

SAYHA DEVELOPMENT DIRECTIVE 10U/12U/14U

1. The SAYHA Development Committee (SAYHA DC) and SAYHA Board have adopted this directive which utilizes segments of ADM/USA Hockey. The purpose of this directive is to provide framework for the coaches, parents and players to foster development by maximizing their time on the ice, and also provide a framework to fulfill the SAYHA DC mission statement:

"The mission of the Spooner Area Youth Hockey Association Development Committee is to conduct youth hockey programs that provide a fun and exciting experience for skaters and their families, in an environment that promotes competition, sportsmanship and teamwork, and that have a positive lasting impact upon the development of the participants as hockey players, individuals and members of the community."

2. Coaches shall be able to produce a practice plan, in which it is age appropriate and align with the USA Hockey small area station based concept, which maximizes ice time for skaters. Plans shall be progressive throughout the season in the following areas:

- Skating with Edge work, Speed & Agility,
- Stickhandling & Puck Control
- Shooting & Passing
- Hockey IQ
- Body Contact
- Goaltending

3. In order to best develop our players, the Development Committee has established the following coaching guidelines to help emphasize the educational and recreational values of hockey. The implementation of these guidelines will allow our younger players to learn the basic skills without the distractions that are often associated with an overemphasis on winning. Mastery of the fundamental skills, and the fun of playing, are essential to the development of a lifelong interest in hockey.

- A. **COACHES & MANAGERS TO BE CERTIFIED.** USA Hockey provides certain levels of health insurance to the players. The insurance policy provides that all supervisory personnel on the ice, and on the bench, must be registered or certified to the appropriate level by USA Hockey. This insurance coverage may be voided if a non-certified coach (including a parent volunteer) or a non-certified manager is either on the bench or on the ice when a player is injured. Therefore, no coach, manager, or parent may be on the bench, or on the ice, either at practice or during a game, without the proper level of training which includes: completed age specific modules, and a current CEP certification from USA Hockey. All such individuals should be prepared to display their current certification card upon request. SafeSport training and background check must also be completed prior to becoming an on-ice coach or helper.
- B. Coaches shall be identified by the SAYHA DC by October 1st, and shall attend the "beginning of the season" coaches meeting. Head coaches shall be given any previous seasons practice plans as well as on-ice equipment with instruction and recommendations from previous year coaches and Hockey Director.
- C. Coaches shall contact their perspective level DC liaison throughout the season with any development questions or concerns. The DC liaison will work with all levels to ensure practice plans, games and other ice opportunities are being utilized within the SAYHA DC directives.
- D. Only players who are registered on the team may be on the ice, for all activities during the season. No parents, siblings or non registered players will be allowed on the ice for practices, scrimmages or games. The only exception is an older skater helping mentor a younger group. This must be approved by the level DC liaison. The DC has authority to allow an older club (or newer skater) to practice with a younger group.

4. AGE SPECIFIC DIRECTIVES

10U/Squirt

- A. 5 month training and competition schedule
- B. Up to 20 game days & 60-65 ice practices, 40 off-ice practices (must have a minimum of three weeks of practice before a game)
- C. 10-12 skaters/team plus 1 goalie. When numbers warrant, multiple teams may be considered by the DC. Multiple teams will ensure more playing time and puck touches during game days and also build confidence and team building skills.
- D. In the event that player numbers exceed the recommendation for one team:
 - 1. DC may consider two or more smaller teams
 - 2. DC may consider a larger team, up to 20 total skaters. (Per WAHA, the maximum number of skaters allowed to play in a sanctioned game is 20.)
 - 3. The DC may also consider putting skaters in the club level, which would practice with the traveling team, and be limited to scrimmages or games at a "like skill level" if available. See document: SAYHA Club Player
- E. Multiple teams would be selected by the SAYHA DC as A/B/C format with the use of the pre-season evaluations and other development considerations. In order to consider multiple teams at the same level, the SAYHA DC must have a commitment of no less than one head coach and one assistant coach or certified team manager for each team created.
- F. One traveling tournament will be paid for by SAYHA (within 75 miles) for each team. Any additional tournaments must be paid for by the team (coaches, parents, sponsors etc.).

12U/Peewee

- A. 5 month training and competition schedule
- B. Up to 25 game days & 60-65 practices, 40 off-ice practices (must have a minimum of three weeks of practice before a game)
- C. 12 skaters/team plus 1 goalie. When numbers warrant, multiple teams may be considered by the DC. Multiple teams will ensure more playing time and puck touches during game days and also build confidence and team building skills.
- D. In the event that player numbers exceed the recommendation for one team:
 - 1. DC may consider two or more smaller teams
 - 2. DC may consider a larger team, up to 20 total skaters. (Per WAHA, the maximum number of skaters allowed to play in a sanctioned game is 20.)
 - 3. The DC may also consider putting skaters in the club level, which would practice with the traveling team, and be limited to scrimmages or games at a "like skill level" if available. See document: SAYHA Club Player
- E. Multiple teams would be selected by the SAYHA DC as A/B/C format with the use of the pre-season evaluations and other development considerations. In order to consider multiple teams at the same level, the SAYHA DC must have a commitment of no less than one head coach and one assistant coach or certified team manager for each team created.
- F. One traveling tournament will be paid for by SAYHA (within 75 miles) for each team. Any additional tournaments must be paid for by the team (coaches, parents, sponsors etc.).

14U/Bantams

- A. 6 month training and competition schedule

- B. Up to 45 games & 80-90 ice practices, 48 off-ice practices (must have a minimum of three weeks of practice before a game)
- C. 15 skaters/team plus 2 goalies. When numbers warrant, multiple teams may be considered by the DC. Multiple teams will ensure more playing time and puck touches during game days and also build confidence and team building skills.
- D. In the event that player numbers exceed the recommendation for one team:
 - 1. DC may consider two or more smaller teams
 - 2. DC may consider a larger team, up to 20 total skaters. (Per WAHA, the maximum number of skaters allowed to play in a sanctioned game is 20.)
 - 3. The DC may also consider putting skaters in the club level, which would practice with the traveling team, and be limited to scrimmages or games at a "like skill level" if available. See document: SAYHA Club Player
- E. Multiple teams would be selected by the SAYHA DC as A/B/C format with the use of the pre-season evaluations and other development considerations. In order to consider multiple teams at the same level, the SAYHA DC must have a commitment of no less than one head coach and one assistant coach or certified team manager for each team created.
- F. One traveling tournament will be paid for by SAYHA (within 75 miles) for each team. Any additional tournaments must be paid for by the team (coaches, parents, sponsors etc.).

5. Cross rostering and dual rostering:

- A. No player shall be dual rostered with two different age levels. DC may make an exception when a shortage of players prevents having a team.
- B. No SAYHA player shall be cross rostered on two different teams within the same level. Within the rules of WAHA, DC may make an exception when a shortage of players prevents having a team.

6. Player move-up:

- 1. Pre-season move-up request form shall be used in all move-up requests before the season.
 - 1. No 7 year old is permitted to move up or play on a 10U team.