

Moose Youth Hockey

Goalie Program

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Philosophy

The Moose Youth Hockey Goalie Program operates as a goalie focused extension of Moose Youth Hockey's philosophy of "every player be allowed to develop to the extent allowed by his/her physical abilities and interest" and is grounded in the same principles of: sportsmanship; respect for the individual; integrity; pursuit of excellence at the individual, team and organizational levels; enjoyment; loyalty; and teamwork.

Goalie development is too often left to families finding their own outside coaching. We owe it to our goalies to give them opportunities to develop within Moose Youth Hockey, even if we are not all certified goalie coaches. Development requires the opportunity to both succeed and fail without fear of "being benched" or losing playing time. As such, we will promote "trust in self 2" as described in The Inner Game of Tennis by W. Timothy Gallwey:

"Fortunately, most children learn to walk before they can be told to by their parents. Yet, children not only learn how to walk very well, but they gain confidence in the natural learning process which operates within them. Mothers observe their children's efforts with love and interest, and if they are wise, without much interference...When the child loses his balance and falls, the mother doesn't condemn it for being clumsy. She doesn't even feel bad about it; she simply notices the event and perhaps gives a word or gesture of encouragement. Consequently, a child's progress in learning to walk is never hindered by the idea that he is uncoordinated."

Goals

1. Create an environment where Moose Youth Hockey Goalies:
 - a. feel that they are an important part of their team
 - b. develop their skills
 - c. build confidence
 - d. return to play the following season
2. Create a brotherhood/sisterhood of Moose Youth Hockey Goalies, where the best athletes want to be goalies
3. Establish (and maintain) a progression model for Moose Youth Hockey Goalies, meeting each where they are and supporting their progress from there
 - a. Mites/U8 – Everyone tries goalie at least once either in practice or games AND everyone still "skates out" part of the time
 - b. 1st Year Squirt/U10 – "Block the puck" (Goalies should also learn to dress themselves)
 - c. 2nd Year Squirt/U10 – "Control the shot"
 - d. 1st Year PeeWee/U12 – "Control the crease"
 - e. 2nd Year PeeWee/U12 – "Control the slot"
 - f. 1st Year Bantam/U14 – "Control the house"
 - g. 2nd Year Bantam/U14 – "Control the zone"

Coaching Expectations

To support our goalies, **we will expect each team to have one dedicated coach to work with their goalie(s)**. The dedicated coach will work with their goalie(s) at each practice, providing them dedicated time to work on their skills. Providing dedicated time will aid your goalie's development, will show them that they matter as much as every other player on the team, and will help them feel like more than a target.

Every drill can be a goalie drill if you give the goalie a specific skill to focus on during the drill. Examples:

- Do not shoot from the red line to start a breakout drill, rather, rim the puck and have the goalie stop it behind the net
- Slow the pace of your "shooting drills" slightly to allow the goalie to track the rebound before setting for the next shot AND teach your team to add an escape move to buy the goalie time to recover
- Include the goalie in passing drills, either with a goalie partner, teammate, or coach
- Pass with your goalie if they are just standing around during a drill
- Never have a goalie lift their glove and allow a teammate to take the puck during a small area game, encourage the teammates to spread out and the goalie to play the puck to the corner or make a pass – worst case, start a new puck

The dedicated coach will also be **asked to attend as many goalie clinics throughout the season as possible**, in addition to team practices.

Bottom line, your goalie(s) is a member of your team and needs dedicated coaching and opportunities to both fail and succeed just like everyone else on the roster. Not knowing how to talk to or coach the goalie is not an excuse to not prioritize their development. It is suggested that Squirt/U10 and PeeWee/U12 coaches use the Squirt/U10 & PeeWee/U12 Game Evaluation form to talk about games with their goalies.

If you need drills for your goalie(s), use the drills you saw at goalie clinics, don't hesitate to use USA Hockey's age appropriate drills, or ask your goalie what they need to work on. Similar to the rest of your team, know that fundamental movements (like when the team skates inside and outside edges) are not favorite drills, but set the foundation for everything else. If you have questions about how to turn a drill into a goalie drill, talk to your goalie, another goalie, or another team's dedicated goalie coach.

Goalie Clinics

Moose Youth Hockey Goalie Clinics (“clinics”) are intended to provide association supported, dedicated goalie specific training opportunities to Moose goalies. Building from the approach we have used in recent years, we will continue to offer sessions run by outside goalie coaches. To further underscore the associations support for our goalies, we intend to hold these clinics during a consistent, prime Wednesday evening ice time.

