

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Saturday, April 26

| Team | Conference | Rank | Power Rank | Overall Team Record | | | Games Played | Strength of Schedule | % Games > 7 Goal Diff |
|----------------------------|-----------------------|------|------------|---------------------|--------|------|--------------|----------------------|-----------------------|
| | | | | Wins | Losses | Ties | | | |
| Seattle Prep | Varsity - Independent | 1 | 35.7 | 8 | 1 | 1 | 10 | 33.4 | 60% |
| Mercer Island | Varsity - Snoqualmie | 2 | 34.6 | 7 | 1 | 1 | 9 | 35.0 | 44% |
| Eastside Catholic | Varsity - Independent | 3 | 29.7 | 9 | 1 | 0 | 10 | 34.5 | 40% |
| ISD | Varsity - Snoqualmie | 4 | 23.1 | 6 | 4 | 0 | 10 | 37.4 | 40% |
| Bellevue | Varsity - Snoqualmie | 5 | 21.4 | 8 | 2 | 0 | 10 | 32.4 | 50% |
| Bainbridge Island | Varsity - Metro | 6 | 21.1 | 10 | 1 | 0 | 11 | 24.3 | 64% |
| Lakeside School | Varsity - Independent | 7 | 21.0 | 8 | 3 | 0 | 11 | 28.3 | 55% |
| Northshore | Varsity - North Sound | 8 | 20.5 | 9 | 1 | 0 | 10 | 23.1 | 70% |
| Eastlake | Varsity - Snoqualmie | 9 | 19.2 | 7 | 3 | 0 | 10 | 29.3 | 50% |
| Puyallup | Varsity - Nisqually | 10 | 19.2 | 11 | 0 | 0 | 11 | 21.5 | 82% |
| Sumner Bonney Lake | Varsity - Nisqually | 11 | 17.2 | 5 | 5 | 0 | 10 | 31.1 | 40% |
| Seattle Academy | Varsity - Independent | 12 | 16.0 | 4 | 6 | 0 | 10 | 34.9 | 30% |
| Woodinville | Varsity - North Sound | 13 | 15.8 | 3 | 7 | 0 | 10 | 33.8 | 50% |
| Bellarmino Prep | Varsity - Peninsula | 14 | 14.1 | 7 | 2 | 1 | 10 | 20.5 | 50% |
| Stadium | Varsity - Peninsula | 15 | 13.5 | 9 | 1 | 0 | 10 | 21.5 | 40% |
| Mount Si | Varsity - Snoqualmie | 16 | 12.7 | 2 | 7 | 0 | 9 | 36.4 | 78% |
| Ballard | Varsity - Metro | 17 | 12.6 | 8 | 2 | 0 | 10 | 19.0 | 40% |
| Snoqualmie Valley Lacrosse | Varsity - North Sound | 18 | 11.9 | 6 | 4 | 0 | 10 | 22.8 | 90% |
| Curtis | Varsity - Peninsula | 19 | 11.1 | 5 | 4 | 0 | 9 | 22.1 | 44% |
| PSD Riptides | Varsity - Peninsula | 20 | 11.0 | 4 | 4 | 1 | 9 | 22.4 | 67% |
| Kennedy Catholic | Varsity - Independent | 21 | 10.7 | 5 | 6 | 0 | 11 | 28.5 | 45% |
| NSI | Varsity - Snoqualmie | 22 | 9.9 | 1 | 8 | 0 | 9 | 31.8 | 56% |
| Holy Names Academy | Varsity - Independent | 23 | 9.8 | 4 | 5 | 1 | 10 | 28.1 | 40% |
| Bishop Blanchet | Varsity - Independent | 24 | 9.6 | 4 | 6 | 0 | 10 | 28.1 | 60% |
| Tahoma | Varsity - Nisqually | 25 | 9.3 | 6 | 4 | 0 | 10 | 20.4 | 70% |
| Shoreline | Varsity - Metro | 26 | 8.3 | 6 | 3 | 1 | 10 | 18.5 | 60% |
| Anacortes | Varsity - North Sound | 27 | 7.6 | 3 | 8 | 0 | 11 | 27.3 | 73% |
| Spokane Stealth | Varsity - Eastern | 28 | 7.4 | 9 | 0 | 0 | 9 | 9.8 | 67% |
| Nathan Hale / Ingraham | Varsity - Metro | 29 | 7.2 | 5 | 5 | 1 | 11 | 19.2 | 55% |
| Overlake Owls | Varsity - Independent | 30 | 6.6 | 1 | 6 | 2 | 9 | 23.1 | 33% |
| Gonzaga Prep | Varsity - Eastern | 31 | 6.6 | 7 | 3 | 1 | 11 | 11.7 | 36% |
| Auburn Riverside | Varsity - Nisqually | 32 | 6.3 | 3 | 6 | 1 | 10 | 21.6 | 70% |
| Roosevelt | Varsity - Metro | 33 | 6.3 | 3 | 6 | 0 | 9 | 24.7 | 44% |
| West Seattle | Varsity - Metro | 34 | 6.3 | 3 | 7 | 0 | 10 | 22.6 | 70% |
| Squalicum Storm | Varsity - North Sound | 35 | 5.9 | 2 | 8 | 0 | 10 | 22.6 | 70% |
| Garfield | Varsity - Metro | 36 | 5.3 | 3 | 7 | 0 | 10 | 19.5 | 40% |
| Klahowya | Varsity - Peninsula | 37 | 4.4 | 1 | 8 | 0 | 9 | 20.5 | 89% |
| Evergreen SD | Varsity - Peninsula | 38 | 4.3 | 2 | 9 | 0 | 11 | 21.0 | 82% |
| Richland High School | Varsity - Eastern | 39 | 3.8 | 4 | 5 | 1 | 10 | 10.8 | 30% |
| Lincoln | Varsity - Metro | 40 | 3.7 | 0 | 10 | 0 | 10 | 23.7 | 90% |
| Graham-Kapowsin | Varsity - Nisqually | 41 | 3.6 | 0 | 9 | 1 | 10 | 22.9 | 60% |
| Sandpoint High School | Varsity - Eastern | 42 | 3.6 | 3 | 5 | 0 | 8 | 10.9 | 25% |
| Kamiakin | Varsity - Eastern | 43 | 3.1 | 2 | 6 | 1 | 9 | 11.6 | 44% |
| Stanwood | Varsity - North Sound | 44 | 3.1 | 0 | 7 | 0 | 7 | 21.1 | 100% |
| Big Cats | Varsity - Eastern | 45 | 2.6 | 0 | 7 | 0 | 7 | 11.4 | 43% |

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

Power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand relative strength of each

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).

Indicates conference winners (or potential winners)