



Fox Cities Stars High School Hockey Team Handbook

Season: 2025–2026



Table of Contents

1. Welcome Letter
 2. Program Philosophy & Mission
 3. Contact Information
 4. Player Expectations
 5. Parent Expectations
 6. Practice & Game Policies
 7. Academic Standards
 8. Code of Conduct
 9. Disciplinary Actions
 10. Equipment & Uniform Guidelines
 11. Travel & Transportation
 12. Communication Protocols
 13. Social Media Policy
 14. Emergency Procedures
 15. Signature Page
-

1. Welcome Letter

Welcome to the 2025–2026 Fox Cities Stars Hockey Team! We are excited to have you as a part of our program. Our mission is to build a competitive, respectful, and hard-working team culture while supporting each player's development on and off the ice. We expect every player to represent the program with pride, discipline, and integrity.

Let's make this season one to remember—together, as Stars!

**Head Coach,
Todd Murphy**

2. Program Philosophy & Mission

Mission:

To foster teamwork, sportsmanship, and excellence in student-athletes while encouraging personal growth and academic success.

Core Values:

- Respect for teammates, coaches, opponents, and officials
 - Accountability and personal responsibility
 - Hard work and perseverance
 - Commitment to team and self-improvement
-

3. Contact Information

Head Coach:

Name: Todd Murphy

Phone: 920-540-8595

Email: tmrmurphy0819@gmail.com

Athletic Director(s):

School: Xavier/Luke Herrigis

Phone: 262-384-0364

Email: lherriges@xaviercatholicschools.org

Kimberly/Ryan McGinnis

920-570-3369

rmcginnis@kimberly.k12.wi.us

4. Player Expectations

- Attend all practices, games, and team meetings/meals unless excused in advance.
 - Be on time and ready to compete.
 - Respect all teammates, coaches, referees, and fans.
 - Maintain passing grades and school eligibility.
 - Represent the team positively in and out of school.
-

5. Parent Expectations

- Support the team through positive encouragement.
 - Promote good sportsmanship
 - Ensure timely transportation for your athlete when needed.
 - Stay informed via team communication channels.
-

6. Practice & Game Policies

- Players should arrive **30 minutes** before practice and must arrive **60 minutes** before games.
 - All absences must be reported to coaches in advance.
 - Unexcused absences may result in reduced playing time.
 - Team warm-ups and/or attire are mandatory.
 - Playing time is earned and at the discretion of the coaching staff.
-

7. Academic Standards

- Players must maintain **eligibility** as determined by their home school district.
 - Report cards may be reviewed by coaching staff.
 - Tutoring and study time will be encouraged when needed
 - Absences for School related reasons will be encouraged.
-

8. Code of Conduct

Players must:

- Obey school and team rules.
- Avoid drug, alcohol, and tobacco use.
- Demonstrate respect and sportsmanship at all times.
- Not post inappropriate or offensive content on social media.

Violations may result in suspension or dismissal from the team.

9. Disciplinary Actions

Violations of team rules may lead to:

- Verbal or written warnings
- Loss of playing time
- Suspension from games
- Dismissal from the team

All disciplinary actions are at the discretion of the coaching staff and in consultation with school officials.

10. Equipment & Uniform Guidelines

- Players are responsible for maintaining all team-issued gear, which includes hanging jerseys, washing all equipment weekly or every other week.
 - If your team issued items (Jerseys, Practice Jerseys and Covers) are damaged, you will be invoiced for them when the season ends.
 - Uniforms must be worn with pride and according to team standards.
 - Equipment checks may be conducted to ensure safety and compliance.
-

11. Travel & Transportation

- All players must travel with the team unless prior arrangements are made. You must have the form from your school filled out ahead of time.
 - Proper behavior is expected on buses and at all venues.
 - We will clean our home locker room, our away locker room and we will clean the bus. The goal is to leave it better than when we walked in.
 - Parents may be asked to assist with transportation for out-of-town games.
-

12. Communication Protocols

- The team will use Cross Bar, Text and Snap Chat for official communication.
 - Please check regularly for updates on schedule changes and announcements.
 - Use the **24-hour rule** before discussing concerns with coaches (cool-down period after games and practices).
 - If a player has an issue unrelated to playing time or position:
 - Approach the Captains First, if the issue is not solved
 - Approach Assistant Coach(s), if the issue is not solved
 - Approach the Head Coach, if the issue is not solved
 - The head coach will involve the Athletic Directors and/or the Player can reach out to their School Athletic Director.
 - If a player has an issue related to playing time or position:
 - Approach Assistant Coach(s) First, if the issue is not solved
 - Approach the Head Coach, if the issue is not solved
 - The Head Coach will involve the Athletic Directors and/or the Player can reach out to their School Athletic Director.
-

13. Social Media Policy

- Players and Parents should **think before posting**.
 - No negative comments about teammates, coaches, opponents, or officials.
 - Sharing team photos or highlights is encouraged—but keep it respectful.
 - Coaches reserve the right to address inappropriate social media behavior.
-

14. Emergency Procedures

- Coaches are trained in CPR/First Aid.
 - Emergency contacts must be up to date.
 - Injuries will be documented and reported to parents and school as necessary.
 - Concussion protocol will be followed per WIAA rules.
-

15. Signature Page

Please sign and return this page to the coaching staff by [DATE].

Player Acknowledgement:

I have read and understand the expectations and policies outlined in the handbook.

Player Name: _____

Signature: _____

Date: _____

Parent/Guardian Acknowledgement:

I have read and agree to support the expectations in this handbook.

Parent/Guardian Name: _____

Signature: _____

Date: _____