



KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

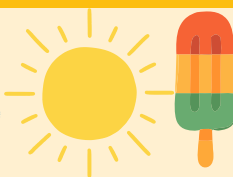
VOLUME 1, ISSUE 12

MAY/JUNE 2026

WWW.SWHOCKEY.COM



HAPPY SUMMER



AS SUMMER BEGINS, OUR FOCUS IS ALREADY ON THE EXCITING SEASON AHEAD. WHILE MANY FAMILIES ARE ENJOYING A WELL-DESERVED BREAK FROM THE DAILY HOCKEY SCHEDULE, THERE IS A TREMENDOUS AMOUNT OF WORK HAPPENING BEHIND THE SCENES TO PREPARE FOR ANOTHER GREAT YEAR OF KNIGHTS HOCKEY.

OVER THE COMING MONTHS, WE'LL CONTINUE FINALIZING SCHEDULES, SUPPORTING OUR COACHES AND VOLUNTEERS, PREPARING FOR PLAYER DEVELOPMENT OPPORTUNITIES, AND WELCOMING NEW FAMILIES TO OUR ASSOCIATION. SUMMER CLINICS, CAMPS, AND OFF-ICE ACTIVITIES PROVIDE EXCELLENT OPPORTUNITIES FOR PLAYERS TO STAY ACTIVE, BUILD CONFIDENCE, AND CONTINUE DEVELOPING AS ATHLETES.

ONE OF OUR PRIORITIES THIS YEAR IS CONTINUING TO STRENGTHEN THE CULTURE OF SOUTH WINDSOR YOUTH HOCKEY. WE WANT EVERY PLAYER TO FEEL SUPPORTED, CHALLENGED, AND EXCITED TO COME TO THE RINK. WE WANT EVERY FAMILY TO FEEL CONNECTED TO OUR COMMUNITY. AND WE WANT OUR ASSOCIATION TO BE KNOWN NOT ONLY FOR DEVELOPING HOCKEY PLAYERS, BUT FOR DEVELOPING TEAMWORK, SPORTSMANSHIP, LEADERSHIP, AND RESPECT.

AS WE PREPARE FOR THE SEASON, WE ARE ALSO LOOKING FOR VOLUNTEERS WHO WOULD LIKE TO HELP MAKE OUR PROGRAMS EVEN BETTER. WHETHER YOUR INTERESTS ARE COACHING, FUNDRAISING, MARKETING, EVENTS, SPONSORSHIPS, TEAM MANAGEMENT, OR SERVING ON A COMMITTEE, THERE ARE MANY WAYS TO GET INVOLVED. OUR ASSOCIATION IS BUILT BY VOLUNTEERS, AND EVERY CONTRIBUTION HELPS CREATE A BETTER EXPERIENCE FOR OUR PLAYERS.

FOR OUR RETURNING PLAYERS, ENJOY YOUR SUMMER TRAINING AND ACTIVITIES. FOR OUR NEW FAMILIES, WELCOME TO THE KNIGHTS FAMILY—WE ARE EXCITED TO HAVE YOU JOIN US. WE LOOK FORWARD TO SEEING FAMILIAR FACES AND MEETING NEW ONES AS WE HEAD TOWARD THE START OF ANOTHER HOCKEY SEASON.

