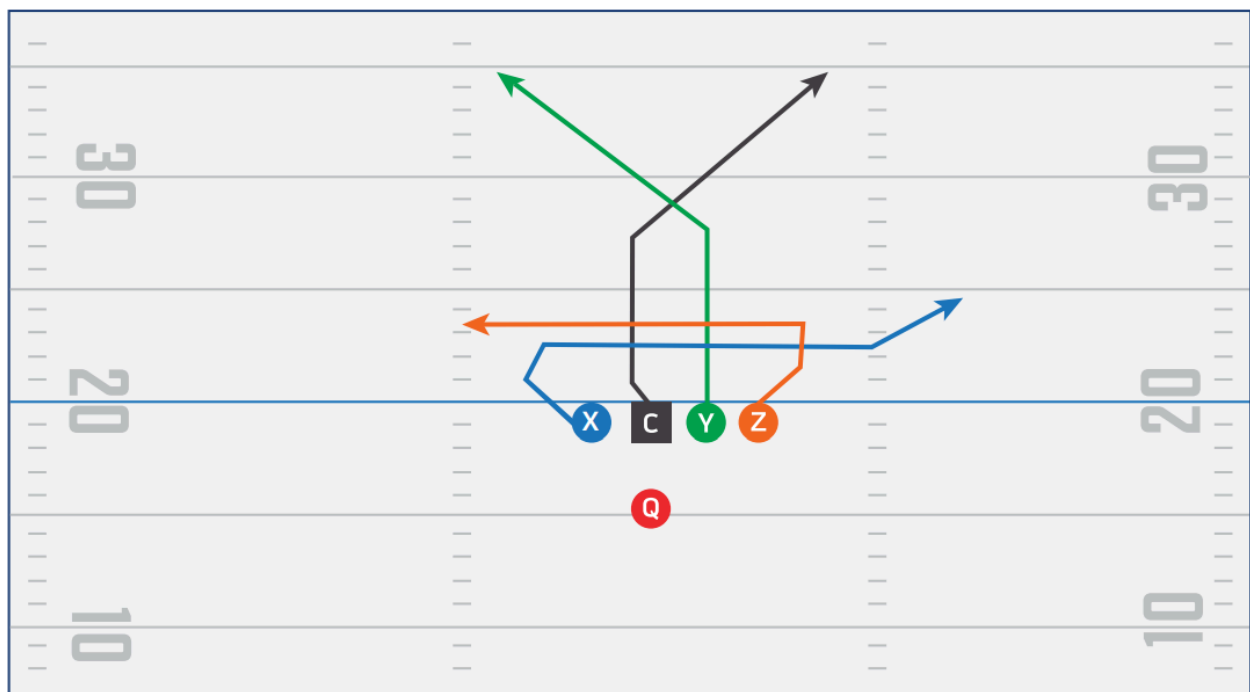
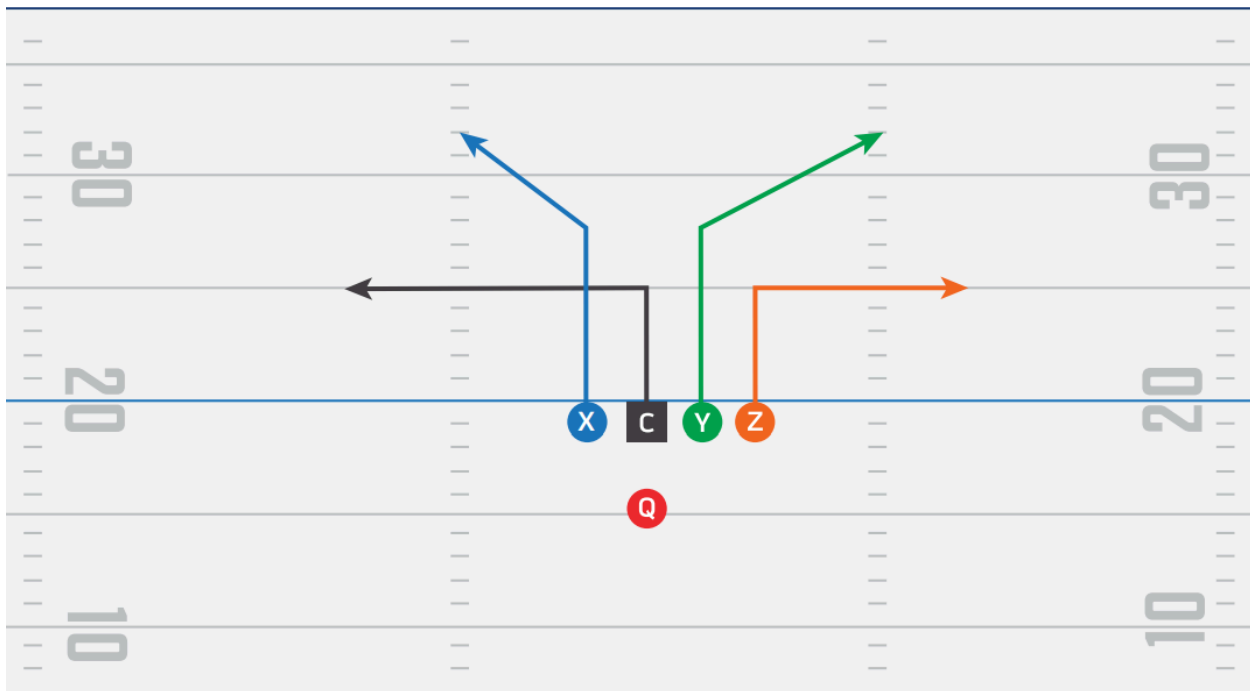
SPREAD