Attendance and active participation in these clinics is expected for all Competitive level goalies, as each session is the equivalent of 3-4 team practices worth of goalie specific training. Coaches, whether from outside the association or Moose coaches, will challenge our goalies and may ask them to perform different skills or save selections than the goalie’s personal outside goalie coach may teach. This is by design and not intended to create a conflict with their outside coaching and personal style, rather it is to provide them yet another tool in their toolbox.

As a way to give back to their association, and to ensure coaches are able to follow their goalies through the stations, Bantam or High School level shooters will support clinics. Their role will be to build relationships with the goalies and to shoot (goalie level appropriate) for their assigned drills.

Team Practices

Attendance and active participation in team practices is expected for all goalies, as communicated by the team’s coach at the beginning of the season. Team practices provide an opportunity for the goalie to improve, while also challenging their teammates to improve their shots, crashing the net, etc. The exception to this expectation is when there is a Moose Youth Hockey Goalie Clinic scheduled at the same time as team practice.

We will expect each team to have one dedicated coach to work with their goalie(s). The dedicated coach will work with their goalie(s) at each practice, providing them dedicated time to work on their skills. Providing dedicated time will aid your goalie’s development, will show them that they matter as much as every other player on the team, and will help them feel like more than a target.

Every drill can be a goalie drill if the goalie has a specific skill to focus on during the drill.

Moose Goalie Mentors

Coaches who care about the goalie as a person, their development, and ensure that they feel part of the team are extremely important, but we can do more for our goalies. We intend to create a brotherhood/sisterhood of Moose Youth Hockey Goalies, where the best athletes want to be goalies.

As each goalie progresses through Moose Youth Hockey, they will have the opportunity to be both a mentor and a mentee. To strengthen these bonds, wherever possible, we will maintain the pairings year over year.

Pairings

The following pairing recommendations will be used whenever possible and goalies should remain paired until the mentor moves on to the High School program. When numbers do not allow for 1:1 pairings, goalies may have more than one (1) mentor/mentee for the season.

- 2nd Year Bantam/U14 & 2nd Year PeeWee/U12
- 1st Year Bantam/U14 & 1st Year PeeWee/U12
- 2nd Year PeeWee/U12 & 2nd Year Squirt/U10
- 1st Year PeeWee/U12 & 1st Year Squirt/U10

Expectations

- Mentor/Mentee talk to each other before/after each clinic
- Mentors attend at least one (1) practice (on-ice) and one (1) home game (off-ice) of mentee each month, October through February
- Bantams also attend at least one (1) top group Mite/U8 Team practice (on-ice) each month, November-February

Bricklayers Club

There is no better compliment for a goalie than to be called a “brick wall.” Earning that compliment takes time, hard work, and dedication to the fundamentals. The “Bricklayers Club” is our in-season goalie development program, designed to recognize dedicated Moose Youth Hockey goalies who are putting in the work to become a “brick wall.”

Requirements (subject to change with approval of Goalie Coordinator and HDC)

Starting the week of our first goalie clinic (October) and running through late February, goalies will have the opportunity to track and submit their activity each week. Points are cumulative for the season, with season thresholds set at 45 points for Squirt/U10, 55 for PeeWee/U12, and 65 for Bantam/U14.

- All Competitive Level goalies (each item is worth one (1) point per week)
 - Goalie Clinic attendance
 - All Team Practices attendance
 - Weekly shots completion (150 Squirts/U10, 250 PeeWee/U12, 350 Bantam/U14)
 - Wall ball completion (15 minutes Squirts/U10, 20 minutes PeeWee/U12, 25 minutes Bantam/U14)
 - Mobility completion (3x 10 minutes Squirts/U10, 3x 10 minutes PeeWee/U12, 3x 15 minutes Bantam/U14)
- PeeWee/U12 and Bantam/U14 goalies (each item is worth one (1) point per week)
 - Attend mentee practice
 - Attend mentee game
- Bantam/U14 goalies (each item is worth one (1) point per week)
 - Attend Squirt level mentee practice
 - Attend Squirt level mentee game
 - Attend top group Mite practice

Recognition/Award

Upon reaching the minimum point threshold for their level of play, goalies will qualify for a “Bricklayer Award” for that season. These awards will be recognized at the team’s year end party. In addition, awards will be cumulative throughout the goalie’s Moose Youth Hockey career, with achievements displayed for all to see.

- Apprentice – Goalie has achieved the minimum point threshold for one (1) or two (2) seasons
- Journeyman – Goalie has achieved the minimum point threshold for three (3) or four (4) seasons
- Master Bricklayer – Goalie has achieved the minimum point threshold for five (5) or more seasons

Adjustments to the above were honored for goalies who were PeeWee/U12 or older for the 2021-2022 season to allow for recognition while recognizing that the Bricklayers Club did not exist prior to the season.

