



# HULL HOCKEY

## 2027 SPRING DEFENSE CAMP

*A SPRING CAMP ENGINEERED FOR THE MODERN-DAY DEFENSEMAN*

### THE MODERN D-MAN

The modern game demands that every player on the ice—regardless of position—be highly skilled, and it all starts with skating. Elite defensemen like Cale Makar, Lane Hutson, and Quinn Hughes have changed the way we think about the position. Today's defenseman needs more than defensive ability. They need elite skating, agility, puck skills, and the confidence to create offense and make plays all over the ice.

### CONFIDENCE IS KEY

Skating ability and confidence go hand in hand. When a player becomes a stronger, more efficient skater, their confidence grows, and so does their ability to execute at a higher level. Once skating becomes a focal point, we can build in the position-specific patterns, habits, and skills that defensemen need to be successful.

During the season, there simply isn't enough time to slow things down and focus on the details, especially for defensemen. The little details may seem small, but they can make the biggest difference in a player's game.

### THE LITTLE THINGS

Playing defense comes with great responsibility. The position demands confidence, discipline, and attention to detail. By dedicating time to the finer points of defense-specific skating, movements, patterns, and habits, players develop the consistency needed to make better decisions and become more dependable in every situation. When the fundamentals become second nature, players can react instead of hesitate.

Better Skating = More Confidence = Executing the Details Without Hesitation.