

COLORADO 14ERS NEWSLETTER

AFFILIATED WITH THE LITTLETON HOCKEY ASSOCIATION (LHA)



And it's a wrap...

Like all good things, the 2025-2026 season is coming to an end. Let's celebrate our accomplishments from the past month!



2026 CENTENNIAL CUP
12UA - CHAMPIONS
15UA - RUNNER UP





2026 RMHF PLAYOFFS

15UB - CHAMPIONS
(GOLD DIVISION)

15UA - RUNNER UP
(PLATINUM DIVISION)

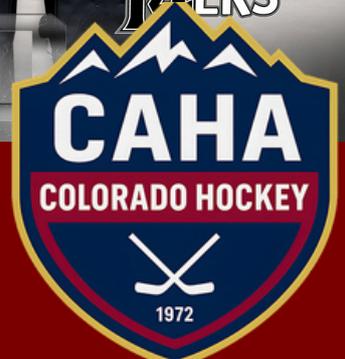




WGHL 2025-2026
19UAA - CHAMPIONS



2026 TIER II PLAYOFFS
16UAA - RUNNER UP



**POND HOCKEY
10UA - CHAMPIONS**



**END OF SEASON
GAMES IN PUEBLO**

8U



Senior Night 2026



Summer Activities



4th Annual Minnesota Hockey Camp

This elite training experience brings the best of Minnesota High School Hockey right to Colorado, with expanded sessions and new coaches joining the roster. Open to all age groups 10U to 19U. Players will be split into two groups dependent on birth year.

Camp Dates

July 27 – July 30, 2026

Edge Ice Arena – East Rink

We will host multiple sessions daily to accommodate all age groups, ensuring tailored development and competitive balance for every player.

Daily On-Ice Schedule

Monday, July 27 | Tuesday, July 28 | Wednesday, July 29 | Thursday, July 30

9:00 AM – 10:00 AM

10:15 AM – 11:15 AM

12:30 PM – 1:30 PM

1:45 PM – 2:45 PM

3:00 PM – 4:00 PM

Full camp schedule will be added ASAP

Cost: \$525

Players can look forward to:

- High-intensity on-ice development sessions
- Strength, speed, and agility training
- Video breakdowns and classroom sessions covering offensive and defensive strategies, zone entries, and more
- A fun, competitive environment focused on skill-building and confidence



Spots are limited. Don't miss your chance to train with some of the best minds in the game.

Join us for four days of elite-level development, growth, and hockey excellence.



Compete Series - Summer

These high-intensity, full-ice scrimmages are designed for Tier 1 and Tier 2 players from Colorado and surrounding states looking to stay sharp during the off-season. A great option for athletes coming out of Spring or High Plains Hockey League play.

Time: Mondays at 6:15 PM

Location: Edge Ice Arena

Age Group: 14U-19U (2007-2013 Tier 1 & Tier 2)

Capacity: 36 Skaters & 4 Goalies

Fee: \$350 (reversible jerseys provided)

Dates: 6/1/2026, 6/8/2026, 6/15/2026, 6/22/2026, 6/29/2026, 7/6/2026, 7/13/2026, 7/20/2026, 7/27/2026, 8/3/2026, 8/10/2026

Program Details

- Format: Full-ice scrimmage games each session
- Objective: Competitive gameplay to enhance skill development, tactics, and teamwork
- Coaching: Led by experienced coaches providing real-time feedback
- Teams: Players will be split into teams each week
- Officiating: Games will be overseen by official referees

3rd Annual Goaltending and Shooting Camp

This camp features an outstanding lineup of both NCAA and professional players. It is designed to focus both on goaltending and shooting techniques. Goaltenders will work on positioning, tracking and save selection and players will work on improving scoring ability.

Athletes will receive specific positional training, high repetition skill work and coaching that emphasizes confidence, hockey IQ and game awareness.

Spots are limited - sign up now!

Dates: July 10-12

Location: Edge Ice Arena

Age Group: 2008-2015 - shooters and goalies will be grouped appropriately

Fee: \$425

Summer Skating & Skills

These sessions focus on skating mechanics, puck skills, and high-repetition development in a fun, fast-paced environment.

