

**Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged**

January

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19 Field House (3-6) 6:00 - 8:00	20	21	22 Field House (5&6) 6:30 - 7:30	23	24	25 Canceled due to weather
26	27 Field House (5&6) 6:30 - 7:30	28	29	30 West Middle School 8:30 - 9:30	31	01
02	03	Notes: 14U Open Gym Schedule				

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February

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	31	01
02	03	04	05 Field House (6 only) 7:00 - 7:30	06	07 West Middle School 5:00 - 6:00	08
09	10	11	12 Field House (5&6) 6:30 - 7:30	13	14 West Middle School 5:00 - 6:00	15
16 Field House (3-6) 8:00 - 9:00	17	18	19 Field House (5&6) 6:30 - 7:30	20	21 West Middle School 5:00 - 6:00	22
23	24	25	26 Field House (5&6) 6:30 - 7:30	27	28	01
02	03	Notes: 14U Open Gym Schedule				

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March

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23	24	25	26	27	28	01
02	03	04 Field House (5&6) 8:00 - 9:00	05	06	07 West Middle School 5:00 - 6:00	08
09	10	11	12	13 West Middle School 8:00 - 9:00	14 West Middle School 5:00 - 6:00	15 East Middle School 5:00 - 6:00
16	17	18	19 West Middle School 8:00 - 9:00	20	21	22
23	24	25	26	27	28	29
30	31	Notes: 14U Open Gym Schedule				