Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Friday, May 2 (end of regular season)

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games	Strength of	% Games > 7
				Wins	Losses	Ties	Played	Schedule	Goal Diff
Mercer Island	Varsity - Snogualmie	1	50.0	9	1	1	11	33.7	55%
Seattle Prep	Varsity - Independent	2	49.9	9	1	1	11	32.7	55%
Eastside Catholic	Varsity - Independent	3	43.1	11	1	0	12	34.2	33%
ISD	Varsity - Snoqualmie	4	38.8	8	4	0	12	36.6	33%
Bellevue	Varsity - Snoqualmie	5	37.8	8	4	0	12	33.1	42%
Northshore	Varsity - North Sound	6	37.4	10	1	1	12	24.2	67%
Lakeside School	Varsity - Independent	7	37.4	10	3	0	13	26.3	62%
Bainbridge Island	Varsity - Metro	8	36.8	11	2	0	13	25.5	69%
Eastlake	Varsity - Snoqualmie	9	35.9	7	4	1	12	30.4	42%
Puyallup	Varsity - Nisqually	10	34.8	13	0	0	13	20.7	85%
Woodinville	Varsity - North Sound	11	31.8	4	8	0	12	32.3	50%
Sumner Bonney Lake	Varsity - Nisqually	12	31.6	6	6	0	12	29.0	33%
Seattle Academy	Varsity - Independent	13	30.9	5	7	0	12	34.6	33%
Bellarmine Prep	Varsity - Peninsula	14	27.9	8	3	1	12	21.2	50%
Stadium	Varsity - Peninsula	15	26.1	11	1	0	12	18.9	50%
Snolax Girls Lacrosse	Varsity - Perinsula Varsity - North Sound	16	26.0	7	5	0	12	24.2	83%
Mount Si	· · · · · · · · · · · · · · · · · · ·	17	25.8	2	9	0	11	36.1	73%
Ballard	Varsity - Snoqualmie	18	24.3	9	3	0	12	17.8	33%
	Varsity - Metro	19	23.9	6	4	1	11	17.8	64%
PSD Riptides	Varsity - Peninsula	20	23.9	6	7	0	13	27.2	46%
Kennedy Catholic	Varsity - Independent	21		6	6	0	12		
Bishop Blanchet	Varsity - Independent Varsity - Peninsula	22	22.5 22.1	5	6	0	11	26.5	58%
Curtis NSI	,	23	22.1	2	10	0	12	22.8 31.9	45% 67%
Shoreline	Varsity - Snoqualmie	24	18.88	8	3	1	12	16.2	67%
	Varsity - Metro	25		7	5		12		
Tahoma	Varsity - Nisqually		18.81	4		0		18.6	67%
Holy Names Academy	Varsity - Independent	26	18.77	-	7	_	12	26.2	42%
Anacortes	Varsity - North Sound	27	17.6	3 7	9 5	0	12	27.8	75%
Nathan Hale / Ingraham	Varsity - Metro	28	17.0		_	_	13	17.0	54%
Overlake Owls	Varsity - Independent	29	16.5	2	6	3	11	20.1	36%
Gonzaga Prep	Varsity - Eastern	30	16.3	8	3	1	12	12.2	33%
Spokane Stealth	Varsity - Eastern	31	16.1	9	9	1	10	10.6	60%
West Seattle	Varsity - Metro	32	15.2	3	_	0	12	21.7	67%
Roosevelt	Varsity - Metro	33	14.2	3	8	0	11	22.6	55%
Auburn Riverside	Varsity - Nisqually	34	13.8	3	8	1	12	20.6	75%
Squalicum Storm	Varsity - North Sound	35	13.4	2	9	1	12	21.0	67%
Garfield	Varsity - Metro	36	13.3	4	8	0	12	16.9	42%
Sandpoint High School	Varsity - Eastern	37	10.9	3	5	1	9	12.2	22%
Richland High School	Varsity - Eastern	38	10.2	4	5	1	10	11.7	30%
Evergreen SD	Varsity - Peninsula	39	10.0	2	9	0	11	19.5	82%
Klahowya	Varsity - Peninsula	40	9.8	1	9	0	10	18.1	90%
Graham-Kapowsin	Varsity - Nisqually	41	9.6	1	10	1	12	20.6	67%
Lincoln	Varsity - Metro	42	9.2	0	12	0	12	21.4	92%
Kamiakin	Varsity - Eastern	43	8.9	3	6	1	10	12.0	50%
Stanwood	Varsity - North Sound	44	8.4	0	9	0	9	21.6	100%
Big Cats	Varsity - Eastern	45	6.5	0	9	0	9	12.6	44%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating at team by more than 7 goals).

Power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand relative strength of each team's competitive strength of schedule is equal to the average normalized PR for a team's opponents.

For feits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule (particularly when high percentage of games decided by > 7 goals).

Indicates conference winners