- Select former goalies are eligible to be “Honorary” Master Bricklayers if they completed their youth career with Moose Youth Hockey (or previous association serving the same geography)

Initially the Bricklayers Club will be displayed virtually on the Moose Youth Hockey website. We are working to secure a location to place a physical display in Moose Sherritt Ice Arena. Goalies achieving

any of the Bricklayers Club levels will continue to be displayed at their highest level achieved and be part of Moose Youth Hockey Goalie history.

Off-Season

We recognize that Summer is time for other activities or some much needed rest and relaxation. We also recognize that some of our goalies will use this time to train with outside goalie coaches, while others may not. For all of our goalies, it is highly recommended that Moose Youth Hockey goalies attend the Summer STP program (Moose Camp).

No matter what your goalie chooses to do with their Summer, we encourage them to complete the annual Moose Shot Challenge. Goalies should use their goalie stick and wear both their blocker and glove/trapper for these shots. Puck handling is an important skill for goalies and game settings will require that they use their stick, blocker, and glove/trapper.

Appendices



Moose Youth Hockey Squirt/U10 and PeeWee/U12 Goalie Game Evaluation

Goalie: _____ Opponent: _____ Date: _____

Final Score: _____ Total Shots: _____

Total objectives achieved: _____ /16

Excellent Game 14-16	Very Good Game 12-13	Good Game 10-11	Get them next time <10
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First Period

1 Stop the first two (2) shots of the period	Yes	No
2 Earn one (1) goal against or fewer for the period	Yes	No
3 Stop the last shot of the period	Yes	No
4 Visibly display a good attitude throughout the period	Yes	No
5 ASK: were you happy with your play during the period?	Yes	No

Second Period

6 Stop the first two (2) shots of the period	Yes	No
7 Earn one (1) goal against or fewer for the period	Yes	No
8 Stop the last shot of the period	Yes	No
9 Visibly display a good attitude throughout the period	Yes	No
10 ASK: were you happy with your play during the period?	Yes	No

Third Period

11 Stop the first two (2) shots of the period	Yes	No
12 Earn one (1) goal against or fewer for the period	Yes	No
13 Stop the last shot of the period	Yes	No
14 Visibly display a good attitude throughout the period	Yes	No
15 ASK: were you happy with your play during the period?	Yes	No

Post Game

16 ASK: were you happy with your play during the game?	Yes	No
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Moose Youth Hockey Bricklayers Club

Current Annual Thresholds

Squirt/U10	45 points
PeeWee/U12	55 points
Bantam/U14	65 points

Goalie: _____

Week of: _____

Points: _____

Earn up to one (1) point per line each week

			M	Tu	W	Th	F	Sa	Su	Points
All	Attend Goalie Clinic	Yes, No, N/A (fill in all days)								
	Attend Practice	Yes, No, N/A (fill in all days)								
	# of Pucks Shot	# (not to exceed 40% of weekly goal)								
	Minutes of Wall Ball	#								
	Mobility/Yoga	Yes, No, N/A (fill in all days)								
PW/B	Attend Mentee Practice	Yes (fill in day attended)								
	Attend Mentee Game	Yes (fill in day attended)								
B	Attend Squirt Mentee Practice	Yes (fill in day attended)								
	Attend Squirt Mentee Game	Yes (fill in day attended)								
	Attend Mite/U8 Practice	Yes (fill in day attended)								

- Submit a picture/scan of this form to the Goalie Coordinator each Monday
- Signatures are required for credit to be earned (bring this form to Goalie Clinics and mentee/Mite ice times to receive signatures)
- Shot Goals: Squirt/U10 - 150/week, PeeWee/U12 - 250/week, Bantam/U14 - 350/week
- Wall Ball Goals: Squirt/U10 - 15 minutes/week, PeeWee/U12 - 20 minutes/week, Bantam/U14 - 25 minutes/week
- Mobility Goals: Squirt/U10 - 3x 10 minutes/week, PeeWee/U12 - 3x 10 minutes/week, Bantam/U14 - 3x 15 minutes/week

Goalie Signature: _____

Date: _____

Parent Signature (all information): _____

Coach Signature (practice attendance): _____

Outside Goalie Coach/Goalie Coordinator Signature (clinics): _____

Mentee Coach Signature (mentee practice/game attendance): _____

Mite Coordinator Signature (Mite practice attendance): _____