

Prospects Hockey Academy Resource Handbook



Our mission is to provide an environment that will enrich and nurture student-athletes, building confidence and achieving academic growth while developing their athletic passions.

www.prospectshockeyacademy.org

(314) 260-1457

Administration

Director of Operations

J.P. Beilsten

jp.beilsten@prospectshockeyacademy.org

Director of Education

Dr. Gabrielle Bruce

gabrielle.bruce@prospectshockeyacademy.org

Athletic Director

Greg Amlong

Greg.amlong@prospectshockeyacademy.org

Program Administrator

Kelli Hofstetter

kelli.hofstetter@prospectshockeyacademy.org

Staff

Senior Educator

Thomas Bruce

Tommy.bruce@prospectshockeyacademy.org

Strength & Conditioning Coach

Paul O'Connor

Paul.oconnor@prospectshockeyacademy.org

Athletic Trainer

Dr. Bill

Bill.myofit.stl@gmail.com

Success Coaches

Andy Willis

Andy.willis@prospectshockeyacademy.org

Jackson Wozniak

Jackson.wozniak@prospectshockeyacademy.org

Kyle O'Kane

Kyle.okane@carshieldhockey.com

Ryan McGrath

Ryan.mcgrath@carshieldhockey.com

Tommy Heinzman

Tommy.heinzman@prospectshockeyacademy.org

Dear parents and students,

Thank you for choosing Prospects Hockey Academy. The entire staff wants to welcome you. We look forward to partnering with you and your child. Our goal is to maximize all aspects of this experience for the benefit of each student-athlete. It is our privilege to be a part of your child's academic and athletic development.

This resource handbook is an important tool to ensure a successful year for everyone at Prospects Hockey Academy. We ask that you take the time to read and discuss the handbook with your family; please acquaint yourselves with the policies and procedures.

After reviewing this resource, please sign and return the last page to Dr. Bruce. We look forward to a wonderful year!

Sincerely,

Prospects Hockey Academy Staff

Academic Guidelines

Students attending PHA are considered homeschooled or distance learners. The academic requirements for these groups vary.

PHA is the host site to support each student in making appropriate academic progress- we do not determine the requirements.

We are pleased to help each student navigate their journey. PHA students are supported throughout the day by highly qualified teachers, experienced success coaches, and dedicated athletic development staff.

Admission

Families applying to Prospects Hockey Academy must demonstrate to the Administration a desire for a unique educational environment where complete student-athlete development is the focus. PHA will determine admission for students in grades 5-12 individually.

- Requirements:
 - Prospective family meeting
 - Transcripts or educational records
 - Signed financial agreement
 - PHA Registration on Crossbar

Arrival/Dismissal Procedures

Supervision in the PHA classroom will begin at 8:00am and conclude at 3:00pm.

Arrival is from 8:00-8:15 am. Students should be dropped off at the roundabout in front of the South Rink Main Entrance.

Dismissal is from 2:45- 3:00 pm. Students should be picked up at the roundabout in front of the South Rink Main Entrance.

Please use the attendance line to communicate all dismissal changes including releasing the student to anyone other than a parent/guardian. For student safety, please communicate changes as soon as possible.

Apparel

Students will be provided with a Prospects practice jersey and gloves. All students are required to have black, white, or navy blue hockey socks.

Additional apparel may be purchased through the PHA website.

Attendance

Absences, late arrivals, and early dismissals will be reported by 8:30am. Please leave a message on the classroom voicemail: 314-260-1457.

Behavior

Prospects Hockey Academy recognizes that each student has different needs. We value an individualized approach to meeting those needs.


Students will follow the expectations set forth by staff to ensure an equitable and positive learning environment for all. When these expectations are not met, staff will communicate with parents. Repeated attempts to resolve disruptive behavior can result in suspension or expulsion.


PHA holds a zero-tolerance policy for bullying and fighting. Bullying includes any actions or language that seeks harm, intimidation, or coercion. Any acts of bullying will be addressed immediately and communicated with parents of involved students.

