

EXHIBIT A

Waiver, Release, Indemnity & Hold Harmless

We, the undersigned parents/guardians of _____ (the "Participant") hereby give our full permission for the Participant to participate in programs and activities conducted by the Lake Forest High School Hockey Association (the "Club"). We understand that this is a voluntary activity, and is solely provided, supervised, and sponsored by the Club and not by Lake Forest High School District No. 115 (the "School District"). Further, we acknowledge that the School District has no responsibility for such activity and that the School District will not provide supervision and is in no way affiliated with the Club or its hockey programs or activities.

For and in consideration of the Participant's opportunity to participate in programs conducted by the Club, we hereby waive, release and warrant that we shall not bring any claim, by lawsuit or otherwise, against the School District, its Board of Education or its members, officers, employees, agents, volunteers, and successors directly or on behalf of the Participant or any other person regarding the Participant's participation in programs conducted by the Club. By signing below, the Participant has joined in this agreement, commitment, waiver, release, and acceptance of responsibility.

We further agree to indemnify, defend and hold harmless the School District, its Board of Education and its members, officers, employees, agents, volunteers, and successors (the "Indemnitees") from any claim, loss, or expense whatsoever, including without limitation reasonable attorneys' fees, brought against or suffered by any of the Indemnitees due to any injury, including without limitation death, or loss suffered by the Participant or us in connection with the Participant's participation in programs conducted by the Club, or as a result of the Participant's acts or omissions in connection with this participation, or arising out of a claim directly or indirectly related to this participation brought by any other person, including the Participant, and arising out of the Participant's acts or omissions.

Parent/Guardian _____	Parent/Guardian _____
Print Name	Print Name

Signature _____	Signature _____
Date _____	Date _____

Participant _____

Print Name

Signature _____ Date _____

Return the signed form to: _____