



## **CRC Baseball T-Ball Guidelines**

**\*\*There are some good ideas for practice and games in this link, including videos\*\***

<https://www.littleleague.org/play-little-league/tee-ball/>

### **The Rules:**

- A complete game will consist of 5 innings or however many innings you get in, in 75 min.
- Games should start on time, warm up time is 15 -30 minutes before the game
- All batters will bat using a tee
- Coaches will umpire their own games.
- Each team will bat through their lineup each inning disregarding the number of outs.
- If an out is made the player called out will return to the dugout, but outs will not be kept.
- The score will not be kept. (unless coaches agree or you want to)
- Fielding – all players present will play in the field.
- Only Soft/tee-ball/RIF baseballs can be used. No hard Baseballs.
- Base path distance is Approx 45 ft.
- Teach them normal defensive positions, but it is okay to move them in and/or not have anyone in the outfield.
- Defense can have as many coaches on the field they want
- Players must wear helmets when batting and running. Teams will share helmets.
- No strikeouts
- In addition to 1st & 3rd Base Coaches, the Catching Coach can assist Batters with stance and swing
- Bunting is not allowed.
- Players advance one Base on a hit. The last hitter in each inning is the home-run hitter, the kids can then run all the way to home.
- Base runners may not take leads. One foot must remain on the Base until the Ball has been hit.
- Players may not attempt to advance on overthrows.
- Only 2 Players may hold Bats at any given time (Batter at the Plate, and the Batter On-Deck).
- Batters must drop the Bat after hitting the Ball. Throwing the Bat after first warning is an out.

### **General Notes**

- All accidents should be reported to the League's Commissioner.
- The website/commissioner will tell you if a field is closed or game cancelled. Once game starts, it is up to the coaches.
- Lighting/Thunder: MUST wait 20 minutes after either.

**Parents, please organize snacks and drinks for the players after each game**

Coaches, please have fun with your young players.

Let's make the players love baseball so much that they want to come back next year.