Communication Pathways

For communications with staff, please follow these pathways:

Athletic related communication  Greg Amlong
greg.amlong@prospectshockeyacademy.org

Education related communication  Gabrielle Bruce
Gabrielle.bruce@prospectshockeyacademy.org

Operations and financial related communication  JP Belisten
Jp.beilsten@propsectshockeyacademy.org

Digital Use

Cell phones will remain silent during the school day. Phones will remain in student's assigned locker when not in use.

If a student needs to speak with a parent, they will be permitted to use a private space outside of the classroom or use the classroom phone. Otherwise, cell phones should not be used during academic or athletic times.

Students will have access to their phones during lunch.

Cell phones are not permitted in any locker rooms.

Use of gaming systems or video games on the computer are not permitted at PHA.

Students will remain on academic websites during academic time.

Dress Code

All articles of clothing will be school-appropriate. Students must always have a t-shirt on.

Pajamas are not permitted.

Students are expected to have athletic shoes for workouts every day. Slides, sandals, or slippers are not permitted in the gym or during workouts.

Food

Lunch will be offered Monday-Thursday. All students will bring their own lunch on Fridays. Students can opt in to the meal plan (Monday - Thursday) or bring their own lunches.

The lunch plan is \$150 per month. A link to enroll in the lunch plan for the school year will be provided in August.

DoorDash, Uber Eats, and other food deliveries are only permitted during lunchtime.

Dietary restrictions should be communicated to staff on the enrollment form. Staff will communicate with the caterers.

When preparing snacks for school please try to support healthy nutrition. Refrigerators are available for student use. Students may also pack lunch and snacks that can stay in their locker.

Inclement Weather Policies

Decisions about school closures will be communicated in an email to all parents as soon as possible.

PHA will monitor guidance from neighboring school districts and the City of St. Petersburg. The administrative team will also consider the geographic regions from which students and staff travel to assist in making the safest decision.

Parents always have the choice to allow their students to work remotely. Training that is canceled due to inclement weather will be rescheduled.

Internet Policy

Student computers will be connected to the PHA wireless internet. To ensure appropriate bandwidth, the PHA Wi-Fi will not be shared with students for use on other devices.

Aristotle classroom management software is required. This software will only be used by staff while students are present at PHA.

Medical Protocol

If an injury or illness outside of PHA results in a player being seen by a physician, please send a note to the PHA Athletic Trainer. Concussion protocol and return-to-play protocol will be supervised by Dr. Bill.

PHA staff can issue medication to students with a doctor's note or parent consent. All medications will be kept in a secure location.

School Safety

PHA will follow the Emergency Plans provided by the City of St. Peters.

School Supplies (daily)

Laptop & charger

Headphones with microphone

1-2" 3-ring binder

Dividers

Notebook paper

Pencils, pens, ruler, protractor, calculator

Water bottle

Athletic shoes/workout attire

Full on-ice gear

Shower essentials

Change of clothes

Combination lock

Student Expectations

Students must always behave in a respectful and professional manner. The expectations set forth by PHA staff are to ensure safety and equity while on premises. Students are expected to follow the academic behavior guidelines set forth by their enrolling educational institution.

ACKNOWLEDGMENT OF RECEIPT OF PHA RESOURCE HANDBOOK

The undersigned student and parent(s) hereby acknowledge receipt of the Prospects Hockey Academy Resource Handbook.

We have received, read, and discussed the Resource Handbook requirements and agree to fully abide by the contents.

