

Fall 4 on 4 League Rules

No Checking under any circumstances

Tag up off sides will be used

Penalties will be a penalty shot; player will start with puck at the near blue line with all other players lined up behind the far blue line. On the whistle, the shooter will attack the net with all other players chasing.

2 minute warm-up

Two - 25 minute running time periods, with a 2 minute break between

After a goal is scored, all players from the team that scored must tag up at the near blue line before any of their team members can attack back inside the zone of the team that was scored on.

The team that was scored on can pull the puck from the net and head up ice immediately.

If a player attacks prematurely (inside the blue line) a face-off will take place in the offending team's zone.

Teams must have an adult on the bench for all games. If you see an empty bench, please go to the bench and supervise.

Clock workers will blow the horn at all levels every 1:30 minutes to ensure fair ice time.

Players must be under their best behavior and have respect for all players, coaches and refs. Anything deemed inappropriate will be under the review of the league directors and could lead to punishments including missed games or suspensions.

Team standings

3 points for a win

Games that end in tie will go to a 3 person shootout

Least goals against

Goals For