



Cloquet Amateur Hockey Association

Locker Room Policy

Effective Date: September 21, 2025 *(to be reviewed annually)*

Approved By: Cloquet Amateur Hockey Association (CAHA) Board of Directors

Purpose

To ensure the safety, privacy, and well-being of all participants by providing clear guidelines for locker room usage, supervision, and conduct, in accordance with District 11 and USA Hockey's SafeSport Program.

1. Locker Room Access and Supervision

- Locker rooms will be accessible to players no more than 60 minutes before and after practices or games.
- At least one USA Hockey-screened and SafeSport-trained adult will monitor locker rooms during these times.
- When possible, two adults will be present to enhance supervision and accountability.
- Monitors will conduct a sweep of the locker room before players enter and will remain in close proximity during use.

2. Parent Access

- Parents are generally not permitted in locker rooms. Exceptions may be made for younger players requiring assistance.
- Coaches may request that parents leave the locker room during team discussions.

3. Cell Phones and Electronic Devices

- The use of cell phones and other mobile devices with recording capabilities (e.g., cameras, video recorders) is strictly prohibited in locker rooms.
- Players must power off and store such devices before entering the locker room.
- If a device must be used, it should be taken outside the locker room.
- Violations may result in disciplinary action, including suspension from team activities.

4. Prohibited Conduct

CAHA prohibits all forms of abuse and misconduct, including but not limited to:

- Physical abuse
- Sexual abuse
- Emotional abuse
- Bullying, threats, and harassment
- Hazing

Any violations should be reported to the SafeSport Coordinator or appropriate authorities.

5. Co-Ed Locker Room Policy

- When teams consist of both male and female players, CAHA will provide separate changing times or areas to respect privacy.
- All players must wear a minimum attire (e.g., shorts and t-shirts) when in a co-ed locker room setting.
- Coaches will ensure that all players are appropriately dressed before team meetings in shared spaces.

6. Reporting and Enforcement

- Coaches and team administrators are responsible for enforcing this policy.
- Violations should be reported to the CAHA SafeSport Coordinator.
- Disciplinary actions may include suspension or removal from the team, depending on the severity of the violation.

7. Locker Room Monitoring

- **Mandatory supervision:** CAHA requires at least one SafeSport-trained, USA Hockey-screened adult (coach, manager, or designated monitor) be present for the entire duration that minors are in the locker room—during practices, games, and team events
- **Recommended staffing:** If monitors are positioned inside the locker room, it is strongly recommended that two screened adults be present simultaneously
- ****If only one adult is available, they must position themselves just outside the locker room door, within arm's reach, actively ready to enter at any sign of misconduct.**
- **One-on-one meetings prohibited:** Any interaction between a coach (or other adult) and a minor in the locker room must be accompanied by a second responsible adult to ensure proper oversight.

Monitor Responsibilities

- **Pre-use sweep:** Monitors will inspect locker rooms and changing areas before participants arrive.
- **Active observation:** Monitors must remain engaged—listening and looking for signs of misconduct—and are expected to enter the locker room periodically or immediately if suspicious behavior is observed.
- **Manage access:** Only approved team personnel—coaches, players, rostered staff, and approved guardians—are allowed inside. Monitors are responsible for directing unauthorized individuals to leave.
- **Documentation & reporting:** Monitors must intervene at any sign of heedless behavior (abuse, harassment, bullying, etc.) and report incidents promptly to the CAHA SafeSport Coordinator or CAHA board member.

Rationale & Alignment with SafeSport

This monitoring framework echoes the SafeSport Handbook and USA Hockey policy:

- Ensures supervision is observable and interruptible, reducing risk of misconduct
- Provides clear guidelines on monitor presence, number of supervisors, and device restrictions for locker rooms.

This policy was presented to and approved by the CAHA Board of Directors on September 21, 2025, at its regular meeting. This policy will be reviewed annually prior to registration opening.

By: 
Jeff Leno
President, CAHA Board of Directors

Date: 9-30-25