Printed Name of Student: _____

Signature of Student: _____

Date: _____

Printed Name of Parent: _____

Signature of Parent: _____

Date: _____

*** Please complete and return this page ***

CONSENT AND RELEASE

AUTHORIZATION TO USE NAME, LIKENESS AND VOICE

I, _____, (parent of student-athlete) hereby expressly grant to Inter/Media Time Buying Corp. dba Inter/Media Advertising, InterPost Productions, Inc. Editorial, Inter/Image Productions, Inc., Imagine Stock Footage, Inc., NRRM, LLC., d/b/a CarShield®, as well as their respective affiliates, assigns, partnerships, Clients, and joint ventures, ("Company") the unrestrictive right and permission to use any and all of my statements, testimonials, and endorsements as well as my name, likeness and/or voice recordings, collectively referred to as in reference to their auto protection services ("The Service"). I agree to grant to Company worldwide rights in perpetuity for my Likeness to be utilized in all media and communication vehicles including, without limitation television, cable, satellite, radio, print, internet/online advertising, brochures, and public relation purposes, as well as all forms of media now known or later invented ("Media"). I understand that I am volunteering my time and energy to participate in this commercial production. I hereby forever expressly waive, release and relinquish all of my rights, title and interest in and my Likeness being used in all of the Media. I realize that the Company has relied at their expense and potential detriment upon my commitment to grant all the uses and rights set forth herein. Further, I represent and warrant that I am not a member of any union that has jurisdiction over this Agreement and am over eighteen years of age (18), unless signed by my Guardian below. I waive all rights to inspect and/or approve the Advertising or the uses to which it may be applied.

I HEREBY STATE THAT I HAVE CAREFULLY READ THE ABOVE TERMS AND
HEREBY AGREE TO AND ACCEPT ALL OF THE ABOVE TERMS.

PRINT NAME: _____

SIGNATURE (adult if minor): _____

PRINT NAME (adult of adult) _____

DATE: _____

PHONE: _____

EMAIL: _____



STUDENT-ATHLETE INJURY WAIVER

This agreement is entered into by and between the undersigned participant _____ and _____, along with its trainers, coaches, and teachers.

1. **Acknowledgment of Risks:** The Participant acknowledges that participation in fitness activities, including but not limited to strength training, flexibility exercises, aerobic exercises, and the use of exercise equipment and machinery, inherently involves risks of physical injury and possibly death. The Participant acknowledges that these risks may arise from a variety of factors, including but not limited to the use of equipment and the Participant's physical condition.
2. **Assumption of Risk:** The Participant voluntarily elects to participate in the activities and services offered by the Coach, fully aware of the potential risks involved. The Participant expressly assumes all risks of injury, including death, which may occur as a result of participation in these activities and use of equipment and machinery.
3. **Health Representation:** The Participant declares to be physically fit and free from any condition, impairment, disease, infirmity, or other illness that would affect nutrient metabolism or impede safe participation in the fitness activities. The Participant acknowledges the recommendation of obtaining a periodic physical examination and physician consultation regarding physical activity and equipment use. The Participant either confirms having received medical clearance for participation or elects to participate without physician approval, assuming all responsibility for such decision.
4. **Release and Waiver of Liability:** In consideration for being permitted to participate in the Coach's activities and use its programs and equipment, and in addition to the payment of any applicable fee, the Participant hereby releases and forever discharges the Releasees from any and all claims, demands, rights, and causes of action of any kind, arising from or by reason of any personal injury, property damage, or the consequences thereof, resulting from or in any way connected with the Participant's participation in any activities or use of any programs and equipment.
5. **Binding Effect:** This agreement shall be binding upon the Participant, their heirs, executors, administrators, and assigns.

This agreement is acknowledged and agreed to by the Participant on this [3/3/25].

Student's printed name: _____

Parent's Signature: _____ Date: _____

Academic Goals Sheet 2025-2026

Dear Parents,

At Prospects, we recognize that every student is unique, with their own strengths, challenges, and aspirations. We also understand that each family may hold different expectations for academic performance based on personal values, goals, and circumstances.

In the spirit of partnership, we invite you to share your expectations for your child's academic journey. Whether your focus is on steady progress, high achievement, personal growth, or a healthy balance of academic growth and personal well-being, your input helps us better support your student with a meaningful and personalized approach.

Please identify your specific academic requirements/goals for your student.

Minimum grade for each subject

Math: _____

ELA: _____

Social Studies: _____

Science: _____

PHA staff can withhold on-ice instruction until the above grades are met: yes no

PHA staff can withhold workouts until the above grades are met: yes no

Student name: _____

Parent name: _____

Parent signature: _____

Date: _____