

What: Body contact education class

Age Level: Bantam and up

Start time: 12:15PM Classroom/Video Session

2:00PM-4:00PM on Ice Session Where: Bemidji Community Arena

-Great for all Bantams and high school age players looking to feel more confident when it comes to giving and receiving body contact -Gain a deeper understanding of player safety, and what competitive contact is

REGISTER HERE

Questions? Contact Dillon at deichstadt@bemidjiyouthhockey.org

www.bemidjiyouthhockey.org