Time: Thursdays at 6:00 or 6:15 PM

Location: Edge Ice Arena

Age Group: All ages & skill levels

Fee: \$325

10U–12U Full Ice Scrimmages

These sessions are designed to give younger players more full-ice game experience in a structured and competitive environment while still keeping the focus on development and decision-making.

Time: Fridays from 6:15–7:15 PM

Location: Edge Ice Arena

Age Group: 10U & 12U (2014–2017)

Fee: \$225

Program Details

- Format: Full-ice scrimmage games each session
- Objective: Competitive gameplay to enhance skill development, tactics, and teamwork
- Coaching: Led by experienced coaches providing real-time feedback
- Teams: Players will be split into teams each week



2026-2027 Season Tryouts

While one season is ending, plans for the next season are underway!

- Registration for **Tier II tryouts** will open in **May**
 - Transfers are able to register July 1 if accepted into the association
- Tier II teams are 14UAA, 16UAA Prospects, 16UAA and 19UAA; birth years 2013 and below
- **Pre tryout skates** will be held on **July 14th and 15th**
- **Tier II tryouts** are **July 16th and 18th**
 - IMPORTANT NOTE: If your player is interested in playing on one of these teams they must sign up for and attend tryouts!
- **Tier II practices** will start in **mid-August**

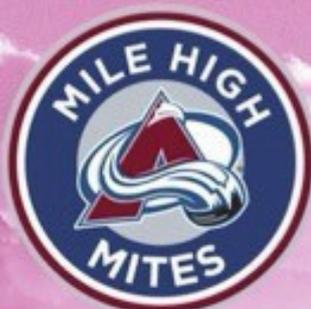
Tryout and evaluation details for **all other levels** will be posted to the Colorado 14ers website no later than **May 1st**.

Coaching announcements will be made over the next month.

We look forward to your player continuing their journey with the 14ers.

Mile High Mites

Mile High Mites for GIRLS starts April 11th. This is a great opportunity for girls ages 5-9 to try out hockey. All the necessary equipment is included with the registration cost!



The Colorado Avalanche are pleased to announce a partnership with the NHL & NHLPA to bring you the Mile High Mites Learn to Play Hockey Program for **GIRLS** aged 5-9 years old. Built to maximize the number of **GIRLS** playing hockey in Colorado by providing the gold standard of Learn To Play Programs. Each host association will provide a fun and effective program by delivering the game in an age-appropriate manner, consistent with USA Hockey ADMLTAD models.

Registration and rink locations will be first-come, first-served and based on availability

\$305 PER PLAYER

Limited total players per location. No taxes or fees.

SAT April 11 th	@ 9:15 AM – 10:15 AM
SUN April 12 th	@ 9:15 AM – 10:15 AM
SAT April 18 th	@ 9:15 AM – 10:15 AM
SUN April 19 th	@ 9:15 AM – 10:15 AM
SAT May 2 nd	@ 9:15 AM – 10:15 AM
SUN May 3 rd	@ 9:15 AM – 10:15 AM

Littleton Hockey Association & Colorado 14ers

Edge Ice Arena
6623 S Ward St, Littleton, CO 80127



INCLUDES:

- One (1) player registration for the Learn to Play program at the association/rink of your choice
- Full set of brand new fitted hockey gear through Pure Hockey
- Six (6) 1-hour on-ice instructional sessions
- One (1) on-ice session will include Colorado Avalanche Alumni or Female Ambassadors members to teach the game and educate the players*
- The program is available for players that are not currently rostered on a team and registration is based on that criteria. All player eligibility is subject to review and spots are not guaranteed until your player has been cleared by USA Hockey, CAHA and the Colorado Avalanche.
- One (1) Colorado Avalanche ticket per registration.