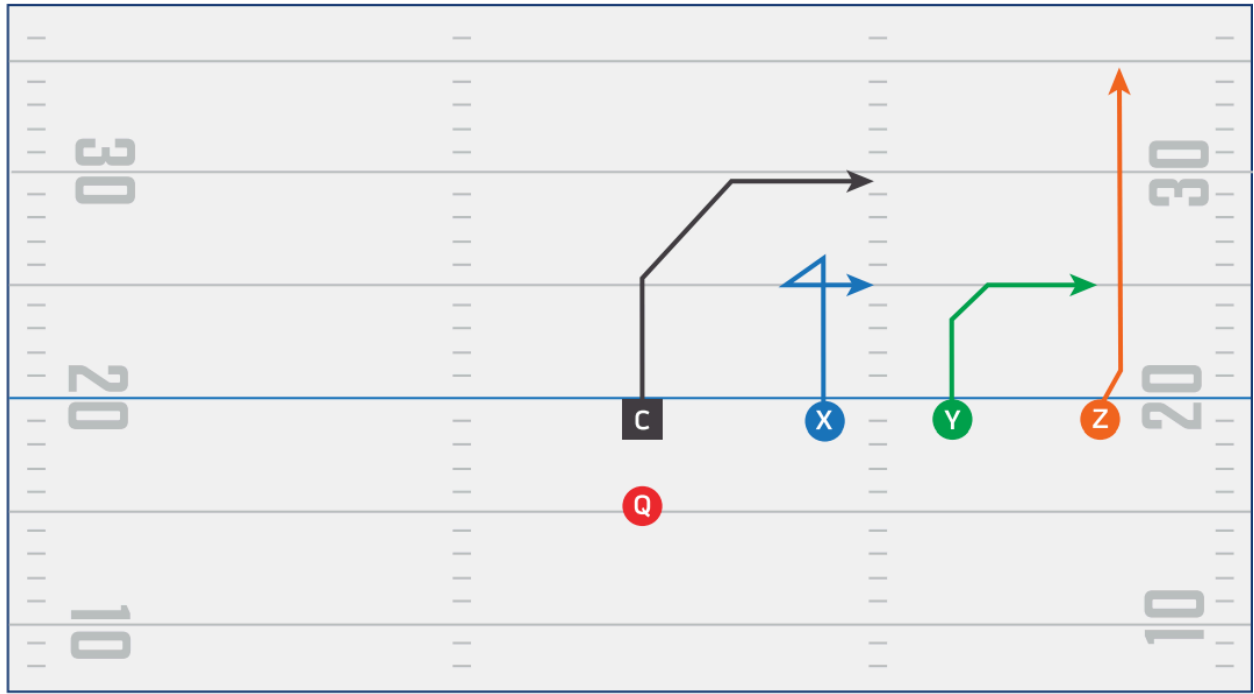
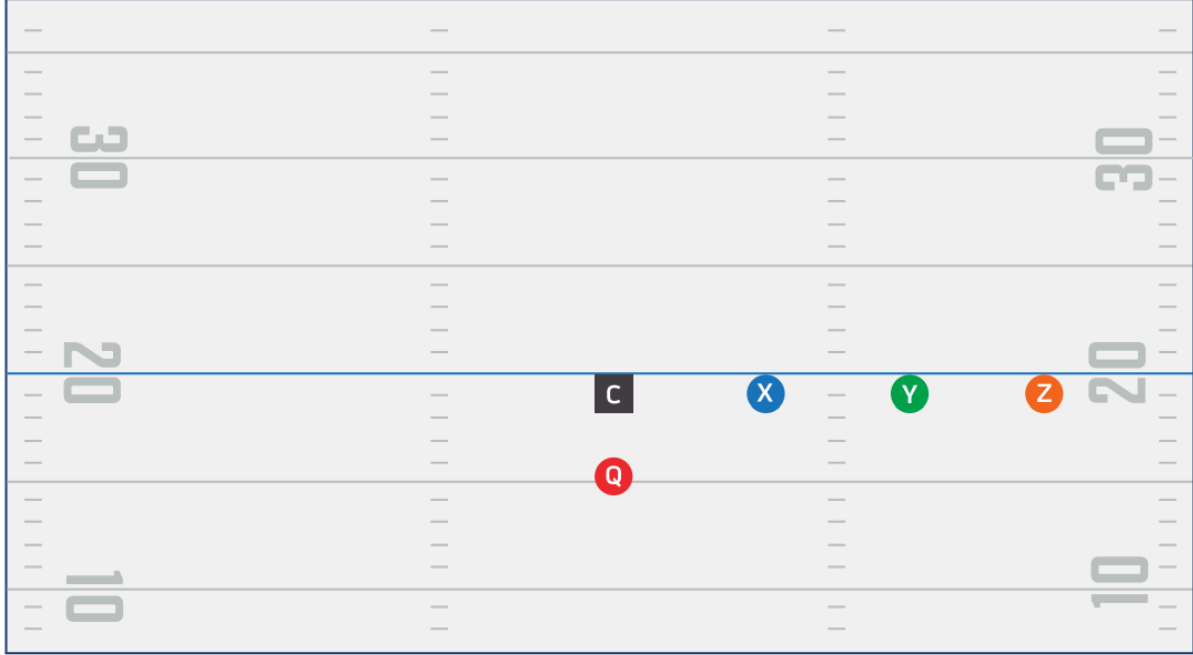


