

2025/2026 Waupun Ice Sculptures Solo Team

Welcome to the Waupun Ice Sculptures Solo Team. By signing up for the team, you have agreed to participate in at least two Learn to Skate(LTS) or Excel Series competitions this season. We are hoping to get to as many as 5 LTS competitions throughout the state, including our competition in March 2026. We are also planning to attend 2 Excel Series competitions. If it is a farther away competition, we will take care of setting up a block of rooms at a hotel for you to call and reserve if you choose to stay.

The fee for the solo team for the upcoming season is \$400 for new members and \$250 for returning members. You will have to sign your skater up for the Solo Team once and will NOT have to sign up for each session. We will notify you once the registration is available online.

We are offering a payment plan this year through the WFSC website for registration. You have the option to pay at once or do the payment plan that will automatically withdraw each month as follows:

1. Returning Members (\$250)
 - a. Deposit due at registration of \$100
 - b. July 1st payment of \$75
 - c. August 1st payment of \$75
2. New Members (\$400)
 - a. Deposit due at registration of \$100
 - b. July 1st payment of \$150
 - c. August 1st payment of \$150

This fee will include the following:

1. Transpack Skate Bag
2. Warmup Jacket
3. Shirt(s) either a t-shirt or long sleeve shirt
4. Solo team class with 1-2 coaches for the whole season (not per session)
5. Up to 2 cut pieces of music for the skaters program(s). If you require more than 2, there will be an additional fee that is not included in this price.

What is Required

All skaters will have a one hour class on Friday nights. This class is highly encouraged to be attended by all Solo Team skaters. This will be a class where your skater will work strictly on their program(s) as well as other skills to help them develop their program. 1-2 coaches will be at this class helping the skaters. It may not be the same coach each week. Due to skill levels and number of girls we are looking at splitting the class into two. 7 - 8pm will be Snowplow through Freeskate 2 and 8 - 9pm will be Freeskate 3 and above.

During classes, we are asking all skaters to wear black leggings with their solo team jacket and/or black long sleeve shirt. Please do not wear pajama pants, sweat pants/baggy clothing. Coaches may also ask skaters to bring Comp dresses to class once in a while.

If your skater is in Basic 4 and above, they will be required to take at least one elective class listed below:

1. Jumps/Spins
2. Moves
3. Power
4. Art on the Edge

These classes will help your skater progress and learn new skills to use in their program.

Each skater will be required to have a private coach. If your skater does not have a private coach, we can provide a list of coaches willing to assist with the program. All coaches will be verified. If the coach that you put down on the signup is not aware, you will have one week to correct the discrepancy. Private coach fees are not included in this program. You will set up a time with your coach for a private lesson. Each coach has a different price they charge per lesson. If your coach goes to a competition, they may also have an additional charge to put your skater on the ice.

Fundraising: Our fundraising goal is \$3500 as a team. There will be 2 required fundraisers this year. There is an option to buy out for the season of \$250. This is separate from fundraising requirements for the WFSC as this fundraising is strictly used for Solo Team only. We are also going to have other fundraisers during the season that will allow you to reduce costs for the competition season. See fundraising document for additional details.

Sponsorships: We encourage all skaters to go to local businesses to try and get sponsorships for the team. For each sponsorship acquired by a skater their Solo Team fee will be reduced by \$25. So if a skater gets 4 sponsors they would reduce their fee by \$100 for the season. Forms are available to assist with getting sponsors.

What is required for competitions

You will be required to sign your skater up for the competitions. Fundraising will NOT cover the fees associated with competitions. When signing up for competitions, you must put your primary coach as your primary coach if the signup is through Entryeeze and if your coach is not attending the name of the coach putting your skater on the ice as secondary. We will be working on a competition schedule to hand out to the team. As of right now, there are no competitions available for this coming season yet. Last season we competed in West Bend, Escanaba MI, Badger State Games, Sheboygan, Delafield, McFarland, Fond du Lac, and Waupun.

If you are new to the competitions, you will need to make sure you bring the following:

1. Skates and skate guards
2. Outfits, if you are in more events, you may have more than one outfit
3. Solo Team Attire
4. Two cd's of your music (one for competition, one for your coach if something goes wrong)

Skaters must be at the competition one hour before their start time. We would prefer they be there before our 1st skater takes the ice and stay until our last skater skates to cheer their team on. If you are unable to stay the whole competition, please let your coach or competition committee know in advance as we will be taking pictures throughout the competitions and would like to have your skater in the team picture.

Again this year we will be videotaping the skaters competition performances. Your skater's coach will review this tape with the skater to review areas that need improvement and could have affected the skaters score. We are asking that parents attend this first review with their skater so everyone is on the same page on what needs work. It will then be decided between coach and parent if they will continue to attend the tape review with their skater after each competition.

All skaters will also have a binder. They should use this binder to write notes on what they work on or feel they are struggling with when they are practicing. It should also be used for all coaches to write notes on what was worked on or what needs more work. This will help communication between all coaches the skater works with to improve your skaters skills.

Day of competitions, we usually have an itinerary for all the parents to let the skater know when to start getting ready, time to stretch, put skates on and what time to be down by the coach that will be putting them on the ice. Times are always subject to change depending on the competition.

Ice Sculptures Invitational

Our annual Ice Sculptures Invitational is currently planned for March 2026. We will be requiring parents to volunteer during this competition. All hours during this event will be counted towards your regular season volunteer hours required by WFSC. Competition team parents will get the first chance of signing up for their hours. If your skater is skating during your hours, we will do our best to get you relieved to watch your skater.

Level of Commitment

We want to remind parents and skaters that joining this team requires a higher level of commitment for your skater's development. The coaches will expect skaters to use ice time outside of classes and privates to help them grow as competitive skaters. We need parents' help to ensure your skater is using ice time effectively to help them develop their skills. This will help them perform better at each competition. We are fortunate to have reserved time on Friday nights for classes as often as we can, and we hope all skaters will make the majority of these classes.

Day in the life of solo team practice - from the coaches:

Usually for the first 2 months or so we always started with off ice warm ups. This gives the girls a great idea of what they can do on their own for warm ups for practice or competitions. We usually did this for about 15-20 mins and then the girls would get their skates on. At the beginning of the season when they were still getting their programs put together we tried to work on arms, facial expressions, spirals, lunges, footwork, and some power drills. After the girls had their programs all put together we pretty much ran programs all of practice. Some nights we had the girls run their program twice in a row to work on stamina, other nights we had them work with a partner to critique each other and hear from a teammate on how they can improve their program. Between the 2 coaches one usually just played the music and the other moved around to make sure that everyone was always working on something, whether it be footwork, jumps, spins or walking through their program. Next year we have talked about incorporating some skating skills (moves) for all levels. A lot of girls use these skills in their programs without even realizing it. Some of these skills include stroking, crossovers, spirals, edges and turns. This could be something that is started towards the end of the year when the girls really don't want to work on arms or facial expressions anymore and could just be something different to keep them interested but also still working on their program elements.