**Subject to Colorado Avalanche Alumni availability.*

FOR MORE QUESTIONS OR MORE INFORMATION, PLEASE VISIT:

learntoplay.nhl.com/locations/avalanche/



COLORADO AVALANCHE YOUTH HOCKEY DEVELOPMENT
Youth.Hockey@TeamKSE.com

EQUIPMENT INCLUDES: MILE HIGH MITES JERSEY & STICK, HELMET, SKATES, GLOVES, PANTS, SHOULDER PADS, SHIN GUARDS, ELBOW PADS, 30" EQUIPMENT BAG

Reflections



We asked our coaches a couple of questions regarding the season.

- What is your favorite memory of this season?
- What three words would you use to sum up the season/team?

Coach Reece - 10U

- The Steamboat Tournament in November
- Fun, learning, and growth

Coach John - 12UB

- Maybe recency bias is playing a role here, but I think if there's one thing I'll take with me from this year, it'll be our last game. It was a 1-0 shootout loss that went 7 or 8 rounds. The way the pressure built and built and built in the game and the way our players rose to meet it each time made me deeply proud of them. It wasn't the result we wanted on the scoreboard, but it tested our player's mettle down to the last second and they did not disappoint. As they say, the kids are alright.
- What a blast!

Coach Brian - 12UA

- Favorite memory was winning the Aspen Fall Faceoff, my favorite sport, my favorite city, my favorite team! Also hearing each player's favorite memory of the season prior to our last championship (most had nothing to do with actual hockey) was a highlight as well. Viva Las Vegas!
- Drive, passion, friendship

Coaches Pat/JP/Vince - 14UAA

- Winning the NGHL championship in Denver

Coach Chuck - 15UB

- My favorite memory of this season was winning our division in the RMHF playoffs. The girls were so excited and proud of themselves. They worked through so much adversity early in the season, and it paid off with a banner and lots of smiles.
- Resilience, commitment and fun!

Coach Erika - 15UA

- Tortilla slap challenge
- Opportunity, capitalize, growth

Coach Sasha - 16UAA

- My favorite memory was when 16U won the NGHL tournament and all shared a big group hug on the ice after! That weekend every girl on the team believed in herself and her teammates. It was so awesome!
- Hardworking, hilarious and committed!

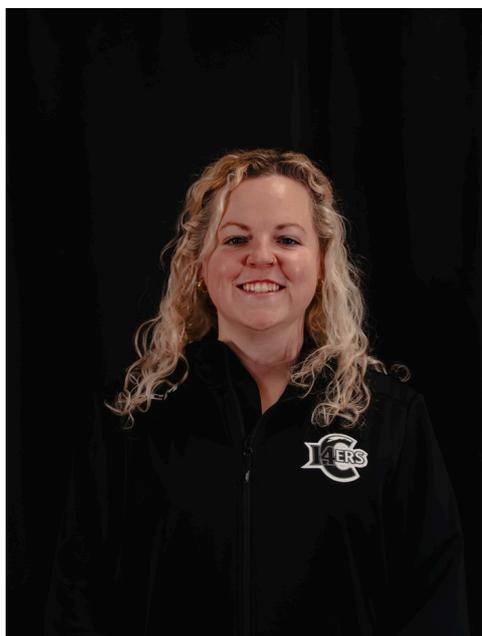
Coach Kerry - 19UAA

- As a coach it's all the little moments you get in practices and games, even traveling that really stick out. Winning WGHL was fantastic and a well earned cap to the season, but it's the little moments we get with the team that are some of the favorite memories.
- Growth, determined, resilient

Spotlight on...15UA & B Coaches



Each month, we are going to put a spotlight on different members of the 14ers community. This month, we learn a little more about our 15UA & B coaches!



Head Coach 15UA Erika von den Benken



How long have you played hockey and where?

- I started skating when I was 2 years old and have been playing hockey ever since. I grew up playing on various club and travel teams in the Boston area and continued my career at UMass Amherst. I currently play in two leagues here in Colorado to keep competing and stay connected to the game.

How long have you coached hockey and where?

- I began coaching in 2020. I've coached travel teams in Boston and served as a Girls Varsity coach at Boston Latin Academy. After moving to Denver in June 2024, I joined the 14ers and have loved being part of the hockey community here.