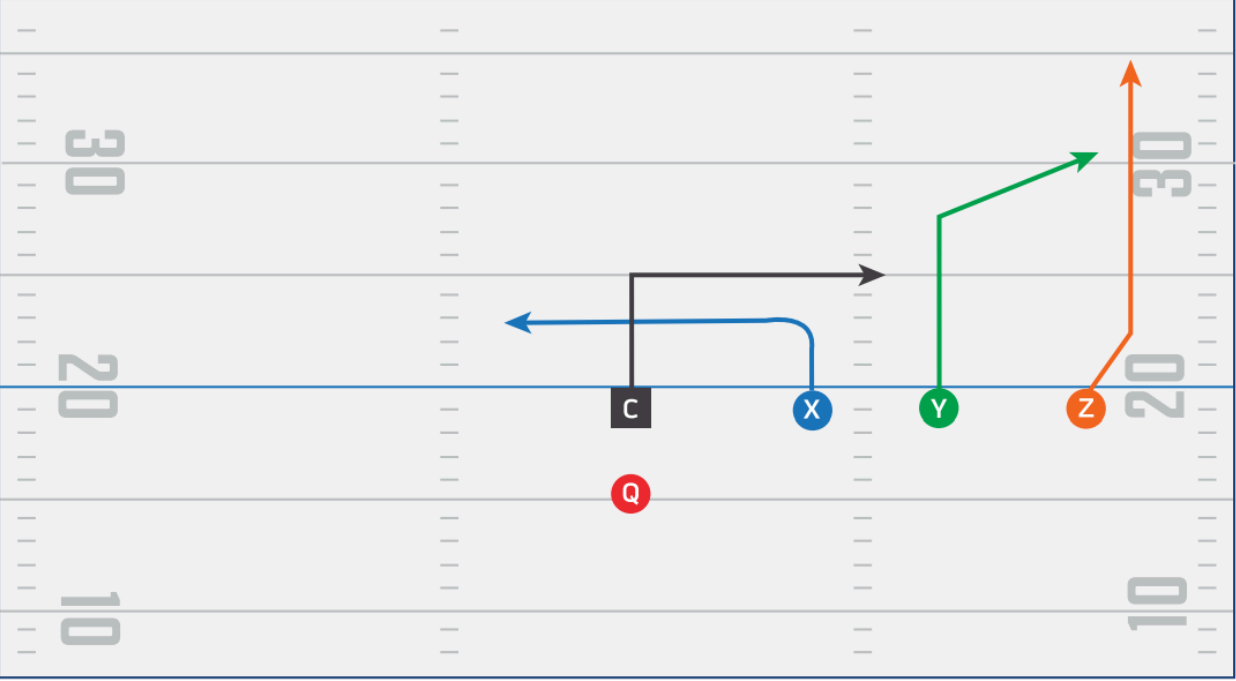
BUNCH



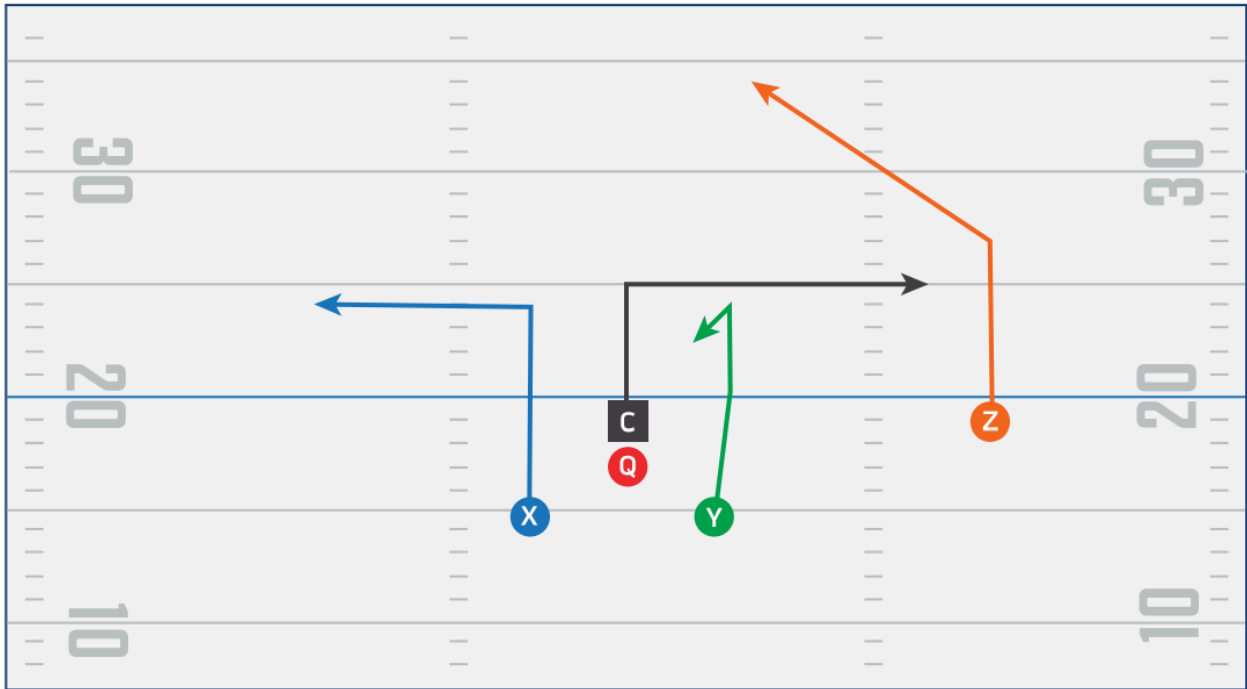
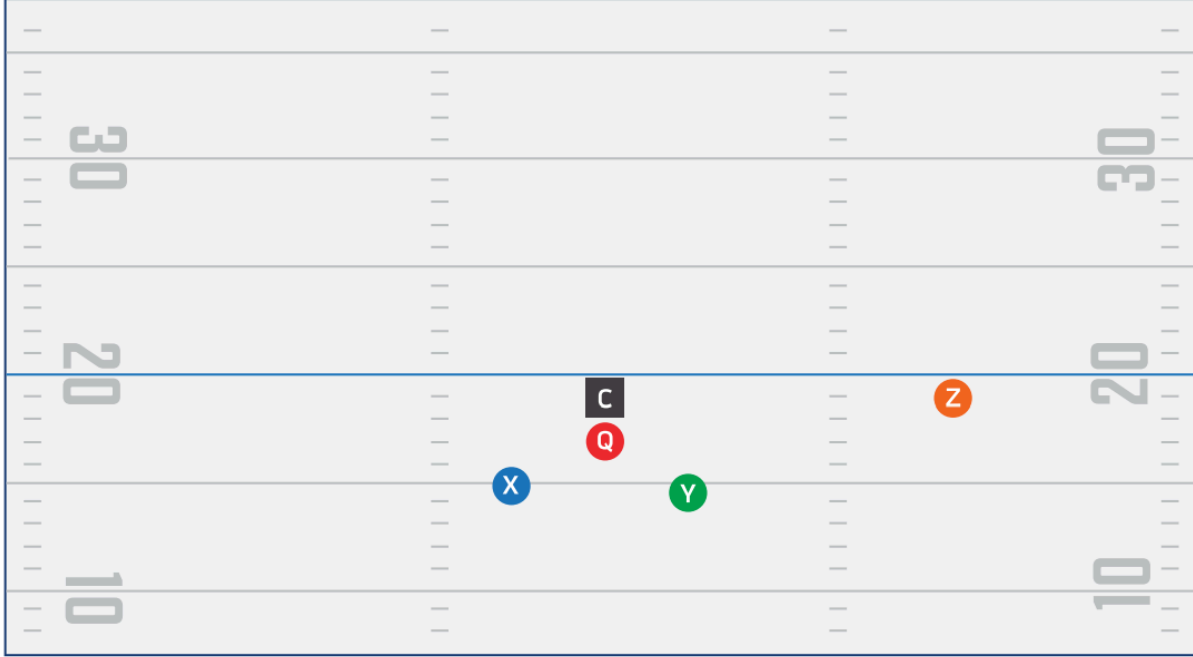