-Jess McCormick
president@swhockey.com



KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

WWW.SWHOCKEY.COM



SWYHA DIRECTORY

Mark
your
Calendar

Calendar of Events

PRESIDENT: JESS MCCORMICK
PRESIDENT@SWHOCKEY.COM

VICE PRESIDENT: JAKE SHUBINSKI
JAKE.SHUBINSKI@SWHOCKEY.COM

TREASURER: MARK ROBITAILLE
TREASURER@SWHOCKEY.COM

SECRETARY: MOIRA LANZ
MOIRA.LANZ@SWHOCKEY.COM

REGISTRAR: DIANNA ROY
DIANNA.ROY@SWHOCKEY.COM

DIRECTOR OF COACHING: MIKE CARUSO
MICHAEL.CARUSO@SWHOCKEY.COM

DIRECTOR OF PLAYER DEVELOPMENT: DREW CALLIN
DREW.CALLIN@SWHOCKEY.COM

GROW THE GAME COORDINATOR: GABE HATHORN
GABE.HATHORN@SWHOCKEY.COM

GOALIE DEVELOPMENT DIRECTOR: IAN NADEAU
IAN.NADEAU@SWHOCKEY.COM

PLAYER SAFETY OFFICER: JAY JONES
JAY.JONES@SWHOCKEY.COM

SAFE SPORT COORDINATOR: MARC SENIA
MARC.SENIA@SWHOCKEY.COM

FUNDRAISING COORDINATOR: NICOLE MCCONNELL
NICOLE.MCCONNELL@SWHOCKEY.COM

YOUTH REFFING COORDINATOR: JAKE LEBRETON
JAKE.LEBRETON@SWHOCKEY.COM

JULY

- 7TH: MONTHLY BOARD MEETING AT SW ARENA LOUNGE @ 7PM

AUGUST

- 4TH: MONTHLY BOARD MEETING AT SW ARENA LOUNGE @ 7PM
- BACK TO HOCKEY PICNIC-DATE TO BE RELEASED SOON!

SEPTEMBER

- 1ST: MONTHLY BOARD MEETING AT SW ARENA LOUNGE @ 7PM
- 25TH: ANNUAL SWYHA GOLF TOURNAMENT @ EAST HARTFORD GOLF CLUB

2026-2027 SWYHA BOARD MEMBERS

MICHAEL CARUSO
CHRISTOPHER DAVIS
JAKE GOTT
NICK GIONFRIDDO
GABE HATHORN
JAY JONES
TRAVIS KNIGHTLY
JAKE LEBRETON
NICOLE MCCONNELL
IAN NADEAU
MARC SENIA
LAUREN SHORT
ADAM SWIERBUTOWICZ

HAVE A QUESTION ABOUT SOMETHING? BE SURE TO CHECK OUT OUR WEBSITE WWW.SWHOCKEY.COM. THERE YOU WILL FIND THE TAB 'RESOURCES' AND LOTS OF HELPFUL DOCUMENTS TO MOST LIKELY ANSWER YOUR QUESTION. IF NOT, PLEASE REFER TO OUR DIRECTORY ABOVE.





KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

WWW.SWHOCKEY.COM

MAY

HAPPY BIRTHDAY

JUNE

Jackson Reed	Tyler Quigley	Henry McCormick
Johnathan Brown	Henry Adade	Marc Gingras
Ethan Kwon	Maxwell Taylor	Donovan Ross
Miles Pafundi	Tristan Brown	Mason Schapp
Lucas Ugolik	Stella Engman	Nathan Gingras
Henry DeJesus	Reagan Short	
Colin McConnell	Wesley Swierbutowicz	
Cameryn Olden	Sullivan Evans	
Maisie Auger	Denver Gott	
	Max Nadeau	



Follow SWYHA on Social Media

South Windsor Youth Hockey Association on Facebook

@sw_hockey on Instagram





KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

WWW.SWHOCKEY.COM

CALLIN'S CORNER

DEAR SWYHA FAMILIES,
I HOPE ALL OF YOU GOT TO WATCH THE NHL PLAYOFFS AND ESPECIALLY THE STANLEY CUP FINAL. IT'S AWESOME TO SEE THE BEST IN THE WORLD COMPETE FOR A CHAMPIONSHIP. HERE IS MY FROZEN FOCUS TIP -> STAY ACTIVE! AS SUMMER VACATION BEGINS, IT'S IMPORTANT FOR OUR PLAYERS TO STAY ACTIVE AND MAKE THE MOST OF THE TIME AWAY FROM THE RINK. WHILE IT'S GREAT TO TAKE A BREAK AND RECHARGE, STAYING PHYSICALLY ACTIVE THROUGHOUT THE SUMMER WILL HELP PLAYERS RETURN TO THE ICE FEELING STRONG, CONFIDENT, AND READY FOR THE SEASON AHEAD. SUMMER IS THE PERFECT TIME TO GET OUTSIDE AND ENJOY ACTIVITIES LIKE BIKING, SWIMMING, HIKING, RUNNING, PLAYING PICKUP SPORTS, OR SIMPLY SPENDING TIME BEING ACTIVE WITH FRIENDS AND FAMILY. UNSTRUCTURED PLAY AND PHYSICAL ACTIVITY HELP YOUNG ATHLETES DEVELOP COORDINATION, BALANCE, ATHLETICISM, AND CREATIVITY—ALL SKILLS THAT TRANSLATE TO SUCCESS IN HOCKEY. MOST IMPORTANTLY, SUMMER SHOULD BE FUN. THE GOAL ISN'T TO SPEND EVERY DAY TRAINING, BUT RATHER TO BUILD HEALTHY HABITS, STAY ACTIVE, AND ENJOY THE OPPORTUNITIES THAT COME WITH LONGER DAYS AND WARMER WEATHER. WE ENCOURAGE ALL OF OUR PLAYERS TO CHALLENGE THEMSELVES TO GET OUTSIDE, STAY MOVING, AND CREATE LASTING MEMORIES THIS SUMMER. HAVE A SAFE, ACTIVE, AND ENJOYABLE SUMMER VACATION! HOPE TO SEE ALL OF YOU SOON!! -
COACH DREW

