# July 2025



# RYFA NEWSLETTER

### Summer Development Opportunities



### **RYFA Skills & Trenches Camp**

Free for Youth Athletes (Grades 5th–8th)!

Join us **Tuesday, July 29 from 6:00–8:00 PM** at Prairie View Elementary for a focused evening of football fundamentals and position-specific training at the RYFA Skills & Trenches Camp!

Open to all athletes entering grades 5–8, this free camp features separate sessions for skill players and linemen — led by Rogers High School coaches. It's a great opportunity to sharpen techniques, build confidence, and get game-ready for the fall.

Come out, improve your game, meet the coaches, and have fun with friends! It's the perfect tune-up before the season starts! To help us plan, please register and let us know you're coming!

### **Rogers High School Football Camps / Training**

The below training and camps are ran by the high school program. Sign up through Community Ed, you can find a link on our website or directly on the Community Ed website.

<u>Youth Camp</u> Grades Entering: K - 5th July 28th, 29th, 30th - 10am - 12:00pm Intro to 7-on7 Passing Grades Entering: 6th, 7th, 8th July 28th, 29th, 30th - 10am - 12:00pm

### **Important Dates:**

- 7/13 Tackle Coaches Clinic (Day One)
- 7/16 Tackle Kick-Off Event
- 7/16 Close of Tackle Football Registration
- 7/20 Tackle Coaches Clinic (Day Two)
- 7/23 First Day of Flag/7v7 Playoffs (Tentative)
- 7/24 Second Day of Flag/7v7 Playoffs (Tentative)
- 7/27 Tackle Coaches Meeting (Coaches Only 2nd-8th)
- 7/28 Tackle Evaluations (4th-8th Only)
- 7/29 Free RYFA Skills/Lineman Camp
- 7/31 Free Mouthguard Clinic (9am-12pm)
- 8/5 Start of Tackle Football

### **Open Registrations:**

Tackle Football Registration (2nd-8th) Tackle Coaches Registration **FREE** RYFA Skills and Trenches Camp

> We're not ready to say the "W" word either... But plans are in the works to keep the football fun going when the temps drop. Stay tuned — it's going to be cool in the best way possible!



# Flag and 7v7 Football in Full Swing!

After a few rain delays and some doubleheader madness, the season is back on track and heading toward an exciting finish!

#### Playoffs Are Coming – Get Ready for the Action!

Mark your calendars for July 23rd & 24th — that's when our Flag and 7v7 Playoffs will bring the heat!

Game times will look a little different, and you can count on action across both days, so plan accordingly.

We're putting the final touches on a tentative schedule—coming your way soon. Get ready for some fun, competitive football to wrap up the season in style!

# 2025 RYFA Tackle Kick-Off Event

Wednesday, July 16 -- 5:00-7:30 PM at Prairie View Elementary

It's almost football season—and we're starting it off with a bang!

Join us for the RYFA Tackle Kick-Off Event, an evening packed with everything you need to launch into the season with confidence and energy.

Here's what's in store:

- Get important info about the upcoming season
- Complete the official weigh in
- Get sized and fitted for this year's jersey (bring your shoulder pads)
- Grab a bite from local food trucks
- Meet coaches, connect with other families, and have some fun!
- Enter our free raffle to receive a free registration for the 2025 season!
- Vendors to get some gear or great swag for the season
- And more!

Whether you're a seasoned football family or brand new to Rogers Youth Football, this is a great opportunity to ask questions, get organized, and kick off the season as a community.

No RSVP needed — just show up and be part of the celebration!

We can't wait to see you there-let's kick off the 2025 season strong!







# **Tackle Football Starting Soon!!!**



### Important Dates/Notes for Tackle Football Players:

#### 7/16 Tackle Kick-Off Event

Come join us at Prairie View Elementary from 5:30-7:30pm for our annual Kick-Off Event!

### 7/16 Close of Tackle Football Registration

### 7/28 Tackle Evaluations (4th-8th Only)

Tackle Evaluations are being held at <u>Prairie View</u> this year. Check in starts at 5:00pm with evaluations starting at 5:30pm sharp. Evaluations are done in <u>full pads</u> (cleats, football pants, shoulder pads, practice jersey, and helmet). Evaluations are ran by the grade coaches and will take anywhere from 1.5-2 hours. (Times will vary depending on number of grade registrations and drills ran by coaches).

4th Grade Evaluations - Prairie View Middle School - Flag Fields 1-2
5th Grade Evaluations - Prairie View Middle School - Flag Fields 3-5
6th Grade Evaluations - Prairie View Middle School - Flag Fields 6-8
7th Grade Evaluations - Prairie View Elementary School - 7v7 Fields 10-12
8th Grade Evaluations - Prairie View Elementary School - 7v7 Fields 11-13

2nd/3rd Grade - There are no evaluations and teams are formed for the year.

### 7/29 Free RYFA Skills/Lineman Camp

#### Free for Youth Athletes (Grades 5th-8th)!

Join us **Tuesday**, **July 29 from 6:00–8:00 PM** at Prairie View Elementary for a focused evening of football fundamentals and position-specific training at the RYFA Skills & Trenches Camp!

Open to all athletes entering grades 5–8, this free camp features separate sessions for skill players and linemen — led by Rogers High School coaches. It's a great opportunity to sharpen techniques, build confidence, and get game-ready for the fall.

Come out, improve your game, meet the coaches, and have fun with friends! It's the perfect tune-up before the season starts! To help us plan, please register and let us know you're coming!

#### 8/5 Start of Tackle Football

Coaches will start to reach out to teams after the evaluation process on 7/28. They will be letting you know about your practice field location (RHS, RMS, NCP, or Lynch Park). Plan for practice to start at 5:30pm for the first couple of weeks (Monday - Thursday). Practice during this time will typically run from 5:30pm to 7:30pm but may vary from team to team and may change throughout the season.