What do you like best about coaching 15U?

- 15U is such a fun age. We get to start expanding on systems, situational hockey, and the details that separate good teams from great ones. They still bring energy and personality to the rink, but there's also a growing maturity and accountability that makes coaching them incredibly rewarding. It's such a great stage to push their development, build leadership, and help them gain confidence in their game as they prepare for the next level.

Do you celebrate St. Patrick's Day and, if so, what do you do?

- Being born and raised in Boston, St. Patrick's Day is basically a sport of its own. You'll find me wearing green, enjoying a classic boiled Irish dinner, and if I'm back home, usually at the parade followed by the Dubliner, celebrating with friends. It's one of those holidays that brings everyone together — good food, good company, and a little extra Boston Irish pride.



Head Coach 15UB Charles Oese



How long have you played hockey and where?

- I have been playing hockey since 1980. My Dad had NY Rangers season tickets during that time and I bugged him until he put me on the ice at 8 years old. That was 44 years ago.
- I played for Seton Hall Prep HS in NJ and then went to the University of Delaware and played ACHA D1 hockey. My senior year in college I was named to 3rd Team All-American as a defenseman. I did get to try out for an ECHL team after college but they sent me home after one day!

How long have you coached hockey and where?

- This is my second year as a coach and second season with the 15U 14ers. I was also a hockey camp counselor back in 1991 where I got to be on the ice with Paul Stasny his first day on skates, true story!

What do you like best about coaching 15U?

- I love coaching the 15U team and have had so much fun watching the girls develop an incredible amount from the beginning of the season where we're not so sure what off sides is to getting to a position where we won our first banner just last night! It's so rewarding to see them come together as a team and the intensity the girls show on the bench and in the locker room rivals any team I ever played on growing up.

Do you celebrate St.Patrick's Day and, if so, what do you do?

- As a firefighter I love St Patty's Day, but my days of Guinness are long gone. I even played the bag pipes for a few years. This year I will wear some green but I work the next morning so I'll probably be in bed by 8pm.



Assistant Coach 15UB Mady Walker

How long have you played hockey and where?

- I played hockey for a little over 10 years (Littleton, Colorado Girl Select and adult league).

How long have you coached hockey and where?

- This is my 3rd year overall and all with Colorado 14ers.

What do you like best about coaching 15U?

- Coaching at 15U level is fun watching the players continuing to grow and it's fun seeing girls hockey continuing to grow over the years.

Do you celebrate St.Patrick's Day and, if so, what do you do?

- I don't really celebrate St. Patrick's Day.



Assistant Coach 15UB Dan Andrews

How long have you played hockey and where?

- I started playing hockey at 13 and played through high school and at Club level at Colorado School of Mines. I still play in adult leagues and hit the ice as often as I can!

How long have you coached hockey and where?

- I have been coaching since 2023, always with the 14ers organization. It has been so much fun teaching not only my own daughters but so many others who love the game of Ice Hockey!

What do you like best about coaching 15U?

- My favorite thing about coaching 15U is watching the players really find their stride. At this age, less energy is needed to keep players on task, allowing everyone on the ice to accelerate progress toward shared goals.

Do you celebrate St.Patrick's Day and, if so, what do you do?

- Celebrate? I do, as long as you count wearing something green(ish), eating something vaguely Irish, and pretend it is spring already.



Assistant Coach 15UB Andre Wright

How long have you played hockey and where?

- I've been playing hockey since I was 10 years old and played through high school. Over the years I've played in a variety of leagues and environments, and the game has always been a big part of my life. Hockey has given me some incredible experiences and lifelong friendships.

How long have you coached hockey and where?

- I've been coaching hockey for about 17 years. During that time I've worked with players at many levels, starting with 8U development all the way up through 19U AA travel teams and high school varsity programs. Coaching has been one of the most rewarding ways for me to stay connected to the game and help young players grow both on and off the ice and give back to the community.

What do you like best about coaching 15U?