REMINDER

USA Hockey Numbers are needed for the 2026-2027 season by **JULY 1st!**



All coaches, players and volunteers need to register with USA Hockey (Numbers are only valid for one year).

Numbers then need to be entered into the participant profile on Crossbar-see email sent 5/23 from Dianna Roy on instructions.

Any questions please reach out to Dianna Roy at
Dianna.Roy@swhockey.com



KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

WWW.SWHOCKEY.COM

PLAYER CODE OF CONDUCT

- 1.No swearing or abusive language on the bench, in the rink or at any team function.
- 2.No bullying or harassment tolerated, including in person, behind the scenes or via any social media platforms.
- 3.Players shall not use phones, cameras or recording devices in the locker rooms.
- 4.No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating.
- 5.Anyone who receives a penalty will skate directly to the penalty box. Fighting will not be tolerated.
- 6.Fighting will result in an appearance before a Discipline Committee.
- 7.There will be no drinking, smoking, chewing of tobacco or use of illegal substance at any team function.
- 8.I will conduct myself in a befitting manner at all facilities (ice rink, hotel, restaurant, etc) during all team functions.
- 9.Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action that could include, but is not limited to, missing shifts, sitting games, suspension and/or expulsion from the Program.

VOLUNTEER OPPORTUNITY UPDATES

Our volunteers are the heart of South Windsor Youth Hockey, and we're excited to announce three important leadership roles for the upcoming season!

Please join us in thanking Jay Jones for stepping into the role of Player Safety Officer. Jay will help ensure that our players, coaches, and families have a safe, positive, and supportive environment to learn and grow both on and off the ice.

We're also thrilled to welcome Marc Senia as our SafeSport Coordinator. Marc will play a key role in promoting education, awareness, and best practices that help keep our hockey community respectful, inclusive, and safe for everyone.

And finally, a big thank you to Jake LeBreton, who has taken on the role of Mite Referee Coordinator! This program gives our younger players an exciting opportunity to learn the game from a new perspective, develop leadership skills, and stay involved in hockey in a fun and rewarding way. Keep an eye out for more information from Jake on how players can participate this season.

These volunteer positions are incredibly important to the success of our organization, and we're grateful to Jay, Marc, and Jake for stepping up to serve our hockey family. We also want to extend a heartfelt thank you to all of the coaches, managers, schedulers, locker room monitors, and everyone else who has already raised their hand to help make next season a success. South Windsor Youth Hockey is built by volunteers, and every role—big or small—makes a difference for our players and families.

If you're interested in getting involved, we'd love to hear from you! Reach out to your Head Coach, any member of the Board, or the President to talk about ways you can help. There are opportunities for all interests and skill sets, and we'd love to have you as part of the team.

CALL for VOLUNTEERS

CALL for VOLUNTEERS



KNIGHTLY NEWS

SOUTH WINDSOR YOUTH HOCKEY ASSOCIATION'S MONTHLY NEWSLETTER

WWW.SWHOCKEY.COM

THANK YOU TO ALL OF OUR 2025
GOLF TOURNAMENT SPONSORS!

