

Brook started skating at the age of 3 and has loved figure skating ever since! She grew up skating with the Swan City Ice Skaters, where she participated and competed in both precision figure skating (now synchronized figure skating) and solo skating. Skating has taught her so much about dedication, discipline, confidence, perseverance, and—most importantly—the joy that comes from doing something you love.

During college, she had the opportunity to coach with both the Winona Figure Skating Club and LaCrosse Figure Skating Club. She also had the opportunity to return to SCIS after graduation where she coached the Preliminary SwanSyncSation team for 3 years. After taking a long break from coaching, she is excited to be back on the ice and to share her love of the sport.

She earned her Bachelor's degree in Social Work from Winona State University. Her professional experience includes working as a social worker in both mental health and substance abuse services. She currently works at Dodge County Human Services and Health Department where she supports both adults and children. When she's not coaching or working, Brook is usually busy being a sports mom! She spends her free time attending her kids' sporting events.

She has experience in Basic Skills, Low to Medium Skating Skills (formerly Moves in the Field), and Singles (Freeskate).

Limited availability on Wednesdays