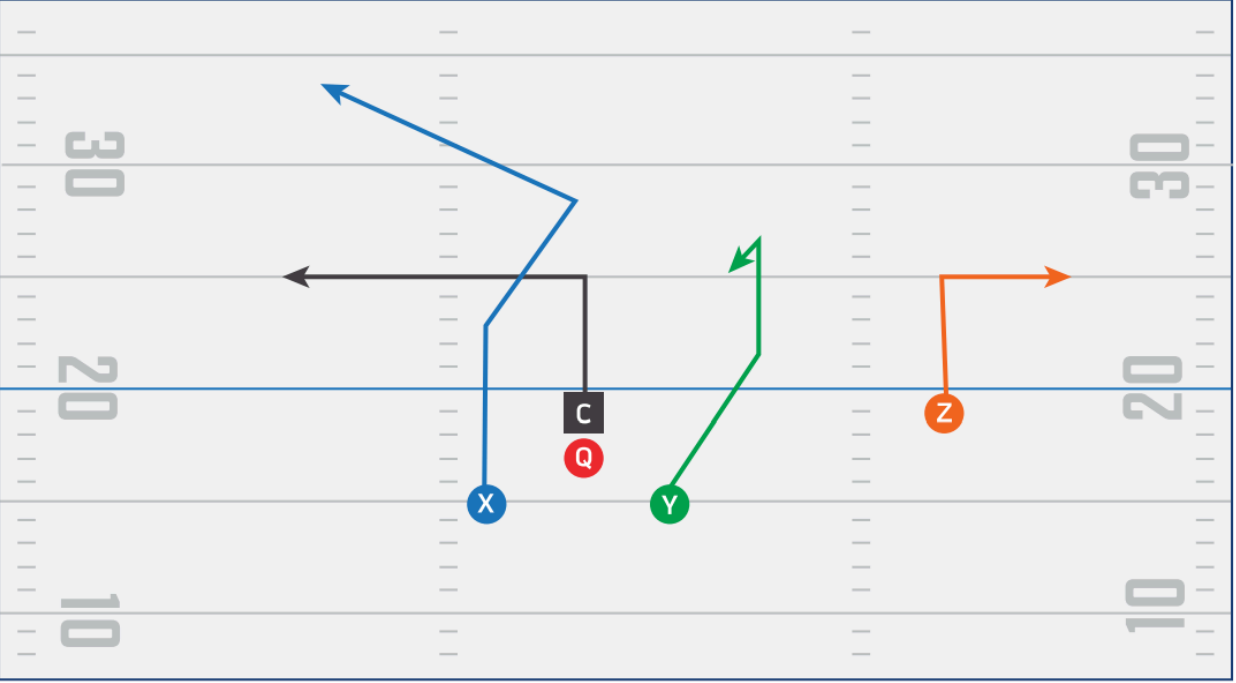
TRIPS





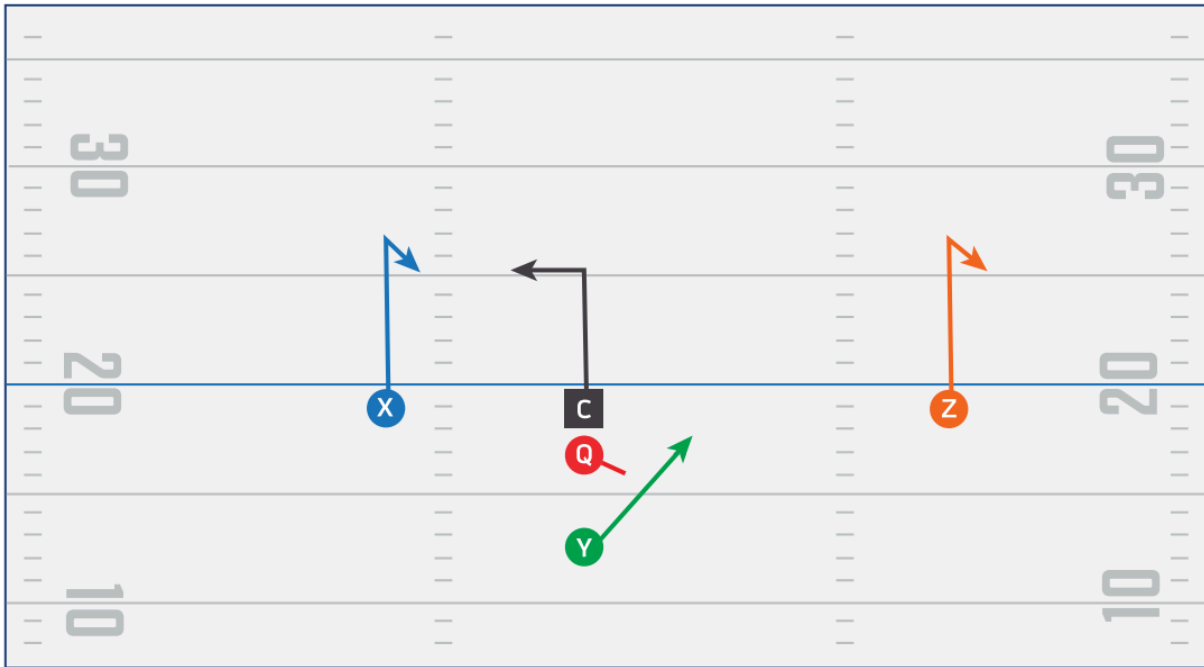
DOUBLE BACK SET



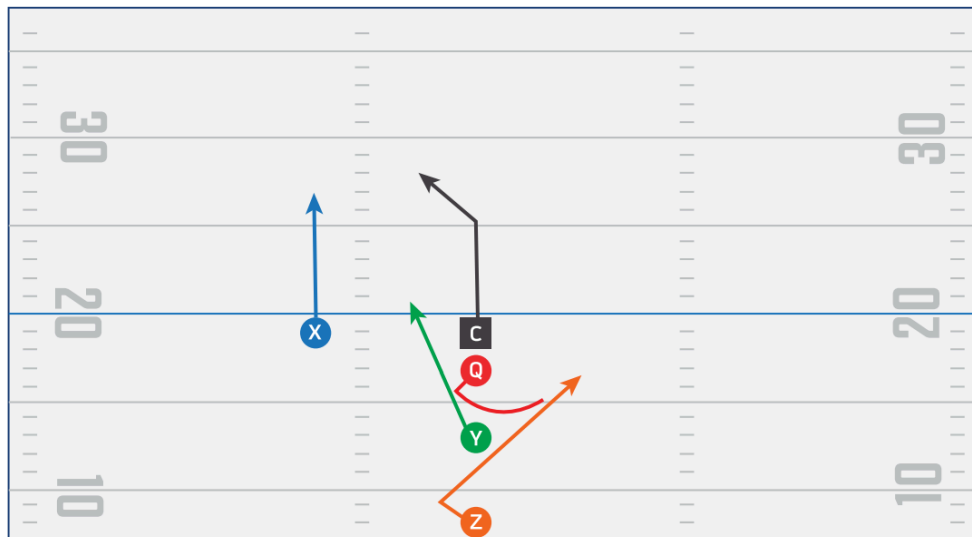