- What I enjoy most about coaching 15U is seeing the players really start to develop their skills, hockey IQ, and confidence. It's a great age where they're learning the structure of the game but still having a lot of fun with it. Watching them improve throughout the season and grow as teammates is the best part. I love the energy the girls bring to the rink and the smile on their faces.

Do you celebrate St. Patrick's Day and, if so, what do you do?

- This year I'll be celebrating St. Patrick's Day the hockey way – by playing in a hockey tournament in Boston.



Assistant Coach 15UB Jeff Craven

How long have you played hockey and where?

- I began playing hockey when I was 5 years old and played competitively through high school. I continued to play an occasional drop in game during college before I took a 20-year break from hockey when I began my professional career. I resumed playing 5 years ago and it is great to be back on the ice!

How long have you coached hockey and where?

- I began coaching with Littleton 5 years ago when my son decided to play hockey. The following season, my daughter began playing for the 14ers and I have been fortunate to be able to coach both of them from 10u to 15u.

What do you like best about coaching 15U?

- The most enjoyable part of coaching 15u is helping the girls continue to develop into hockey players by expanding their hockey knowledge and confidence to make decisions and believe in themselves. It is also great to see the smiles, genuine friendships, and the support they provide each other on the ice as well off the ice.

Do you celebrate St. Patrick's Day and, if so, what do you do?

- Yes, typically we celebrate with a traditional Irish dinner of corned beef and cabbage, however this year we will be enjoying spring break skiing in Crested Butte.

Assistant Coach 15UA Bryce Jankowski

How long have you played hockey and where?

- I have been playing hockey since I was 5 so over 30 years at this point. I always played in Colorado for several different teams starting at house and playing through AAA. An injury set me back two years and then I came back and have been playing beer league ever since. About 6 years ago I started and played for a team called the pikes peak vigilantes playing in the MHL (semi pro senior A). That's the highest level I have played.



How long have you coached hockey and where?

- I have been coaching for 5 years all for the 14ers. 10U - 15U A.

What do you like best about coaching 15U?

- My favorite part about coaching 15U is how it reconnects you with the real heartbeat of the game. At this age, the girls start to feel a genuine competitive drive and a real desire to win. That shift changes the entire dynamic. You're no longer just correcting edges or positioning, you're helping them channel emotion, confidence, and pride into how they play. It becomes less about teaching hockey skills and more about guiding their passion for the sport.



Do you celebrate St.Patrick's Day and, if so, what do you do?

- I wouldn't say that we necessarily "celebrate" st Patrick's day but I most definitely will be making Beef & Guinness stew and having a glass of Irish whiskey!

THANK YOU COACHES





Resources

We want to ensure that you are able to get answers to all your questions throughout the season. These are your point people and their areas of responsibility:

Coaches: Coaching, competition, and player development

Team Manager: Communication, fundraising, social events, team travel arrangements, minor official staffing (scoreboard/scoresheet/penalty box), Tier II team paperwork gathering/compilation (if applicable)

Team Treasurer: Bookkeeping (calculation/collection/management/tracking of team fees)

Level Representatives: Conduit between the team managers/coaches and the Colorado 14ers director, responsible for planning and execution of 14ers all club activities, coordination of manager and treasurer activities to share best practices and ensure all required activities are completed (SafeSport training, monthly accounting submission, etc.)

Colorado 14ers Director: Overall 14ers program responsibility

As a reminder, the 24 hour rule applies for any complaints:

Parents may not approach or contact a coach, team manager, level representative, segment leader, or other LHA staff member to voice complaints or displeasure with coaching decisions during or immediately following a game or practice. Parents must wait a minimum of twenty-four (24) hours before initiating contact or communication with such individuals.

Coaches, team managers, level representatives, segment leaders, or LHA staff members may not approach or contact a parent to voice complaints or displeasure during or immediately following a game or practice. Such individuals must also wait a minimum of twenty-four (24) hours before initiating contact or communication with a parent; provided, however, that such 24-hour period does not apply to electronic communications in which a parent is copied pursuant to the Social Media and Electronic Communication Policy.

We are looking forward to a terrific season and have plans for activities to continue to further strengthen the 14ers as an organization, along with developing players at all levels.