## Tackle Football Coaches Gearing Up!

### Important Dates/Notes for Tackle Football Coaches:

### 7/13 Tackle Coaches Clinic (Sunday 7-9pm) - Open to all coaches

Join us for the first day of coaches clinics from 7pm-9pm at the Rogers High School Team Room. Meet near the north entrance of the high school (not the main entrance). Some high school coaches will be doing both classroom and on field training during this time.

Day one will mainly be covering an overview of online tools, offensive and defensive systems, terminology, play books, and base offensive and defensive plays/calls, and time for Q&A.

### 7/20 Tackle Coaches Clinic (Sunday 7-9pm) - Open to all coaches

Join us for the second day of coaches clinics from 7pm-9pm at the Rogers High School Team Room. Meet near the north entrance of the high school (not the main entrance). Some high school coaches will be doing both classroom and on field training during this time.

Day two will mainly be covering offensive and defensive drills used by the high school, practice plans, additional offensive/defensive systems training, and Q&A.

#### 7/27 Pre-Season Coaches Meeting (Sunday 7pm) - All Coaches

Mandatory coaches meeting for all coaches (all grades). We will be meeting in the backroom at Cowboy Jacks at 7pm and discussing important policies, updates and changes for the upcoming year, and going over the evaluation process for Monday..

### 7/28 Tackle Evaluations (Monday 5/5:30 - ?) - Grades 4th-8th Only

Player check-ins will begin at 5pm with the start of evaluations to begin at 5:30pm.
4th - 5th - 6th Grade will have space at Prairie View Middle School.
7th - 8th Grade will have evaluations at Prairie View Elementary School.
The length of evaluation time will vary from grade to grade depending on the number of registrations as well as what drills you would like the kids to run.

#### 7/28 Tackle Draft (Monday - After Evaluations are completed)

Once evaluations are completed, head over for the draft and team selection process.

### 8/3 GSFL Coaches Meeting (Sunday) - 7th and 8th Grade Coaches Only

Please note the date of the meeting has changed from previous communication from the league. This meeting is required for 7th and 8th grade coaches only.
There need to be 2 coaches per team at the meeting.
Location: Spring Lake Park Fine Arts Center.
7th Grade - Meeting from 6:30 to 7:30pm.
8th Grade - Meeting from 7:45 to 8:45pm.

### 8/5 Start of Practice (Tuesday)

Team practice to start at 5:30pm for all teams/grades. Practice field locations will be sent out at a later date from your grade director.





# MOUTHGUARD CLINIC JULY 31ST 9 AM - NOON

# OPEN TO YOUTH THROUGH HIGH SCHOOL

NO APPOINTMENT NECESSARY

TEAM MEMBERS TO RECEIVE ONE COMPLIMENTARY CUSTOM MOUTH GUARD (VALUED AT \$50)

> EACH PLAYER MUST HAVE A SIGNED CONSENT FORM



763-515-5558 MINNESOTA ORTHODONTICS 13690 ROGERS DR STE 100 ROGERS, MN 55374

PICK UP DATES: AUGUST 25<sup>TH</sup> AND 26<sup>TH</sup> FROM 8AM-4PM AT THE ROGERS CLINIC. PLAYER DOES NOT NEED TO BE PRESENT FOR PICK UP

\*PLAYER CANNOT CURRENTLY BE IN BRACES OR HAVE ANY OTHER ORAL APPLIANCE. BONDED RETAINERS ARE AN EXCEPTION\*



### **MOUTHGUARD CLINIC CONSENT FORM**

\_\_\_\_\_(Initial) The staff at Minnesota Orthodontics have permission to take a scan for a mouthguard. The mouthguard is intended for use in a sport, not for any type of orthodontics treatment. The mouthguard is not guaranteed to prevent any type of injury and Minnesota Orthodontics is not liable for any injury. The scan is needed in order to make a mouthguard that is fit to your child's mouth.

\_\_\_\_\_(Initial) I grant permission to Minnesota Orthodontics and its agents or employees to use photographs and/or video and audio taken of the below patient. These images may be used in advertisements, brochures, newsletters, posters and both printed and online media. I understand that my image may be edited, copied, exhibited, published or distributed and waive the right to inspect or approve the finished product wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of my image or recording.

If you have any questions please call our office at 763-515-5558

PLAYERS NAME PRINTED
PLAYER/GUARDIAN SIGNATURE (IF UNDER 18)
DATE
PHONE NUMBER
COACH, AGE GROUP, OR TEAM
PHONE NUMBER
COACH, AGE GROUP OR TEAM

## Thank you to some of our sponsors!

#### Help Us Build the Future of Youth Football!

At RYFA, we're dedicated to creating a positive, encouraging environment where kids can grow on the field and beyond. Football teaches life lessons in teamwork, discipline, and perseverance, shaping confident, well-rounded young athletes. But we can't do it alone.

Our success depends on the generous support of community members and local businesses like yours.

Join us in making a difference.

Reach out today: sponsors@rogersyouthfootball.org



### Got Skills? Be Part of the Team Behind the Team!

Are you a planner, social media pro, multitasking ninja, or just someone who knows how to make things happen? **Rogers Youth Football needs you!** We're looking for passionate, high-energy parents to help elevate our game-day (and every day) experience — no cleats required!

**Hey Coaches** — **you're already MVPs!** Your leadership on the field is priceless, and we'd love your voice as we grow and shape the future of our program.

Whether you prefer to work behind the scenes or shine on the sidelines, there's a place for you on our team. No football knowledge? No problem. All you need is a heart for kids, a love for our community, and a little team spirit.

Join us today at rogersyouthfootball.com — and let's make something amazing together!