6 Run Plays

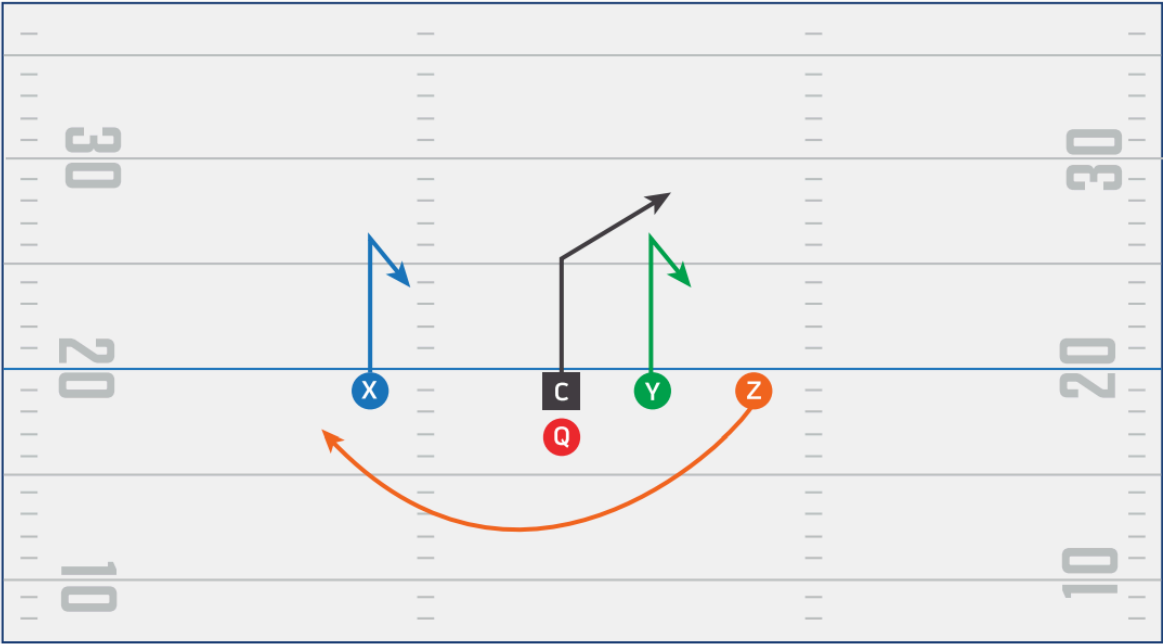
HB DIVE



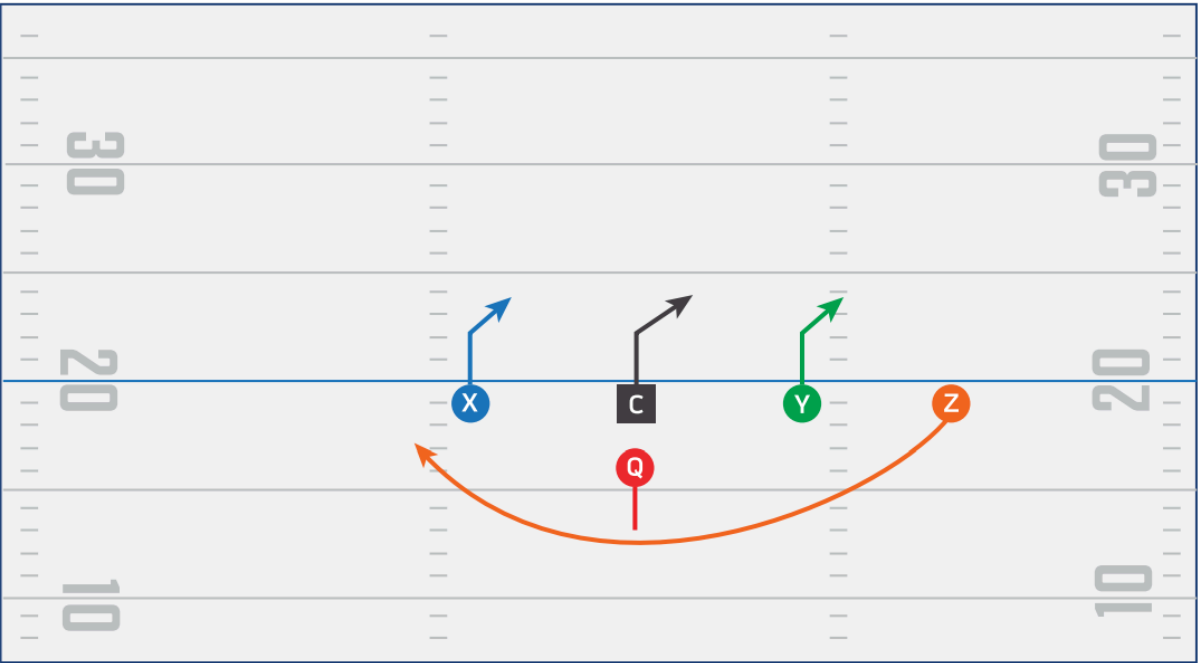
CROSSBUCK



