

January

Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01	02	03	04
05	06	07	08	09	10	11 East Middle School 12:00 - 1:00
12	13 Field House (5&6) 6:30-7:30	14	15	16	17	18 Field House (5&6) 2:00 - 3:00
19 Field House (3-6) 3:00 - 5:00	20 Field House (5&6) 6:30-7:30	21	22	23	24	25 Canceled due to weather
26	27	28	29	30	31 West Middle School 4:00 - 5:00	01
02	03	Notes: 10U Open Gym Schedule				

February

Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	31	01
02	03 Field House (5&6) 6:30-7:30	04	05	06	07 West Middle School 2:00 - 3:00	08
09	10 Field House (5&6) 6:30-7:30	11	12	13	14 West Middle School 2:00 - 3:00	15
16 Field House (3-6) 7:00 - 8:00	17 Field House (5&6) 6:30-7:30	18	19	20	21 West Middle School 2:00 - 3:00	22
23	24 Field House (5&6) 6:30-7:30	25	26	27	28 West Middle School 4:00 - 5:00	01
02	03	Notes: 10U Open Gym Schedule				

March

**Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged**

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23	24	25	26	27	28	01
02	03 Field House (5&6) 6:30-7:30	04	05	06	07 West Middle School 2:00 - 3:00	08
09	10 East Middle School 8:00 - 9:00	11	12	13	14 West Middle School 2:00 - 3:00	15 East Middle Middle School 2:00 - 3:00
16	17 West Middle School 8:00 - 9:00	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Notes: 10U Open Gym Schedule				