NCAA INITIAL ELIGIBILITY CENTER REQUIREMENTS

INCOMING COLLEGE FRESHMEN

|  |  |
| --- | --- |
| NCAA I | NCAA II |
| * Graduate high school
* Earn a core course GPA pf 2.3 or higher
* Complete 16 core courses
	+ 4 years of English
	+ 3 years of math (Algebra 1 or higher)
	+ 2 years of natural/physical science
		- 1 year must be lab science if your school offers it
	+ 1 additional year of English, math or natural/physical science
	+ 2 years of social science
	+ 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
* You must complete 10 of the core courses by the end of your junior year (before the start of your seventh semester). Seven of the 10 core courses need to be in English, math or natural/physical science. The grades in these seven courses will be “locked in,” meaning you will not be allowed to retake them to improve your grades.
 | * Graduate high school
* Earn a core course GPA of 2.2 of higher
* Complete 16 core courses
	+ 3 years of English
	+ 2 years of math (Algebra 1 or higher)
	+ 2 years of natural/physical science
		- 1 year must be lab science if your school offers it
	+ 3 additional years of English, math or natural/physical science
	+ 2 years of social science
	+ 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
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2024 INDOOR NATIONAL QUALIFIERS

NCAA I

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| MEN | EVENT | WOMEN |  | MEN | EVENT | WOMEN |
| 6.59 | 60 | 7.22 |  | 2.20m | HJ | 1.85m |
| 20.67 | 200 | 22.97 |  | 5.50m | PV | 4.38m |
| 45.85 | 400 | 52.16 |  | 7.84m | LJ | 6.41m |
| 1:47.39 | 800 | 2:02.86 |  | 15.96m | TJ | 13.24m |
| 3:55.46 | Mile | 4:33.04 |  | 19.32m | SP | 17.19m |
| 7:43.83 | 3000 | 8:54.12 |  | 22.30m | WT | 21.67m |
| 13:27.83 | 5000 | 15:33.98 |  | 5757 | Hep / Pent | 4132 |
| 7.66 | 60mH | 8.12 |  |  |  |  |
| 3:05.66 | 4X400 | 3:31.32 |  |  |  |  |
| 9:24.22 | DMR | 10:52.06 |  |  |  |  |

NCAA II

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| MEN | EVENT | WOMEN |  | MEN | EVENT | WOMEN |
| 6.72 | 60 | 7.46 |  | 2.12m | HJ | 1.72m |
| 21.28 | 200 | 24.14 |  | 5.06m | PV | 3.97m |
| 47.7 | 400 | 55.40 |  | 7.46m | LJ | 5.91m |
| 1:50.46 | 800 | 2:10.46 |  | 15.14m | TJ | 12.24m |
| 4:04.61 | Mile | 4:50.07 |  | 17.40m | SP | 14.56m |
| 8:02.66 | 3000 | 9:31.26 |  | 20.12m | WT | 18.24m |
| 14:00.91 | 5000 | 16:40.05 |  | 5198 | Hep / Pent | 3708 |
| 7.94 | 60mH | 8.57 |  |  |  |  |
| 3:12.56 | 4X400 | 3:45.79 |  |  |  |  |
| 9:46.34 | DMR | 11:37.96 |  |  |  |  |

NCAA III