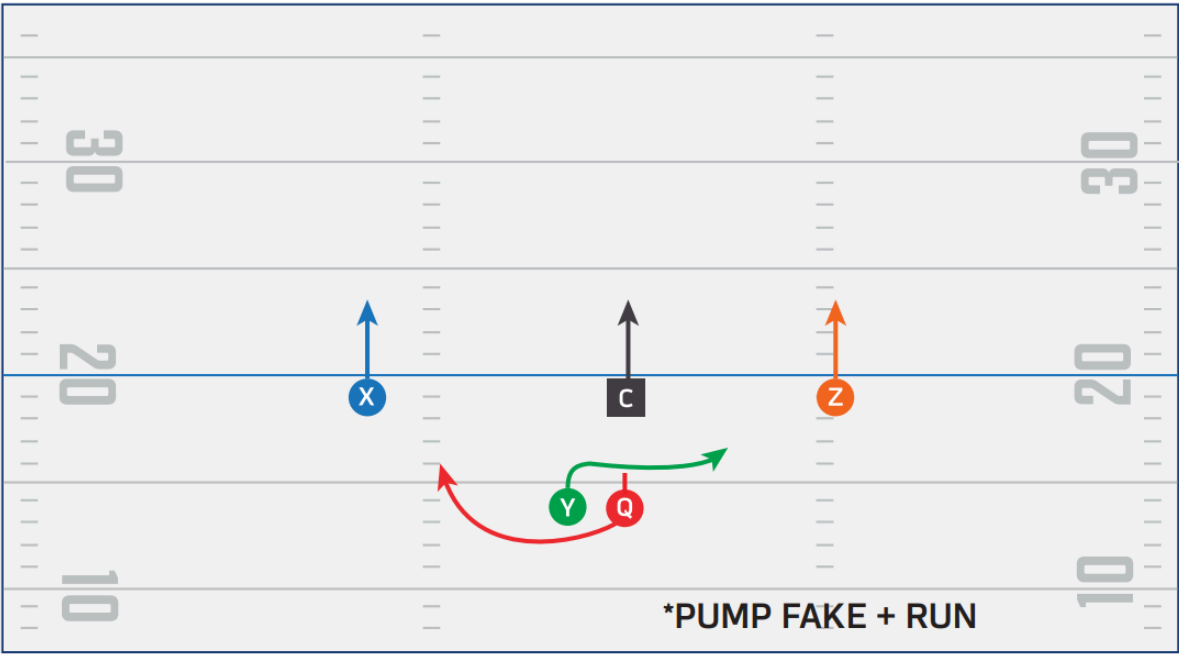
END AROUND



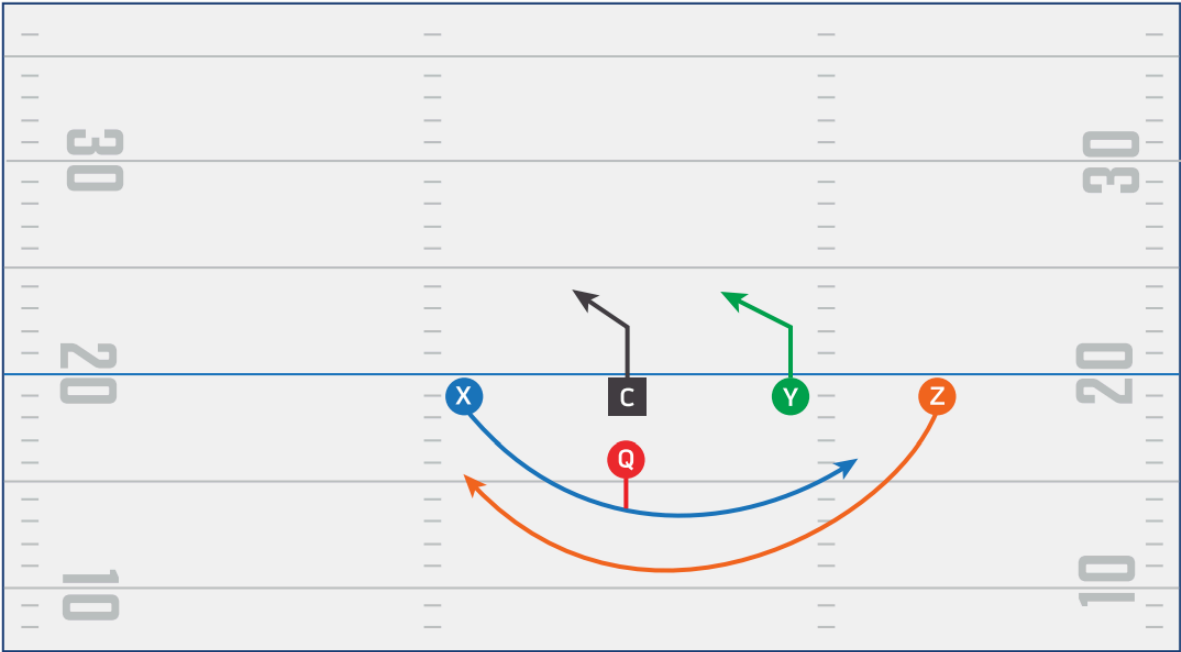
REVERSE



HB OPTION

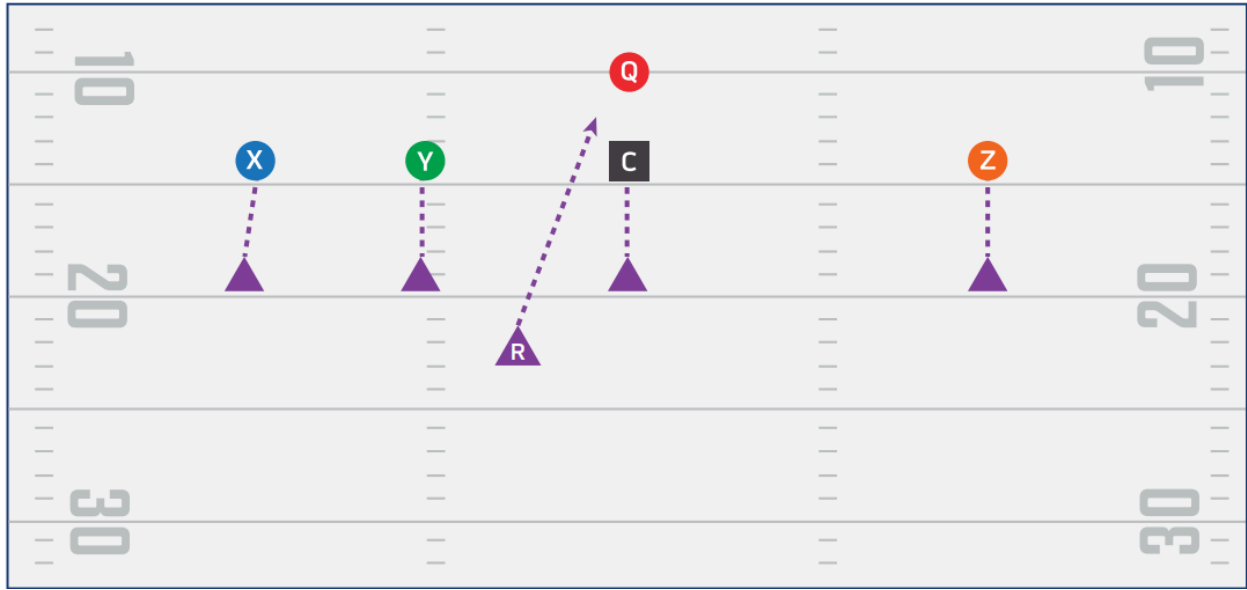


