

Lakeland Figure Skating Club Locker Room and Changing Area Policy

Effective Date: 2026–2027 Club Season

1. Purpose and Scope

This policy applies to all Lakeland Figure Skating Club members, parents, coaches, volunteers, and athletes during all regular season club ice sessions, clinics, and local activities. It is designed to maintain a safe environment, protect personal privacy, and prevent any form of misconduct. [\[1, 2, 3\]](#)

2. Authorized Access and Entry Restrictions

- **Athletes Only:** Locker rooms and changing areas are designated **exclusively for athletes** actively participating in the scheduled club ice session. [\[1, 2\]](#)
- **Age 11 & Under Parental Exception:** An athlete aged **11 years or younger** may be accompanied by exactly **one parent or legal guardian of the same gender** to assist with skates or apparel. This assistance must occur immediately before and after the session. [\[1, 2\]](#)
- **Independent Changing (Age 12+):** Athletes aged 12 and older must change independently. Parents of these athletes are strictly prohibited from entering the room. [\[1, 2, 3\]](#)
- **Coaches and Personnel Restrictions:** Coaches, team managers, and club volunteers are **not permitted** inside a locker room while minor athletes are in any state of undress. [\[1, 2\]](#)
- **Medical Exceptions:** Authorized emergency medical personnel or event physicians are permitted inside only to handle active medical emergencies. [\[1, 2\]](#)

3. Absolute Device and Recording Ban

- **Zero-Tolerance Phone Policy:** The use of cell phones, tablets, smartwatches, cameras, or any other device capable of recording images or video is **strictly prohibited** inside any locker room or changing space.
- **Mandatory Storage:** All electronic devices must be powered down completely and securely stored inside a skate bag before entering the room. [\[1, 2\]](#)

4. Supervision and Monitoring Rules

- **SkateSafe Monitored Spaces:** All club-utilized locker rooms will undergo regular and random monitoring by official club volunteers.
- **Compliance Requirements:** Any adult acting as a locker room monitor must be fully [SkateSafe compliant](#), which requires a cleared U.S. Figure Skating background check and up-to-date SafeSport training.
- **The Door Policy:** If the locker room is being used as a "Ready Room" (putting on skates only, no undressing), the door must remain completely open. If used for active changing, privacy doors must remain shut, and the monitor will be posted directly outside the entryway. [[1](#), [2](#)]

5. Private and Mixed-Age Accommodations

- **Gender Separation:** The club will arrange distinct, separate changing spaces for male and female youth athletes whenever necessary.
- **Arriving Dressed:** Any athlete who feels uncomfortable sharing a changing space, or whose parent cannot enter due to gender restrictions, is highly encouraged to arrive at the facility fully dressed in their skating attire.
- **Public Restrooms:** Public facility restrooms are not subject to club monitor authority. Skaters changing in public restrooms must do so under the direct care of their own parent or guardian. [[1](#), [2](#), [3](#), [4](#), [5](#), [6](#)]

6. Code of Conduct and Enforcement

- **No Social Lounge:** Locker rooms are strictly for preparation and gear storage, not for social gatherings or horseplay.
- **Cleanliness:** Athletes must remove all personal trash, tape, and water bottles before exiting.
- **Violation Penalties:** Any individual who violates this policy is subject to immediate removal from the facility and disciplinary action under the official U.S. Figure Skating SkateSafe policy. Suspected sexual misconduct will result in an immediate call to local law enforcement. [[1](#), [2](#), [3](#), [4](#), [5](#)]

Member and Parent Acknowledgement

By signing below, I acknowledge that I have read, understood, and agree to abide by the Lakeland Figure Skating Club Locker Room Policy for the upcoming season.