



• Please read, initial each item, and complete/sign the bottom portion

• Return this form to your team manager

RFYHA Parent's Pledge

1. I PLEDGE TO GET MY CHILD TO PRACTICE AND GAMES ON TIME. I will do my best to be on time when dropping off and picking up my child from all games and practices. This shows respect for the coach, and it tells my child that he or she is my top priority.

Initials _____ Initials _____

2. I PLEDGE TO USE POSITIVE ENCOURAGEMENT TO BUILD MY CHILD'S SELFCONFIDENCE

Athletes do their best when their "self-confidence" is high. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are 1) to have fun, 2) to make new friends, and 3) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective.

Initials _____ Initials _____

3. I PLEDGE TO REINFORCE THE "T.E.A.M." CONCEPT WITH MY CHILD (T for Treat others with respect, E for Effort, A for maintain a positive Attitude, M for learn from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others, but how he/she is doing in comparison to his/her best self.

Initials _____ Initials _____

4. I PLEDGE TO "RESPECT THE GAME." I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Respect the Game and be silent!

Initials _____ Initials _____

5. I PLEDGE TO REFRAIN FROM YELLING OUT INSTRUCTIONS TO MY CHILD. I

understand that this is the coaches' job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates, and coaches. I will limit my comments during the game to encouraging my child and other players for both teams.

Initials _____ Initials _____

6. I PLEDGE TO REFRAIN FROM MAKING NEGATIVE COMMENTS about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.

Initials _____ Initials _____

USA Hockey Parent's Code of Conduct

<https://www.usahockeyrulebook.com/page/show/1015129-codes-of-conduct>

Do not force your children to participate in sports, but support their desires to play their chosen sports. Children are involved in organized sports for their enjoyment. Make it fun.

- Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays of both teams.
- Do not embarrass your child by yelling at players, coaches or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
- Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.
- Know and study the rules of the game and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.
- Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Never yell or physically abuse your child after a game or practice – it is destructive. Work toward removing the physical and verbal abuse in youth sports.
- Recognize the importance of volunteer coaches. They are important to the development of your child and the sport.
- Communicate with them and support them.
- If you enjoy the game, learn all you can about hockey – and volunteer.

I will honor the River Falls Youth Hockey Association Parent Pledge and the USA Hockey Parent Conduct in my words and actions.

Print Child's Name: _____

Parent/Guardian Signature: _____

Parent/Guardian Signature: _____