FAKE DOUBLE REVERSE

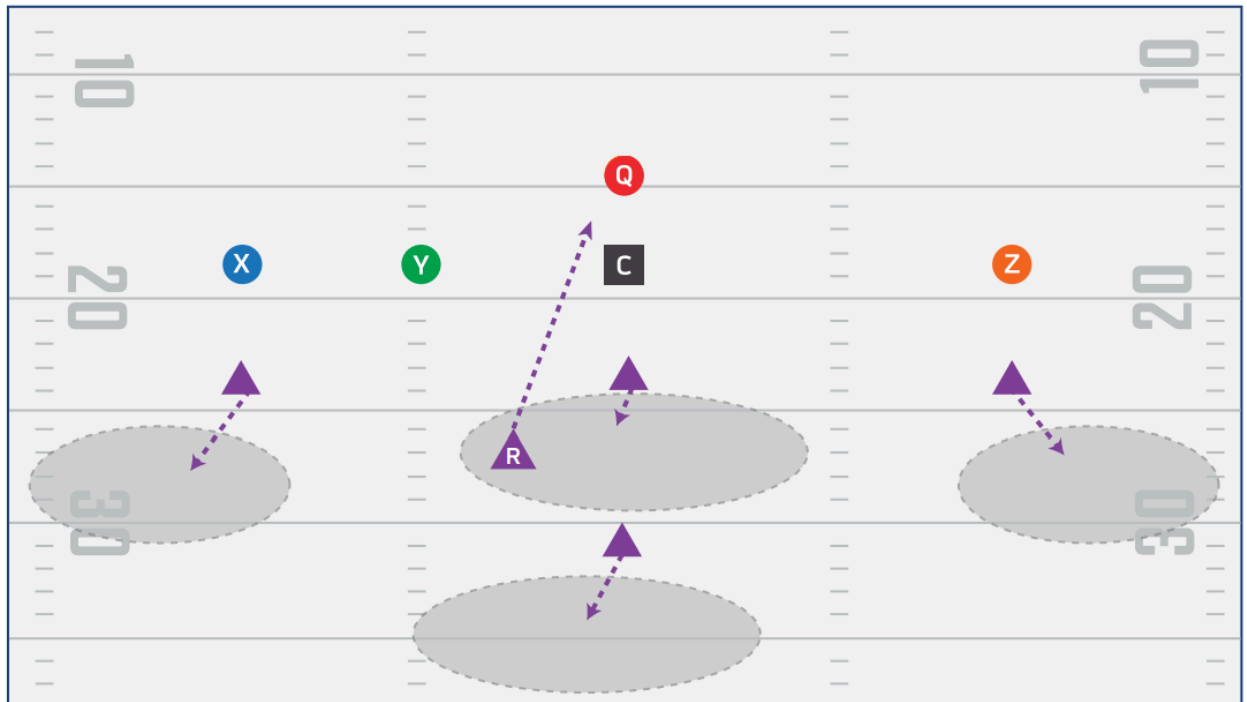


Defensive Coverages

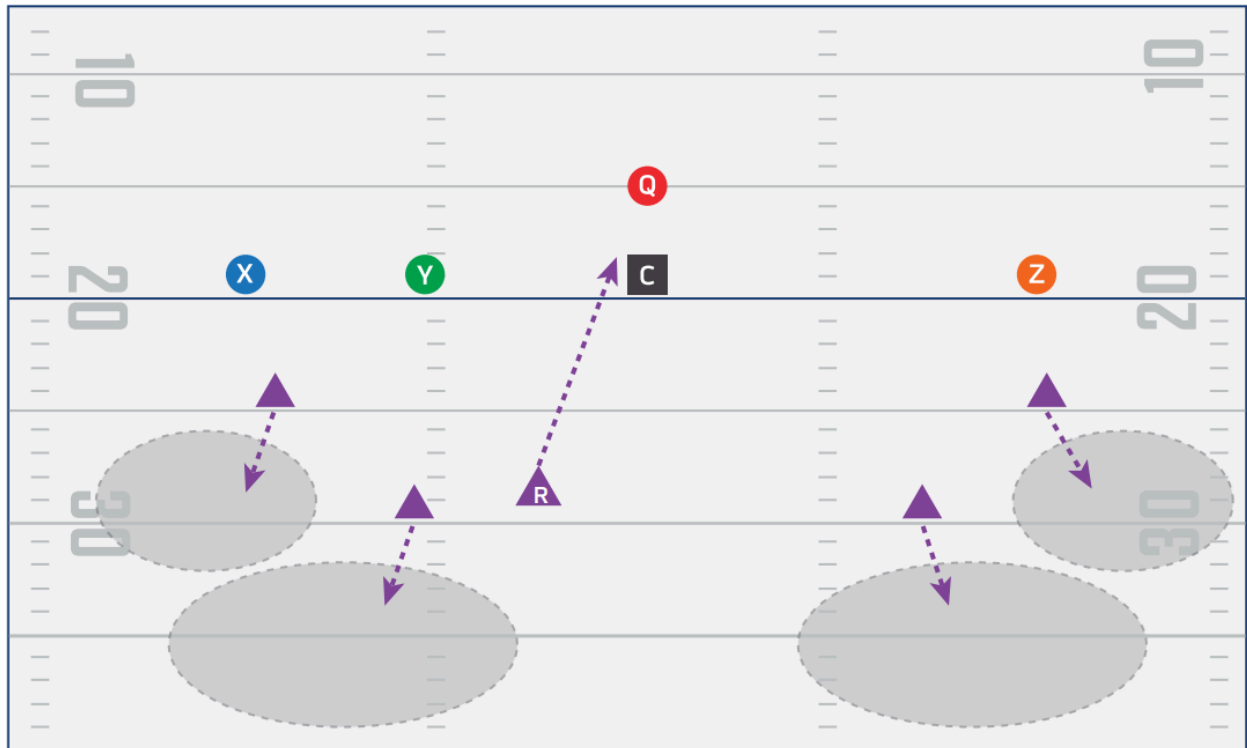
