

	Metro: Christy Neff Contact: neffchristy@gmail.com	Independent: Claire Monsaas Contact: coachclairemonsaas@gmail.com	Snoqualmie: Lyndsey Gillis Contact: gillis.lyndsey@gmail.com	Nisqually: Curtis Estes Contact: curtissmc@msn.com	Peninsula: Ryan McCloskey Contact: mcclo100@gmail.com	North Sound: Grace Hamilton Contact: gracehamilt@gmail.com	Eastern: Holly Whitman Contact: wicklax16@gmail.com
High School	Bainbridge Island	Bishop Blanchet	Bellevue	Auburn Riverside	Bellarmine Prep	Anacortes	Big Cat
	Ballard	Eastside Catholic	Eastlake	Graham-Kapowsin	Curtis	Northshore	Gonzaga Prep
	Garfield	Holy Names	ISD	Puyallup	Evergreen	SnoLax	Kamiakin
	Lincoln	Kennedy Catholic	Mercer Island	Sumner	Klahowya	Squalicum	Richland
	Nathan Hale/Ingraham	Lakeside	Mount Si	Tahoma	Peninsula SD	Stanwood	Sandpoint
	Roosevelt	Overlake	NSI	Bethel JV	Stadium	Woodinville	Spokane Stealth
	Shoreline	Seattle Academy					
	West Seattle	Seattle Prep					
Youth	Bainbridge Island	Eastside Crusaders Youth Lacrosse	Bellevue	Auburn	Gig Harbor	Anacortes	
	Doublecrosse		Eastlake	Lake Tapps	Kitsap Silvers	Northshore Girls Lacrosse	
	Quick Styx		Issaquah	Puyallup	Tacoma Tigers	SnoLax Girls Black	
	Seattle Wolfpack		Lake Samm	Tahoma	Thurston County - Pending	Stanwood Spartans	
	Shoreline		Mercer Island		University Place	Whatcom Breakers	
	West Seattle		Mount Si			Woodinville Girls Lacrosse	
			NSI				