

SOUTHINGTON LACROSSE ASSOCIATION

November 20, 2024

In attendance: Kyle Savage (President), Martha Rogers (Treasurer), Chris Ragali, Sara Ruddy, Brittany Connor, Jake Thornton, JW Fischer, Jamie Olsowy, Kelly Savage, Alexis Cordiano (secretary), Suzanne Naples, Chris Connor (Boys VP)
Excused absence: Kristen Bannon (Girls VP)

MOTION to start/open meeting 19:05 Kyle Savage, seconded, ALL in favor

MOTION to waive reading of minutes Brittany Connor, seconded, ALL in favor

PRESIDENT'S REPORT: deferred time

GIRLS VP: (sent in by K.Bannon)

Looking for someone to run winter training

USA lacrosse coaching development opportunity Jan 18&19, Sacred Heart University.

SLA should cover cost for each coach to attend.

Working on uniform cuts for girls, particularly skirts

BOYS VP:

Pick up and play a success

Portable lighting stands. Battery powered LED on tripod - \$20k, gives flexibility.

CVYL dialing back certification

TREASURER'S REPORT:

Balance sheet — small increase in savings

Operational acct — registrations for boys ~\$3600 in boys registration winter clinics

Will work on report by age group

Girls registration ~\$1000

Coaches' consulting fees — fall clinic checks cashed

Deposit on All Access (300 deposit, 310/hr) — need 2 installments

Recently, FSA for winter (\$1600 for position clinic); anticipate for winter — need correct dates and time (200/hr) put into contract

OLD BUSINESS:

1. Try Lax Recap/Pick up and play — 54 total. 3 directly signed up for winter.
2. Open Officer Positions — (10 head coaches for schedules)
3. SLA Survey — coach feedback; positives, opportunities, any specific. Given individual FB.
4. Winter training — almost covering our costs; girls numbers affected by Armory. consider conditioning with a stick. Dodging, cradling, footwork, ie Forisi (conditioning, fitness, speed and agility, sport dedicated fitness), SPC (ie sports performance center at YMCA)
5. Coaching and development coordinators — another post, to use USA lax post also
6. Remaining goal pick up (2) — one at DePaolo and one at Rec
7. Pickleball fundraiser — tabled for new year
8. Other fundraiser — sponsorship banners on fence at panthorn, goal banners
- 9.

NEW BUSINESS

1. Holiday Break Position Clinic — goalie, defense, shooting and dodging
2. U12/U14 Evaluations — FSA dates, early February.
3. Coaches' Registration — 13 registered thus far

MOTION to adjourn 20:40 by Kyle Savage, seconded, ALL in favor

Respectfully submitted,

A. Cordiano