



Higher Skill Level Option - Minnesota Hockey Girls Junior Gold 19U Tournament Team

MNH is looking to provide a high skill level skating option to complement the regular 19U Girls Junior Gold season. If you are interested in skating in additional out-of-town tournaments, make sure you check that off on the registration form. We are currently gauging interest to see if enough players across the state would be interested in playing with other players in a couple of extra tournaments.

Minnesota Hockey strives to provide all eligible members with a place to play at an appropriate age level as close to home as possible. To make this process more efficient and ease the frustration of players and families, Minnesota Hockey has developed a process for placing eligible 19U female players onto teams, it all starts by filling out the Interest Registration Form. This is not a formal team registration - that will come later. This step alerts the 19U team to your interest. Your information will be shared with the appropriate hosting teams for the upcoming seasons.

Have friends? Great, we will do our best to keep you all together.

They need to fill out the Interest Registration Form as well. Each of our teams host senior nights, team activities and travel to an out-of-town tournament in addition to the local games and practices.

Plus, Minnesota Hockey hosts a 19U Girls Junior Gold State Tournament to wrap up the season.

If high school hockey isn't for you but you still love the game, give Girls Junior Gold Hockey a try! You'll love it! Not sure if you want to play 19U Girls Junior Gold or want to skate to get in shape for the upcoming season, join other players for some organized ice times just for you! Ice times will be scheduled across the metro soon.