



# Foothills Flyers 16U AA Program Overview

## Payment Summary

\$150 tryout fee does not apply to season fees. The tryout fee will include 3 tryout skates after which time the team will be chosen. When an offer is accepted, the season fees/payment plan will go into effect immediately. Season Fees for 16UAA will be \$5400 which can be broken down into 7 monthly payments of \$772 starting on August 15<sup>th</sup> through February 15<sup>th</sup>.

### Season Fees Include:

- Practice Ice, Game Ice and Crossbar Fees
- Tournament Entry Fees & Referee Fees
- Dryland/Off-ice strength and conditioning
- Weekly Skills Sessions
- Bi-Weekly Goalie development training
- Coaches Expenses including travel costs
- Practice Jerseys
- Off-ice team apparel

### Not included:

- Game Jerseys
- Players travel costs

## Team Practice & Ice Model

- 3-5 total sessions per week expected with games, practices and off-ice training
- Home practices at Foothills Ice Arena
- Games hosted locally both at home and away
- Full-ice and shared-ice formats will vary weekly

## Team Expectations

- Participation in 2-3 out of state tournaments
- Participation in 3-4 local tournaments
- Participation in 10-15 games outside of tournaments
- All player travel costs are the responsibility of families, coaches' costs are included in season fees

## Team Composition

- Up to 18 skaters and 2 goalies
- Final Roster sizes and tournament schedules will be determined post-tryouts by coaches