

January

Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01	02	03	04
05	06	07	08	09	10	11 East Middle School 3:00 - 4:00
12	13	14	15	16	17	18 Field House (5&6) 5:00 - 6:00
19 Field House (3-6) 6:00 - 8:00	20	21	22 Field House (5&6) 6:30 - 7:30	23	24	25 Canceled due to weather
26	27 Field House (5&6) 6:30 - 7:30	28	29	30 West Middle School 8:30 - 9:30	31	01
02	03	Notes: 14U Open Gym Schedule				

February

Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	31	01
02	03	04	05 Field House (6 only) 7:00 - 7:30	06	07 West Middle School 5:00 - 6:00	08
09	10	11	12 Field House (5&6) 6:30 - 7:30	13	14 West Middle School 5:00 - 6:00	15
16 Field House (3-6) 8:00 - 9:00	17	18	19 Field House (5&6) 6:30 - 7:30	20	21 West Middle School 5:00 - 6:00	22
23	24	25	26 Field House (5&6) 6:30 - 7:30	27	28	01
02	03	Notes: 14U Open Gym Schedule				

March

**Open gym times are not facilitated practices. Parent Chaperones are required to accompany their player into each session.
Parent's involvement/support is highly encouraged**

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23	24	25	26	27	28	01
02	03	04 Field House (5&6) 8:00 - 9:00	05	06	07 West Middle School 5:00 - 6:00	08
09	10	11	12	13 West Middle School 8:00 - 9:00	14 West Middle School 5:00 - 6:00	15 East Middle School 5:00 - 6:00
16	17	18	19 West Middle School 8:00 - 9:00	20	21	22
23	24	25	26	27	28	29
30	31	Notes: 14U Open Gym Schedule				