



## HULL HOCKEY

### 2027 SUMMER ADVANCED POWERSKATING PROGRESSION

*FIND OUT WHY THIS IS THE BEST SKATING CAMP IN THE AREA*

**WE HAVE TWO GROUPS. WHEN YOU REGISTER, YOU WILL BE ABLE TO SELECT  
EITHER “10U” OR “12U-15U”**

### OUR PHILOSOPHY

Hull Hockey was built on one core belief: **the best hockey players are the best skaters.** Skating is the foundation of the game. It drives everything a player does on the ice. To us, it's not just another skill to develop; it's the foundation of becoming a complete hockey player.

### PRIORITIZE SKATING

A great skater doesn't just look smooth on the ice—they impact every part of the game. They forecheck harder, backcheck faster, win more 50/50 battles, create space, get into scoring positions more often, protect the puck more effectively, and so much more.

### THE LITTLE THINGS

It's not just how we manipulate the blades on the ice. Skating includes both the lower body and upper body. We focus on the little things that make the biggest differences.

## **POWERSKATING & EDGE WORK**

Edges are the substructure to everything your player does on the ice. Whether it's mastering the basics or pushing players into uncomfortable territory, the progressive nature of this camp is highly effective in not only maximizing repetitions but also introducing new and challenging drills to the skaters through familiarity. This immensely helps expand players' mind-muscle connection and muscle memory. Every single drill has a purpose.

## **BODY CONTROL & POSTURE**

One thing that is severely under-corrected or completely ignored is upper body mechanics and body control. As hockey players, our upper body and lower body must work in harmony with each other to enhance efficiency and effectiveness. With immediate and constant correction on both lower & upper body posture, your skaters will instantly feel the difference...and you will see it too!

## **TRANSFORMATIVE CONNECTION**

Our staff has always been dedicated to helping our players from the get-go. None of our coaches are there to just collect a paycheck. They know what it takes to make a difference. Our staff is constantly growing and constantly improving. We guarantee you that the value we bring through teaching in a high energy and industrious culture will transform the way you think about coaching. We are setting the standard. We invest a lot into our coaches, and we just know you will see and feel the difference.