

PAHA Rink Rat Log 2024-2025

NAME _____ **LEVEL/TEAM** _____

****Rink Rat hours can count on any ice surface outside of regular scheduled practice, scrimmages, skate-ups and games. Reffing does not count. Complete form as you go. When the player has reached 20 hours, 50 hours, and 75 hours email a picture of the log to menztricia@gmail.com.**

[illegible]

PLAYER SIGNATURE _____ Total hours _____

PARENT SIGNATURE _____

