

Salmon Hockey 14U Tournament Rules

January 1-3, 2026

B-Level

TOURNAMENT FEES:

- \$1,400 per team
- Entry fee due November 1
- 50% refund will be issued if Salmon Hockey is notified 30 days prior to the tournament start date. Within 30 days of the tournament date, no refund will be given. Extenuating circumstances may be considered on a case-by-case basis.

REQUIREMENTS:

- Tournament requires a USA Hockey-approved 1T roster to be submitted to the tournament director at least two weeks prior to the start of the tournament.
- USA Hockey Approved 1T Certified Rosters are required for each team and limited to 20 players (including goaltenders) and four coaches per roster. Cross-rostering players is not allowed.
- Each team will be required to have USA Hockey-registered coaches with current and appropriate certification level. Only rostered coaches are allowed on the bench during games.
- All team managers and locker room monitors must be USA Hockey registered and listed on each team's USA Hockey Approved 1T Certified Roster.
- Travel permits from Canadian teams will be checked a minimum of two weeks before the start of the tournament.
- The tournament will be fully sanctioned by USA Hockey. All teams and players must be registered with USA Hockey or Hockey Canada.

TOURNAMENT FORMAT/STANDINGS

- Each team will play a minimum of four games in a pooled, round-robin format. Games will be played on full-ice with black pucks.
- The Tournament Director will provide the schedule at least one week before the tournament begins.
- Unless otherwise stated, this tournament is governed by USA Hockey rules and regulations (2025-2029) and officiated by USA Hockey-certified referees.
- The standings shall be determined on the basis of 2 points per win, 1 point per tie, and 0 points per loss. If two or more teams are tied, their positioning in the standings will be determined by the following tiebreakers (in this order): head-to-head, goals against (lower the better), penalty minutes (lower the better), and finally, a coin toss.
- Play-off tie-breakers will be decided with a 5-minute, four-on-four, sudden-death overtime period. If still tied, then a 3-player shootout will occur. If teams remain tied, a sudden-death shootout will determine the winner. USA Hockey rules governing shootouts shall apply.



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TEAM CHECK-IN

- Teams should check in at least 30 minutes before their first game to receive locker room assignments.
- During check-in, teams should provide 20 roster stickers (four for each game) to the tournament staff.

GAME DAY OPERATIONS:

- Clock/scorekeeping will be provided by the tournament staff. Score sheets will be completed on paper or a digital platform.
- A penalty box attendant will be provided by each team or tournament staff.

PENALTIES:

- During run-time, minor penalties shall be ruled off the ice for two minutes, and major penalties will be ruled off for ten minutes. During stop-time, minor penalties shall be ruled off the ice for one-minute and thirty seconds, and major penalties shall be ruled off for eight minutes.
- A player who receives four (4) penalties in the same game shall be assessed a game misconduct penalty (*Rule 401.b*)
- Head Coach whose team receives twelve (12) or more penalties during one game shall be suspended for the next scheduled game of that team (*Rule 401.b*)

GAME LENGTH/CURFEW/STOP TIME:

- A 5-minute, pre-game warm-up will begin as soon as the Zamboni doors are closed and officials have signaled players to take the ice. Each team is also given one minute between periods, unless otherwise directed by tournament officials.
- All games will have a one-hour, thirty-minute curfew and consist of 15-minute, stop-clock periods. If necessary, the third period will be a 15-minute run-time to stay on schedule. If the goal differential is two goals or less, however, the last two minutes will be stop-time. Officials may make other adjustments to gameplay to meet time constraints.
- All periods will become run-time if the goal differential is seven or more.
- Each team will be allotted a one-minute time-out per game to be used during regulation play.

PROTESTS

- No protests allowed on officials' judgment calls. Only infractions of USA Hockey rules and tournament rules will be heard.



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- Protests must be filed with the tournament director within 15 minutes of the conclusion of the game. A judgment will be rendered within 90 minutes of receipt.

JERSEYS

- The home team, listed first on the schedule, will wear dark jerseys. The away team will wear light jerseys.
- No two teams will wear the same color jerseys. Please bring alternate jerseys if available. If there is a conflict, jersey colors will be remedied by the tournament officials.

PROTECTIVE EQUIPMENT

- Hockey equipment requirements per USA Hockey Rule 304: Rule 304 | Protective Equipment (usahockeyrulebook.com). Starting August 1, players competing in youth, girls, high school, or junior hockey within USA Hockey are required to wear neck laceration protectors (NLPs) for all games and practices. In addition, on-ice officials under the age of 18 as well as players in all six disciplines within USA Hockey's disabled hockey program are also required to wear NLPs. Per USA Hockey Rules and Hockey Canada Rules Agreement, all Canadian players must wear certified throat protectors.

LOCKER ROOMS

- Teams will be assigned a locker room for each game. These assignments will be posted on the schedule.
- Coaches or team-provided locker room monitors will be required to supervise teams in their locker rooms at all times.
- Locker room monitors must be on the USA Hockey Approved 1T Certified Roster to ensure that they have completed the required Background Screening and SafeSport training.
- Each team is responsible for the security of its players' belongings and for ensuring that the locker rooms are left clean. Salmon Hockey Association does not assume responsibility for any personal property left in the locker rooms.

DAMAGES TO THE RINK AND FACILITIES

- Should any player, players, team, or teams willfully damage any Salmon Hockey Association property or facilities, all costs of repairs or replacement will be paid at the team's expense. Arrangements for restitution must be made immediately with the president, any board member, or the tournament director and/or manager.

ZERO TOLERANCE POLICY

- In accordance with USA Hockey guidelines, tournament officials reserve the right to end any game. In addition, fighting, unsportsmanlike, or abusive conduct by team officials, players, or spectators will not be tolerated on or off the ice. Any such conduct may be grounds for removal from the tournament and, if necessary, from the ice arena.



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- By completing tournament registration, you are indicating that you have read and understand the USA Hockey Zero-Tolerance Policies and agree to abide by them.

DISCIPLINE

- The Tournament Director shall also serve as the Discipline Chairperson. The Discipline Committee will consist of three (3) persons appointed by the Tournament Director. Any discipline problems will be handled immediately after the game. The committee will meet first with the referee and/or linesman. Next, they will meet with the coach and/or player. The committee will then decide what action, if any, is required. The coach and/or player so involved will then be notified of the decision.

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