Player to Player (Cover Zero)



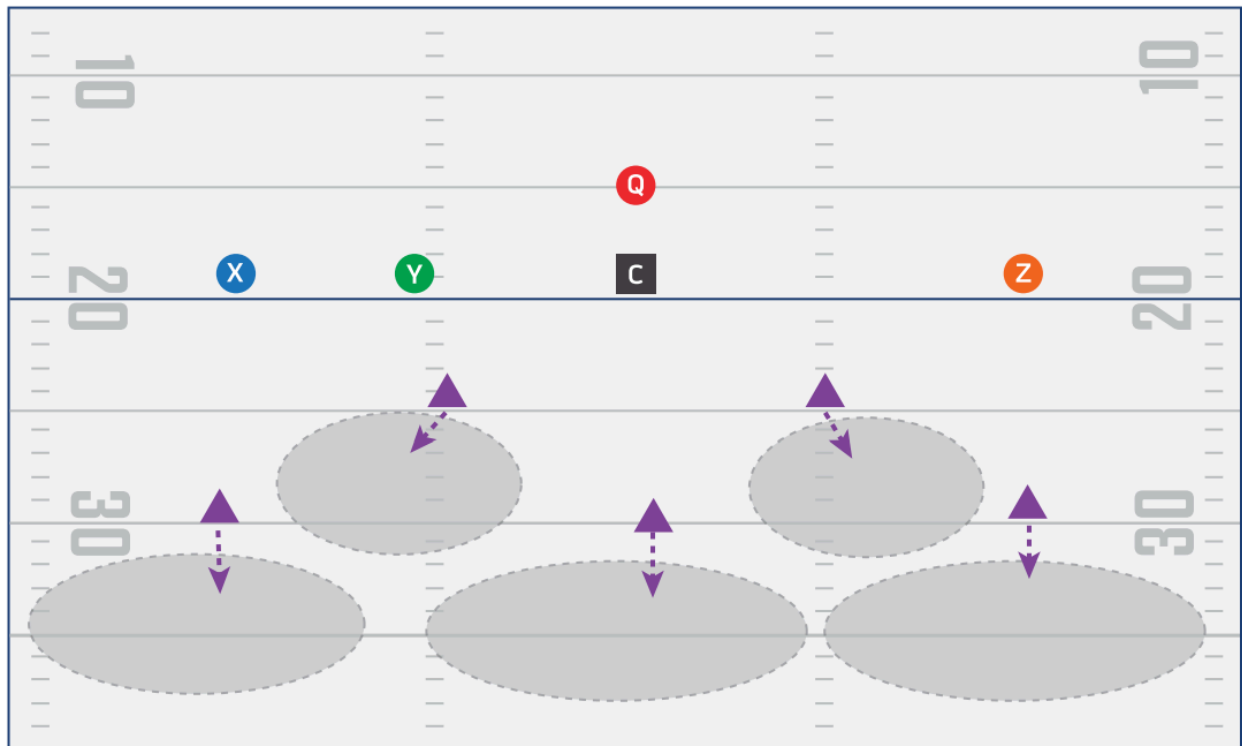
Zone/Cover 1



Zone/Cover 2



Zone/Cover 3



Zone/Cover 4 “Cloud”

