



Wonderland Wizards ImPACT Test Concussion Management Program

General Information: Create an ideal testing situation:

- Test when the player is calm, rested, and awake (hard with a teenager to get all three – but do your best.)
- Test when the player has had 8 hours of sleep – sleep is important.
- Test when you know a 30-45-minute time frame is available with no interruptions.
- If the player takes ADD or ADHD medicine, make sure they take this medication before the test.
- Remove all phones, pets, friends, radios, and texting devices from the room.
- Ensure the TV is off, and the room is quiet and free of distracting sounds.
- The computer must have a traditional mouse. Trackballs and touch pads will not provide accurate results.
- If you are taking your exam on a laptop computer, make sure it is plugged into an electrical outlet and is not running on battery power.
- Please close any applications other than ImPACT that are currently running on the computer.

Section 1 (Background Information) Section 2 (Current Symptoms)

Please help the player complete Section 1 and Section 2. These sections are used to gather some general and health-related information on the player.

Section 3 (Analysis):

In this section, the parent cannot help once the test begins. You can give the player These tips before you leave the room:

- There are parts of the test where you can go as slow as you would like, and parts that tell you to go as fast as you can – follow directions.
- Be sure the player understands where the right and left buttons are on the mouse.
- Follow instructions carefully when in the numbers section – you must count **backward**, not forward. Most importantly, read the directions carefully in each section.