middletownyouthlacrosse.org

MIDDLETOWN LACROSSE

Questions? Contact 860-469-5290
or middletownyouthlacrosse@gmail.com

Leadership

Meet the team behind the teams

- Website, Robert McMullen
- Treasurer, Owen Bernard
- Secretary, Patrick McKenna
- Sportsmanship, Peter Piazza
- Head of Girls, Krystina Latina
- Head of Boys, David Marsh
- Apparel Girls, Becky Tynan
- Apparel Boys, Becky Ficaro
- Officials & Fields Girls, Shannon Roy
- Officials & Fields Boys, Casey Lemay
- Equipment, Andy Ariza

Coaches & Managers

The backbone of MYL

- **Boys Seniors 14U - Joe McCall, Owen Bernard, Al Tabaszewski, Sean Boyle, Alberto DeLernia, Rich Davis**
- **Girls Seniors 14U - Becky Tynan, Shannon Roy, Patrick McKenna, Sean Denno, Katie Pek**
- **Boys Juniors 12U - Joe Slaughter**
- **Boys Bantam 10U - David Pavia, David Marsh, Cliff Morton, Corey Barrett, Casey Lemay**
- **Girls Bantam 10U - Mark Barnes, Jon Bechtel**
- **Boys Lightning 8U - Andy Ariza, Nick Mayo**
- **Thunder 6U Clinic - Robert McMullen**

Loaner Equipment Day

Saturday 3/14, 9:00-11:00 AM

Extra Space Storage, 56 Pameacha Ave, Middletown

https://www.usalacrosse.com/sites/default/files/documents/Safety/USAL-equipment-guide-low.pdf

MYL can loan out everything except…

- **Mouthguard**
- **Cleats**
- **Protective cup for Boys Lacrosse**

Apparel Store & Mondo Fundraiser

<u>Apparel Store</u> - Open Friday 3/20 to Sunday 3/29

Get some new gear, look slick, and you will help someone borrow a stick.

<u>Mondo Fundraiser</u> - Tuesday 3/24

Grab a slice and support the MYL loaner equipment program.

Thunder 6U Clinic

Vinal Tech

Saturdays 3/28-6/6

9:00-10:00 AM

Lacrosse Sticks and Practice Pinnies will be distributed on the first day of the clinic.

Boys & Girls Lacrosse Teams

Lightning 8U (1st-2nd grade) – Boys Team

Bantam 10U (3rd-4th grade) – Boys Team & Girls Team

Juniors 12U (5th-6th grade) – Boys Team

Seniors 14U (7th-8th grade) – Boys Team & Girls Team

Practice Schedule

<u>PRESEASON</u> – Girls Teams, Starting Week of 3/16

- **Bantam 10U**
  - **Tue/Wed, Indoor TBD, 6:00-7:15 PM**
- **Seniors 14U**
  - **Mon/Wed, Indoor TBD, 7:15-8:30 PM**

Practice Schedule

<u>PRESEASON</u> – Boys Teams, Starting Week of 3/16

- **Lightning 8U**
  - **Mon/Thu, Indoor TBD, 6:00-7:15 PM**
- **Bantam 10U**
  - **Tue/Thu, Indoor TBD, 7:15-8:30 PM**
- **Juniors 12U**
  - **Wed/Fri, Moody Courts, 5:00-6:30 PM**
- **Seniors 14U**
  - **Tue/Thu, Moody Courts, 5:00-6:30 PM**

Practice Schedule

<u>OUTDOOR</u> – Girls Teams, Starting TBD

- **Bantam 10U, Mon/Wed, 6:00-7:15 PM, Vinal Tech**
- **Seniors 14U, Mon/Wed, 6:00-7:30 PM, Vinal Tech**

Practice will move outdoors once fields open, typically the first week of April.

Practice Schedule

<u>OUTDOOR</u> – Boys Teams, Starting TBD

- **Lightning 8U, Wed/Fri, 6:00-7:15 PM, Moody**
- **Bantam 10U, Tue/Thu, 6:00-7:15 PM, Vinal Tech**
- **Juniors 12U, Wed/Fri, 6:00-7:30 PM, Moody**
- **Seniors 14U, Tue/Thu, 6:00-7:30 PM, Moody**

Practice will move outdoors once fields open, typically the first week of April.

Game Schedule

CVYL league games are currently being scheduled.

Our goal is to schedule games for practice days, Fridays, Saturday, or Sundays.

All games will be posted on our website by the beginning of April.

Shamrock Shootout

Boys Seniors 14U will be attending a preseason tournament THIS SUNDAY 3/15 in the afternoon.

Vale Sports Club, 49 Randolph Rd, Middletown

Game Times 3:05 PM, 3:40 PM, and 4:15 PM

Coach Joe will reach out to the team with all the details.

Wesleyan Clinic

Girls Teams will be attending a preseason clinic with the Wesleyan Womens Lacrosse team next THURSDAY 3/19 time TBD.

Smith Field, 172 Long Ln, Middletown

Coaches will reach out to their teams with all the details.

Uniforms / Pinnies

All apparel items will be distributed at practice during the first few weeks of the season.

- **Players keep Practice Pinnies**
- **Players keep Game Shorts**
- **Players <u>return</u> Game Jerseys at their last game**

2026 Spring Season

Building players, our sport, and our community

- **Strong leadership with room for more**
- **Experienced coaches creating a positive culture**
- **Help recruit new players and invite a friend**

Spread the word, MYL is for everyone!

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