

JV/Varsity/Development FZW Code of Conduct Agreement 25/26 Season

## 1. All games and practices are mandatory.

• Games, practices, dry-land, and skills are mandatory. If you are unable to attend, the head coach or assistant coach must be notified by phone or text prior to the beginning of the event. An unexcused absence without a call or text will result in discipline appointed by your team's coach.

#### 2. Arrival Times

- 60 minutes prior to game time. Players are to be in the locker room and ready to warm up 60 minutes prior to game time. Players should be dressed and ready in the locker room at least 10min before scheduled gametime.
- For practices, players are expected to be ready and on the ice at the start of the scheduled practice. If a player is going to be late, they will need to notify the head coach or assistant coach.
- Being late has consequences. It is important that if you are going to be late, you
  must call or text the coaching staff.

# 3. Game Day Dress Code

- Players will arrive to games in the following:
- Dress pants or Khakis
- Dress shirt or polo shirt
- No tennis shoes
- Players will exit the rink after the game in the same attire

## 4. Locker Room Behavior

- Keep the dressing room clean, leave it cleaner than you found it.
- No cell phones, this is a USA Hockey rule, follow it.

# 5. Post-Game

 Players are to remove their gloves and helmets and wait for the coaches to address the team. Once the coaches have dismissed you, you may continue to get changed.

#### 6. 24-hour Rule

All players and parents will conform to the "24-hour rule". Team management
and the coaching staff will not discuss any problems with a player or parent until
the day after the game. Experience has shown that cooler heads make for more
productive solutions to problems.

# 7. Respect and Professionalism

- Players will show complete respect and professionalism to all on and off ice officials, coaches, teammates, opposing teams, and parents.
- We will be professional both on and off the ice, no exceptions.

## 8. Use of Language

- Use of profanity or abusive language towards teammates, coaching staff, team management, officials, fans, and opposing teams will not be tolerated.
   Consequences will be in effect immediately.
- Criticizing or complaining about teammates will not be tolerated. This is a team sport, support your team.

#### 9. Social Media

- Social Media used in a negative capacity will not be tolerated. No foul language, threats of violence, derogatory photos or comments about teammates, opponents, coaches etc. on social media.
- As a reminder, once you post something on social media, it lives forever, be smart.

#### 10. On and Off Ice Behavior

- Players will respect players, coaches, teammates, parents, officials, rink staff, and the rink facilities both at home and out of town.
- Players are to not use any substance including but limited too: Tobacco products, alcohol, illegal substances, performance enhancing substances. There is a strict policy against the use of such products.
- Players will abide by the rules and regulations set forth by USA Hockey and MO Hockey. This includes equipment standards, safe sport standards, and rules within the participation of a hockey game.

Please read through the Code of Conduct and keep this for your records. It is extremely important that both players and parents understand the Code of Conduct, and abide by the rules set forth by coaches, team management, USA Hockey, and MO Hockey. Any violation of the Code of Conduct will result in disciplinary action which will be discussed with the player, parents, and coaching staff.

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