



# TOMAHAWK HOCKEY

## 10,000 SHOTS CLUB TRACKER-2026

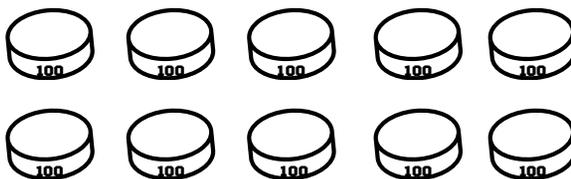


**PLAYER:** \_\_\_\_\_

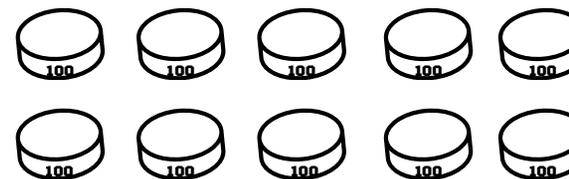
- Count every shot you take – keep track carefully!
- Each puck = 100 shots.
- Mark the date each time you complete a puck (every 100 shots finished).
- Keep a running total so you can track your progress all the way to 10,000 shots.
- Scan the QR code to enter and submit your progress online. Be sure to update it regularly!
- Focus on quality reps and proper technique – practice with purpose.

Once completed please send a copy of this sheet to [tomahawk youthhockey@gmail.com](mailto:tomahawk youthhockey@gmail.com)

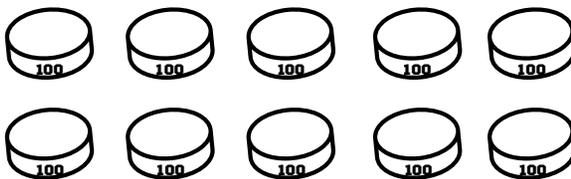
### Wrist Shot Toes to Net



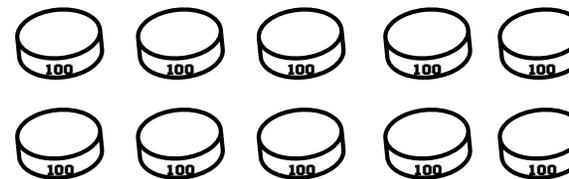
### Snap and Backhand Shot



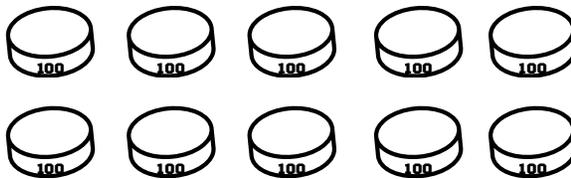
### Backhand Shot



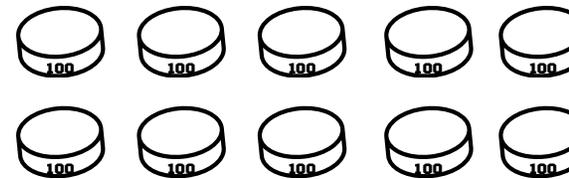
### Drag and Shoot



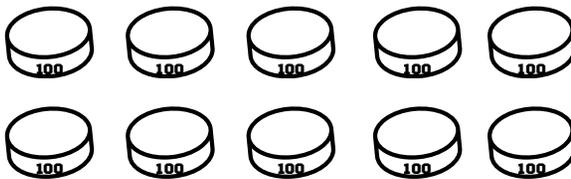
### Snap Shot Toes to Net



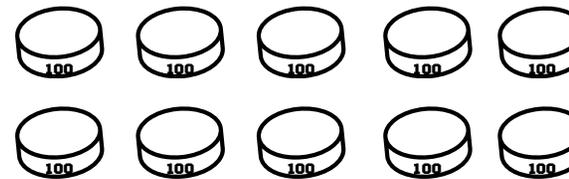
### Stick Handle/Quick Release



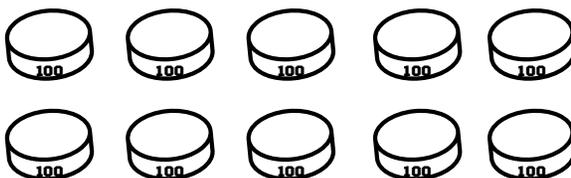
### Shot on Right Foot



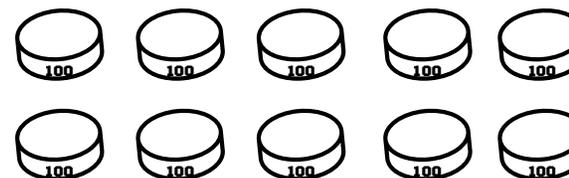
### Shot on Left Foot



### Free Choice



### Free Choice



**30 WEEKS TO COMPLETE-MARCH 1ST-SEPTEMBER 26**