## TRAVEL & HOTEL POLICY

"How you do anything is how you do everything." - Coach Andrew Sherman

"Excellence is not a singular act but a habit. You are what you do repeatedly."
-Shaquille O'Neal

Monument Hockey Club teams regularly travel to compete in individual, multiple games or showcase events. Organizational policies guide travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping the travel experience fun and enjoyable.

The organization distinguishes between travel to training, practice and local games or practices ("Local Travel"), travel to out of state games ("Individual Team Travel") and team travel involving a coordinated overnight stay ("Team Travel"). Tier 1 teams 15U-18UAAA and Monument Hockey Club 18U utilizes Team Travel for all out of state events.

## **TEAM TRAVEL**

Team travel is overnight travel that occurs when Monument Hockey Club or one of its team representatives, coordinates or arranges for player travel and accommodations so that our teams can compete locally, regionally, nationally or internationally. Because of the greater distances, coaches, staff, and/or team manager will always travel with the players. Travel fee includes player airfare, hotel, and ground transportation to and from the rink and planned activities. Each player is responsible for all food and incidental purchases during the trip.

For every trip, Team Lead or Team Captains will collect \$5 cash from each player for gratuity to the Southwest Airlines employee who facilitates group check in and bus driver gratuity. This tip is a staple of our program and allows the players to recognize individuals who go above and beyond to support them and facilitate a smooth travel experience.

Meals - Monument Hockey Club will collect money from each player per trip to cover the cost of lunch, dinner and team hydration/refueling snacks.

Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules.

Monument Hockey Club provides reasonable advance notice before team travel.
 Detailed itinerary includes flight, hotel, game and daily schedule information.
 Team manager is the point of contact for specific travel details.

- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with a minor player (unless the coach is the parent, guardian or sibling of the player).
- No employee, coach, or volunteer will engage in team travel without the proper safety requirements in place and on record. All team personnel and volunteers shall have been screened in compliance with the USA Hockey Screening Policy.
- Players should share rooms with other players of the same gender, with the appropriate number of players assigned per room depending on accommodations.
- Coaches will determine sleeping arrangements based on gender, age, and personality.
- The coach will establish a curfew by when all players must be in their assigned hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by properly screened adults.
- Incidental purchases by players are not permitted.
- Individual meetings between a player and coach may not occur in hotel sleeping rooms and must be held in public settings or with additional adults present.
- Meetings do not occur in hotel rooms, but the team may utilize a conference room or the lobby for team meetings and/or meals.
- If disciplinary action against a player, other than playing time, is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken or immediately after the action.
- No coach or chaperone shall at any time be under the influence of alcohol or drugs while performing their coaching and/or chaperoning duties.
- The team will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team manager who can assist with making those accommodations.
- In all cases involving travel, parents may request permission to transport their minor player for a special event with family members. Player must be within the parameters of curfew and notify team manager upon arrival at team hotel.
- Due to COVID 19: If a player becomes ill while participating in Team Travel,
   Team Lead will assess player symptoms and communicate with parent.
  - If deemed necessary by Team Lead, Coach, and HOC, parents may be required to facilitate player travel home at own expense

## TEAM TRAVEL PROTOCOL

During all Team Travel Monument Hockey Club players will:

- Follow the itinerary provided by the Team Leader
- Arrive 2 hours prior to scheduled flight departure time Team Lead will specify on itinerary
- Wear required dress for plane travel -Dress pants, belt, dress shoes, Monument Hockey Club polo. (All shirts must be tucked in)

- o All clothes must be clean, neat, and ironed if applicable.
- No baseball hats.
- Beanies, if worn, must be Monument Hockey Club and may not be worn inside.
- Hoods may not be worn inside.
  - Inside is defined as the airport, air plane, restaurant, hotel lobby, etc
- Monument Hockey Club Warm up jackets may be worn over dress clothes for plane travel.
- Wear required dress for games— Dress pants, dress shoes, belt, Monument Hockey Club polo shirt (Tucked in). Some coaches may require button down shirt and tie for in state games.
  - o All clothes must be clean, neat, and ironed if applicable.
  - No baseball hats.
  - o Beanies, if worn, must be Rampage and may be not be worn inside.
  - Hoods may not be worn inside.
    - Inside is defined as the airport, air plane, restaurant, hotel lobby, etc
  - Rampage/Monument Hockey Club Warm up jackets may be worn over dress clothes to games.
- Shower daily and adhere to dress code for all meals and events
- Eat breakfast together as a team
  - Wear Colorado Rampage/Monument Hockey Club warm ups or other Rampage/Monument Hockey Club clothing
    - No pajama pants, sandals, flip flops, soccer slides, hats, hoods, beanies or bed head
  - Be ready to compete
- Meet outside captain's or leader's room
- Ensure presence of all teammates
- Arrive, as a TEAM, on time to all scheduled events; breakfast, study time, enrichment activities, etc.
- Clean up after selves. Be respectful at all times

## PLAYER HOTEL BEHAVIOR POLICY

- Players are not permitted in a coach's rooms alone; only as a team
- Players may leave the lodging premises at designated times for meals/snacks
- Players should always travel in pairs when leaving the lodging premises
- Players should exercise caution when away from the lodging premises—use cross walks, stay in well-lit areas, be aware of surroundings, etc.
- Players are NOT permitted to use ride apps such as Uber or Lyft at any time during team travel without prior permission from Coach or team lead.
- Drugs, alcohol, tobacco, vaping and other illegal substances are not permitted in any player's room or possession at any time
- Pornographic material is not allowed among players and in rooms during travel

- Players MUST respect all property in playing facilities, locker rooms, buses, airplanes, and hotels-use each according to and only for its intended purpose
- Players MUST conduct themselves in a responsible manner at all times
- Players will not participate in or set up pranks for the purpose of embarrassing or humiliating hotel staff or teammates
- Players may not make incidental room purchases
- Roommates will shower alone and allow for privacy of others when changing
- Guests, other than teammates, are not allowed in any player's rooms
- Players are expected to participate in all team activities including study time, enrichment, rest and team meals unless prior arrangements are coordinated with team leader and coach
- Players may contact their parents without permission of the coach; however, except in urgent/emergency situations, players and parents should respect the itinerary by avoiding conflict with team functions such as study time, team meetings, and activities. Parental contact must occur within the parameters of curfew times and parents will respect and uphold the established boundaries. Parental visits outside of curfew times require discussion with coaches prior to any curfew breach.
- Players are required to follow all travel rules and Codes of Conduct
- Failure to comply may result in loss of playing time, suspension and/or additional disciplinary actions.