

Position Skills Checklist

Catchers

- Fielding Bunts: throws to first, second, third
- Three throws to first: passed ball, bunt, pickoff
- Pickoffs
- Holding Runners
- Throws to third with a right handed batter
- Knee throws to bases
- Cutoff
- Rundowns
- Foul balls
- Playing the fence
- Pop-ups
- First-and-third play
- Force-out at home and throw to first
- Passed ball with a runner at third
- Blocking Balls
- Framing
- Giving Signals
- Blocking the plate
- Intentional Walk

Pitchers

- Fielding Bunts
- Squeeze Play
- Pop-ups
- Fielding balls to the left side
- Covering home on passed balls
- Double Plays
- Intentional Walk
- Pitchout
- First-and-third play
- Backing up third and home
- Rundowns

First Base

- Tagging the base
- Tagging the runners
- Fielding the bunt
- Working with the pitcher on bunts
- Working with the second baseman covering first
- Working with the second baseman on balls wide of first
- Throws to third
- Tagging first and throwing home
- Double plays
- Cutoff
- Short first base

Second Base

- Covering first on a bunt
- Working with the first baseman on balls wide of first
- Double plays
- Pickoffs
- Fake Pickoff
- Relay from right field
- Foul balls behind first
- Pop-ups
- Shallow flies to center and right field
- Rundowns

Shortstop

- Covering on steals (2nd & 3rd)

- Covering second and third on bunts
- Pickoffs (2nd & 3rd)
- Double plays from the pitcher, second, and first
- Relay from left and center
- Taking a charge
- Foul balls behind third
- Pop-ups
- Shallow flies to left and center
- Holding runners
- First-and-third play
- Fake throws
- Rundowns

Third Base

- Fielding bunts
- Squeeze
- Force-out at third and throw to first
- Holding runners and throw to first
- Fake throws
- Balls in the hole
- Double plays to second
- Covering third on a pickoff
- Pop-ups
- Playing the fence
- Coverage on intentional walks
- First-and-third play
- Rundowns
- Relay on the left-field line

Outfield

- Blocking balls
- Do or Die
- Hitting relay
- Hitting cutoff
- Covering bases
- Playing the fences
- Throwing to bases
- Footwork: drop step, inside roll, outside roll
- Diving for balls
- Balls hit overhead
- Tweeners: infield & outfield
- Communication: infield & outfield

